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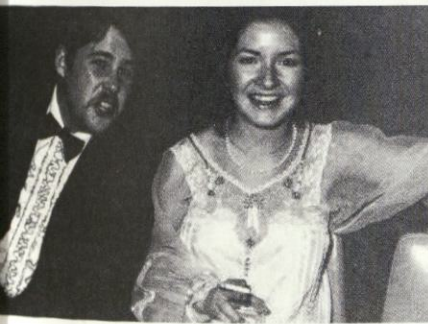
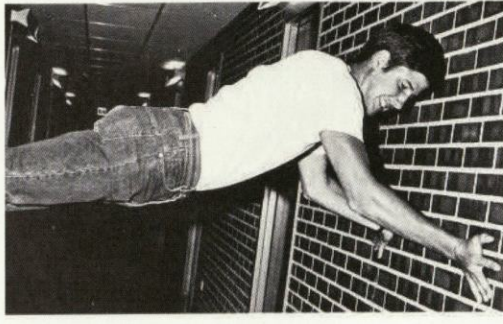
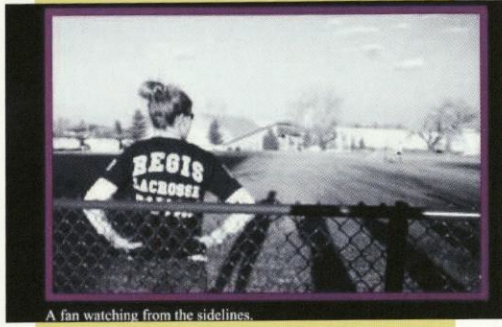
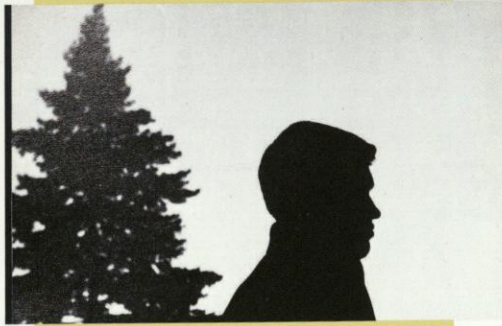
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ONE FOR THE BOOKS

The Ranger 2016  
Volume 100  
Regis University  
3333 Regis Boulevard  
Denver, Colorado 80221  
[www.regis.edu](http://www.regis.edu)



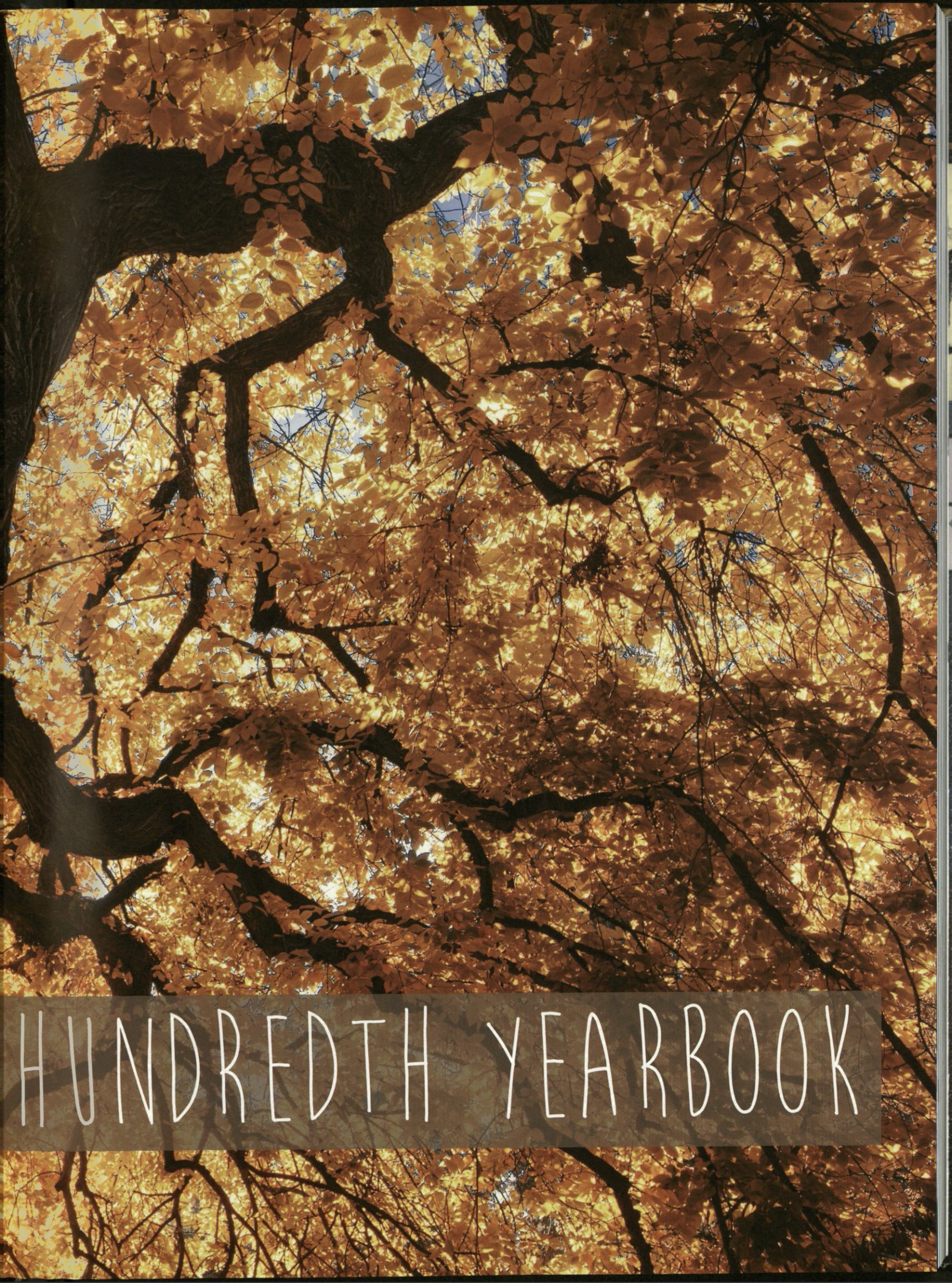


For centuries, yearbooks have encapsulated the memories that we otherwise may have left behind. The Ranger yearbook strives to incorporate a wide range of snapshots in student's lives that are unique to each one of us, but somehow seem to bring us all together as the Regis community. With this yearbook, comes a century full of memories here at Regis University. Regis was established in the year 1877, however The Ranger didn't make an appearance until 1916. With the past in mind, we wanted to include pictures of the legacy that The Ranger has recorded. Represented on the cover, old material comes together to form the basis for the future.

Setting apart from the rest, this yearbook marks the milestone for the memories, stories and changes that have influenced many people; this yearbook is one to remember. Not only in an obvious way, being the 100th yearbook, but also in its new structure and focus on incorporating the old with the new this yearbook becomes one for the books.

ONE FOR THE





# HUNDREDTH YEARBOOK





ONE FOR





THE STUDENTS



# Experiencing Day One



Every year incoming freshmen have the chance to get out of their comfort zone and into the community with their RCC classes...

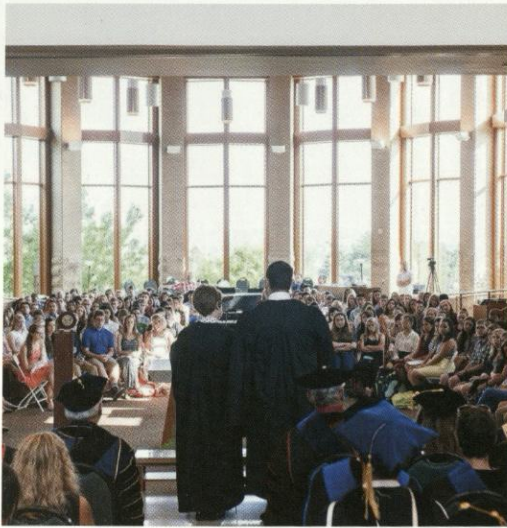


"We went to Aria Gardens on Federal and canvased, going from house to mobile home, telling people about the pay as you can farmers market near them. It was really moving!"  
-Hannah Delaney

"The Troy Chavez Memorial Garden was built in memory of Troy who was died by gang violence. We saw a very moving presentation thereabout controversy in the community." - Cailin Osborne



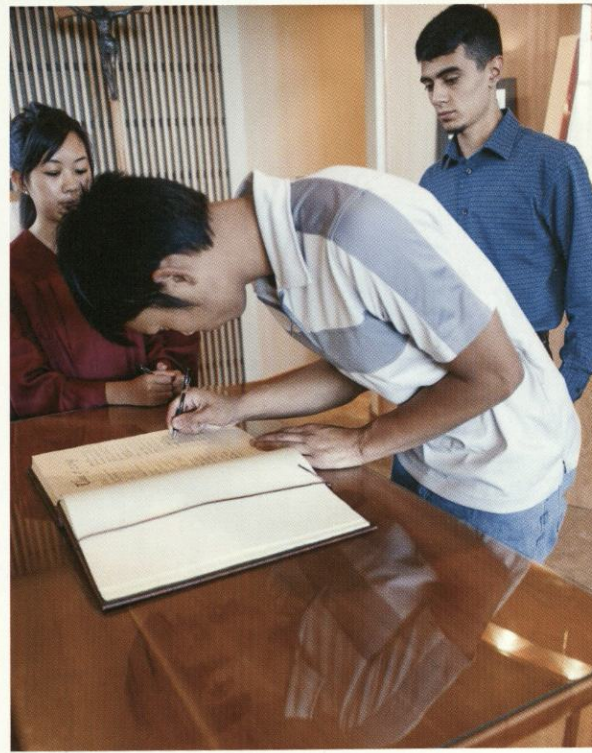
...these experience have stayed with these students and will continue to as long as they seek to find the magis wherever they can.







## A START OF SOMETHING NEW



### What was the most inspirational part of orientation?

Keeping with the Jesuit tradition of finding God in all things, incoming students were challenged by their orientation groups, RCC classes and their new living situations...

"I think that the thing that was most inspirational to me was going around the nursing school. This really gave me inspiration for the future, and allowed me to find myself at Regis so I could be who I wanted to be."

-Kathryn Morfin

"Walking into DeSmet Hall, bright eyed, and meeting my dorm buddies. It was great, I really loved it!"

-Conor Donahue

"My RCC 200 level class went to Aria Gardens. I really loved learning about urban gardening and growing through this experience."

-Logan Lambert

...all of these factors created growth from just being a new student to creating a belonging here.





# One Last Hoorah!

For four years, these seniors have taken part in Welcome Week activities and a few things will definitely be missed when they are gone...

"Battleship! When you have to sink other people it's always fun to see everyone and get competitive." -Aleina Tanabe

"Having fun with all my friends the first week back to school and planning all the fun events to welcome the Regis community back to campus." -Isabella Kaser

"I will miss all the scrumptious free food." -Conor Nistler

"Welcome week was always the best because it was a great time to catch up with people you hadn't seen in a while. That and all the free grub." -Alex Kesthely

"Having burgers for dinner for five days straight!" -Chelsea Cabanting

...as they move on to the next steps of their lives, these memories will forever be carried with them.



BACK AT IT

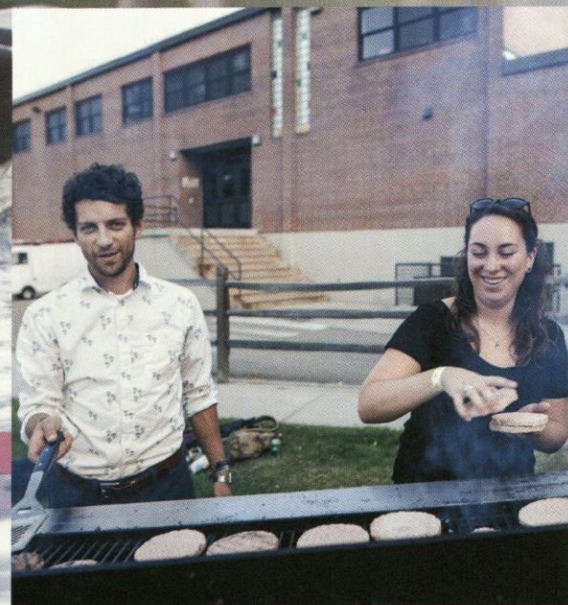




Striving to take down the other team, students get drenched in a competitive game of battleship.



Students enter another galaxy in a laser tag arena that is out of this world.



It's undeniable that every week of welcome week is perfect because of the free food.



# Creation Banners

## "IN THE BEGINNING"



This image begins the Genesis story – in starry shades of dark blue, with swirling spirals, this image of Cosmos seeks to portray the idea of the Spirit of God moving over the depths- ready to create!

## "LET THERE BE LIGHT"

Borrowing images and colorings of some images of Native American art this banner intimates the explosive moment of light breaking into the Universe for the first time, Day One of the seven days of Creation.



## "THE CREATION OF THE HEAVENLY LIGHTS"



The sun, moon, and stars were created to give light by day and night but also to mark the passage of time and the seasons.

## "THE CREATION OF LAND AND VEGETATION"

God establishes "land" and causes vegetation of all kinds to come forth from it, including that which bears seed-bearing fruit.



## "THE CREATION OF ANIMALS"



The panel includes rabbit, lizard, snail, monkey, dog, and wildebeest. The central panel shows a group of monkeys scampering about the face of a stylized African king- an anthropomorphizing rendering of the Creator – awash in his creation.

## Fr. Fitzgibbons S.J.



The ceremony helps the community marinate in the seven gifts of the Holy Spirit that are wisdom, understanding, knowledge, counsel, fortitude, piety and fear of the lord. "Father Carver frames words in his homily so they touch the hearts of the hearers, and the hearers see where they need to go next."

"It's great for the community to see that we have all walks of life engaged in this beautiful ceremony. It's a powerful experience for everyone from the Jesuits, to teachers, to older students and freshman."

-Nick Tyng



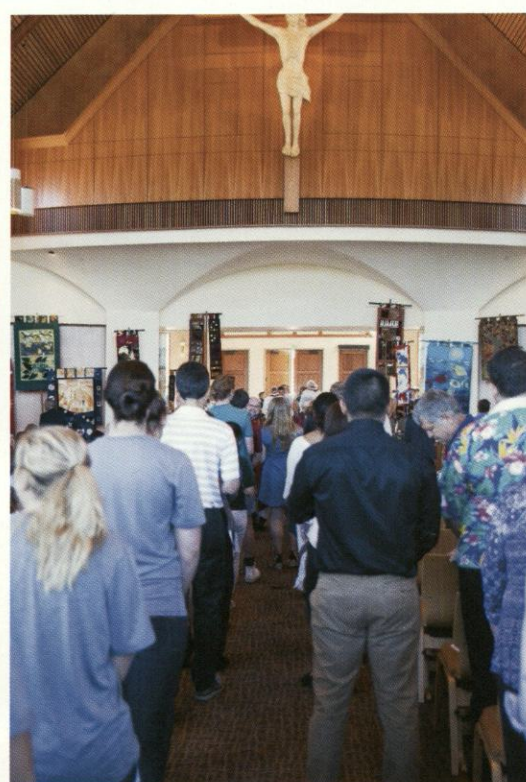




# MASS OF THE HOLY SPIRIT



The musical articulation of this Mass was directed by Richard Lee.  
 "I really enjoy the choir we have at Mass. It really added to the reflective mood  
 of the Mass and made the procession of the banners very powerful"  
 -Brianna Barkocy





# Reuniting Two Worlds

This year two hundred and twenty five families participated in the fourteen events organized for family legacy weekend...

"I had a lot of anticipation leading to parent's weekend. I counted down the weeks, days, and eventually the hours leading up to it. When my parents arrived from the airport I met them and gave them the biggest hug, both of them. It was great to see my parents again after not seeing them for so long. Having the ability to see them again was like having a piece of home from Nebraska here at Regis, even if it was for a few days." -Katie Rau

"By combining family weekend and legacy weekend this year, we were able to give families and students a better sense of all the things happening at Regis University."  
- David Law

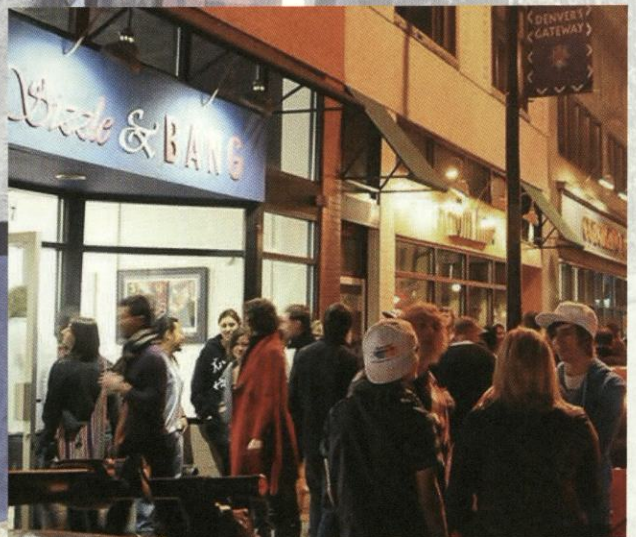
...This weekend gave families an opportunity to reconnect, as students were settled and able to explore with familiarity.







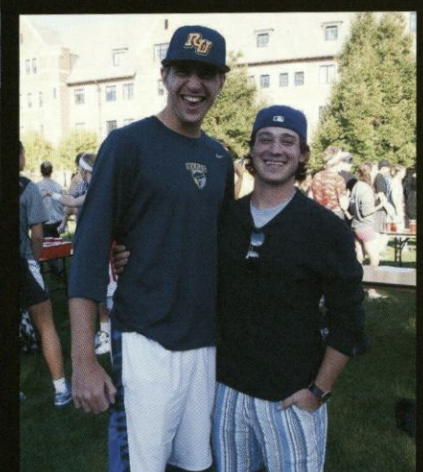
"It was an amazing experience to explore the Art of Denver with my family and share this unique cultural experience." -Bella Williams











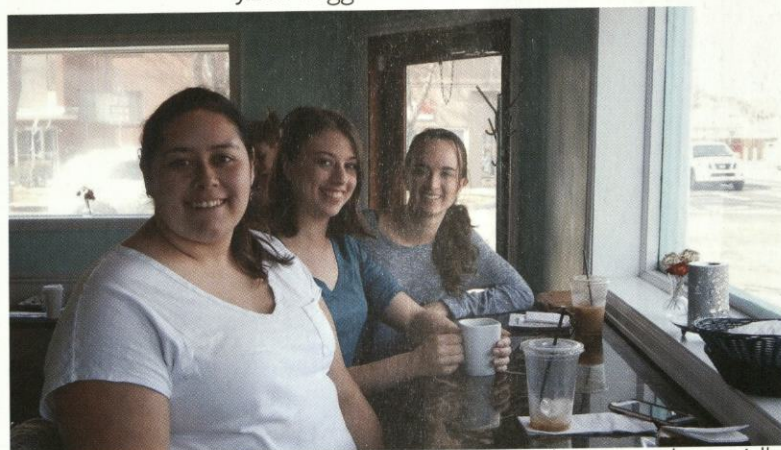




"Thirsty Thursday wouldn't be the same without Rocky Top."  
-Jason Huggins and Isabella Kaser



"Totally worth the E. coli!" (Chipotle)  
-Erin Moroze and Garrett Jones



"It is a home away from home atmosphere. And everything is good, especially the egg sammi." (The Noshery)  
-Anamaria Posadas, Jamie Dinneen, and Maria Crossland



"Goldspot is the coolest little brewery and it is always nice to support local business. Grabbing a beer after a long day of class is always a good way to end the day." -Heather Humphrey and Sarah Stovicek

# DISCOVERING DENVER

## 1- Panera Bread

Panera is the perfect place to get soup that taste like home. It is better than your Campbell's Chicken Noodle Soup in a can.

## 2- Little Man Ice Cream

## 3- Sweet Cow

## 4- Sushi Hai

Sushi Hai has 96 choices of sushi, not including seasonal rolls. So if you are indecisive, I suggest you do not go.

## 5- Rocky Top

## 6- The Noshery

## 7- Allegro Coffee Shop

Are you tired of your same black coffee? Check out the newly opened Allegro Coffee down the street.

## 8- Chipotle

## 9- Goldspot Brewing Company

## 10- Dubbeldutch

## 11- Taco Bell

If you missed your daily morning protein, do not forget to stop by Taco Bell where you can get a side of queso for \$0.30 until 11 am.

## 12- Tocabe

## 13- Atomic Cowboy

## 14- McDonalds

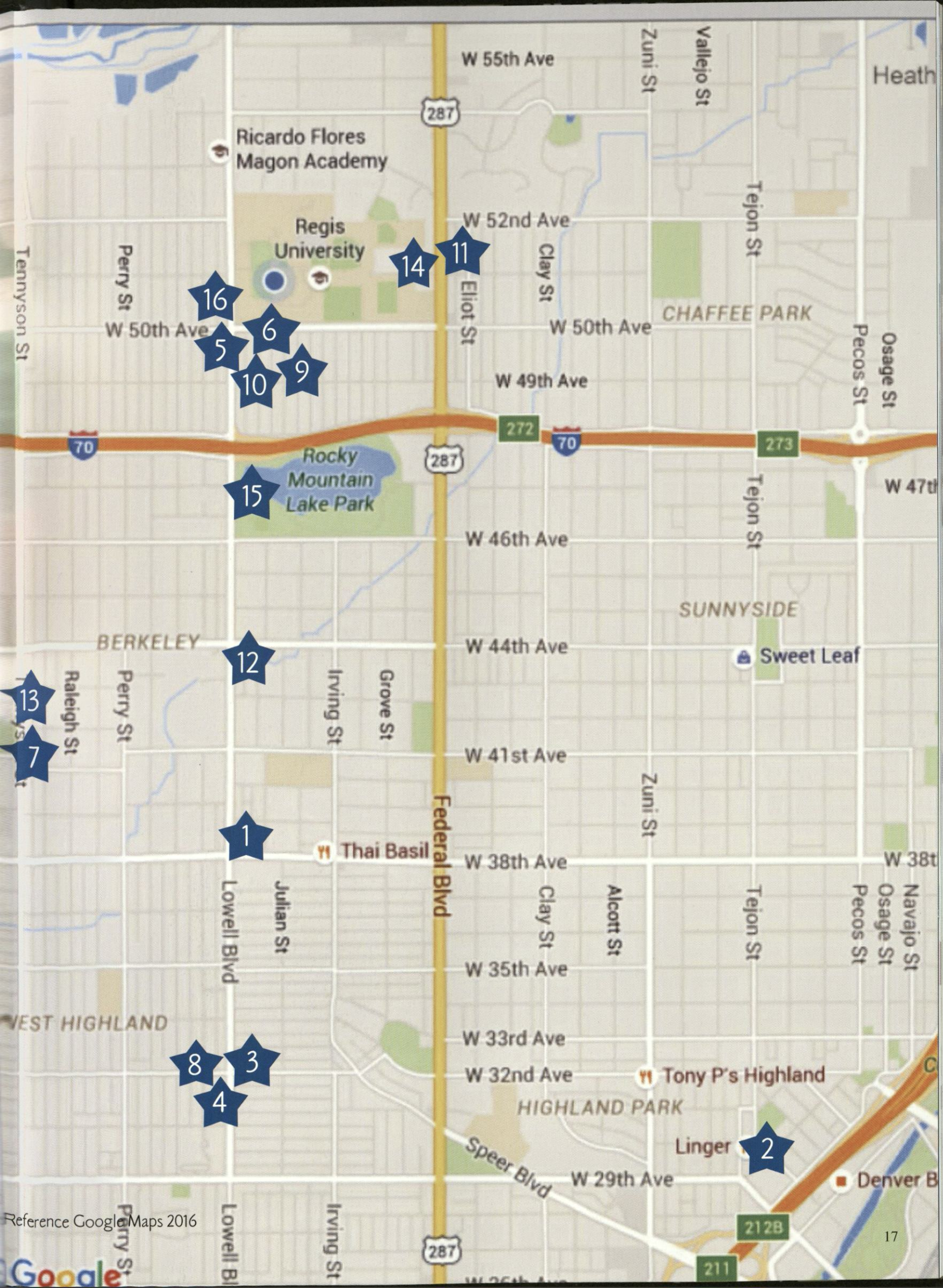
Hungry for a midday snack? If you go to McDonalds and ask for the Ranger Deal, you get buy one get one free on burgers.

## 15- Rocky Mountain Lake Park

## 16- Brooklyn's Finest Pizza

Brooklyn's Finest is the best and closest way to satisfy your pizza cravings. Literally, it's across the street.















# What inspires you?

Every Resident Assistant (RA) and Peer Minister (PM) chose to apply for their position for a different reason...



"I like knowing that this job can really make a difference in people's lives. It is only a few people, but I like to think it is all worth it for residents who utilize our support."

- Abby Burke (RA)



"I like to be there for people, form relationships with others, build community, be a listener and I also love the support from my staff."

- Maggie Lacy (PM)



"My residents inspire me every single day because they provide a new insight of how to look at the world."

- Joseph Martinez (RA)



This being Zabrian Mills' first semester at Regis, he is excited learning the new ropes to his job. Zabrian has worked many years in Residence Life (ResLife) starting as a Resident Assistant (RA), working his way up to being a Residence Life Coordinator (RLC), now he is an RLC for the villages, such as the Residence Village, Ignatian Village. Zabrian's favorite part of working in ResLife is working towards diversity and bringing diversity to his residents and staff.

Zabrian said that his favorite part about working at Regis is his commitment to service. He said, "the service aspect is very important to me because I believe we work for the students, students don't work for us." At the end of a long week, Zabrian stated that the best thing he can do for self-care is to nerd out in the field of higher education and look up ice breakers for his staff.







# ALL THAT AND MUCH MORE

Having been in Residence Life (ResLife) for almost three years now, Victoria Pietsch takes her job very seriously. She feels a great calling to inspire and support others in their time of self-discovery. As a Senior Staff (SS), Victoria enjoys having a big impact on a smaller amount of people, her staff, rather than a small impact on a larger amount of people, the residents of West Hall. Victoria feels fulfilled with her position as SS because she loves to watch her staff light up when they figure something out. She also understands that even when a staff member falls short of their goals they still grew in their position and extended themselves outside of their comfort zone. When asked what her favorite bulletin board idea was, Victoria said, "As a writer, I decided to use a storybook theme for my staff. I created a duty board that reflected this and called my staff to consider their story within ResLife and have intention with their creativity." Victoria also reflected that her favorite moments with her staff fall during training. This is the time that each Resident Assistant (RA) breaks out of their shell, acts as themselves and interacts as people instead of just an RA.



Kirby Bell is the Senior Staff (SS) in the Residence Village (RVs) this year. She has worked for Residence Life (ResLife) for three years now and still loves the experiences it provides for her. Kirby stated, "My inspiration for working with ResLife is making better college experiences." She understands that ResLife has a huge impact on the lives of first-year and upperclassmen students. Kirby enjoys working with her staff because no matter the day or what they are tasked with she is surrounded by fun people in a job that she loves. Kirby believes that creating community between staff, as well as on any floor of a residence hall, has power and is influential to the residents in a positive way. As Kirby's final year at Regis comes to a close she will miss the support and fun times provided by her staff every day.





"I am Megan Martinez and I am the Director of the Community Involvement Committee. We are a group of students who strive to bridge the gap between our student body and community members. Throughout the year, we have worked to create, promote, and involve Regis

students in the greater Regis community. I was interested in directing CIC because I love giving back to the community. I wanted to get involved in RUSGA so that I could meet other students and build great relationships!"

"My name is Halli Benasutti and I am a biochemistry major with minors in physics and mathematics and an incredible affinity for Regis University, its wholesome community, and its aspiring students. As Vice President I'm in charge of running Student Senate and advising student senators. Student Senate this year has been very active and involved in hosting a myriad of events on and off campus; serving the University and the surrounding community

very proud of the work we have accomplished as the University Student Government Association Student Senate."



Aimee Casias  
Director of  
Programming & Activities



"I'm Chelsea Cabanting, and I serve as Chief Justice."

Rayan Faris  
Director of Media & Marketing







"My name is Gabby Crosby and I'm a native from Denver, Colorado I am a senior majoring in Communication with minors in International Business and Spanish. Ever since freshman year, I always knew I wanted to be a part of RUSGA. I became the director of Student Involvement with the goal of increasing school spirit on our campus while carrying on campus traditions like Snow Weekend, Ranger Week and Ranger Day!"



Kate Wallerius  
Student Body President



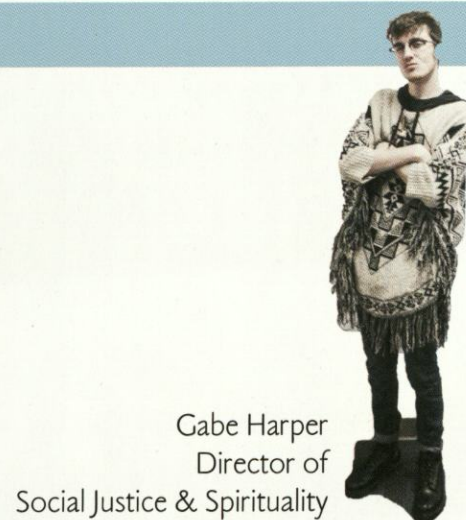
"My name's Aleina Tanabe and since freshman year, I have progressed within Student Activities and RUSGA, starting out as an office assistant and gradually taking on larger positions of leadership at Regis. I wanted to be the director of the Health Awareness Committee because of my passion for, and career goals in

Public Health. Through health education and promotion initiatives, HAC strives for a flourishing and health conscious Regis population."

"I'm Jake Gilchrist Dudley. I'm a senior student athlete studying environmental science and biology. I'm a Colorado native and have aspirations to become an architect and urban planner. As the director of sustainability, I'm passionate about the environment and aim to motivate the student body and Regis community towards goals of sustainable living and consumption."



My name is Mayra Coronado Garcia and I was privileged to be the Director of the Multicultural Affairs Committee (MAC). At Regis, I have learned to appreciate the different cultures that the community embodies, including my own Mexican heritage. Being a part of MAC challenged my committee and me to find ways to challenge the Regis community to expand their definition of diversity. At the end of the day, we can never fully know what a person has experienced and MAC tries to remind everyone of this reality, but also remind us that life is too short to not celebrate one another's differences."



Gabe Harper  
Director of  
Social Justice & Spirituality

\*Not pictured: Allison Dalrymple, Director of Campus Relations

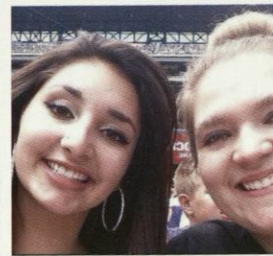
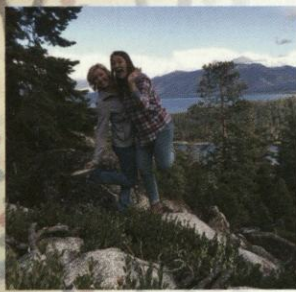




# JOURNEY TO SCHOOL



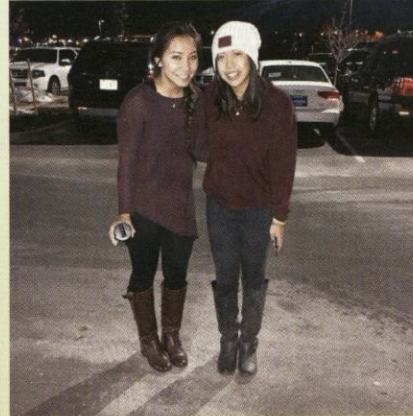
"I would say commuting is different but nice! I like to travel, visit my sister in California, and hang out with my nephews!"  
- Alexa Carroll



"Being a commuter is great because I get the college experience while having my own room and washing machines that don't break. In my free time I like to go to sporting events, especially Colorado Rockies games!"  
- Dani Starks



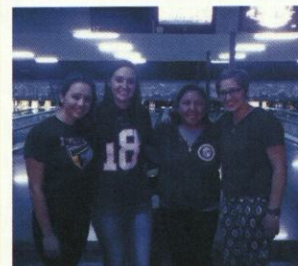
## Welcome Commuters!



"I love being a commuter! I eat delicious homemade meals, I have a lot more time and space to myself, and I get to spend more time with my family. I may not see my friends as much as I would living in a dorm with them, but time spent with friends is more enjoyable and valued when we've made plans to get together."  
- Hannah Gonzales



"I love being a commuter. I love being able to spend the day with my friends at school but then seeing my family every night. I live really close to the school so the morning drive isn't too bad. There is always something happening on campus to help me stay involved."  
- Emily Price



"Driving over an hour a day can seem long sometimes, but it's actually worked out really well for me. I can hang out with friends on campus and back at home, I'm able to spend time with pets and family almost every day, and I was able

to keep my job that I love, coaching gymnastics."  
- McKenzi Corneault



"While it can be challenging to be a commuter, it also forces me to be more social and because of it, I have made so many new friends! In my free time, I like to spend time with friends and family, as well as run!"  
- Kathryn Harrington



## What is your favorite part of living in the Romero House?



"My favorite thing that we do together are simplicity challenges.

Every week we have a new challenge where we try to do something in awareness of social justice and solidarity; examples include going a week without using lights, sleeping on the floors and not in the comfort of our own beds, and eating vegan to recognize climate injustice that occurs as a result of the meat industry." -Hayley Goncalves



"My favorite part of living in the Romero House is knowing that I get to come home to a community of compassionate, driven, socially-aware, and kick-ass people! I know how lucky I am to live with and be challenged and supported by my community. I am always reminded of this whenever I return home after a long day at my service site and get to debrief my experiences with my housemates".

- Brayden Weninger



"Being part of this community has taught me a lot about flexibility. Living and sharing space, groceries, responsibilities, and experiences with five other people in a small house is never easy but, when done right, can be incredibly formative." - Brayden Weninger

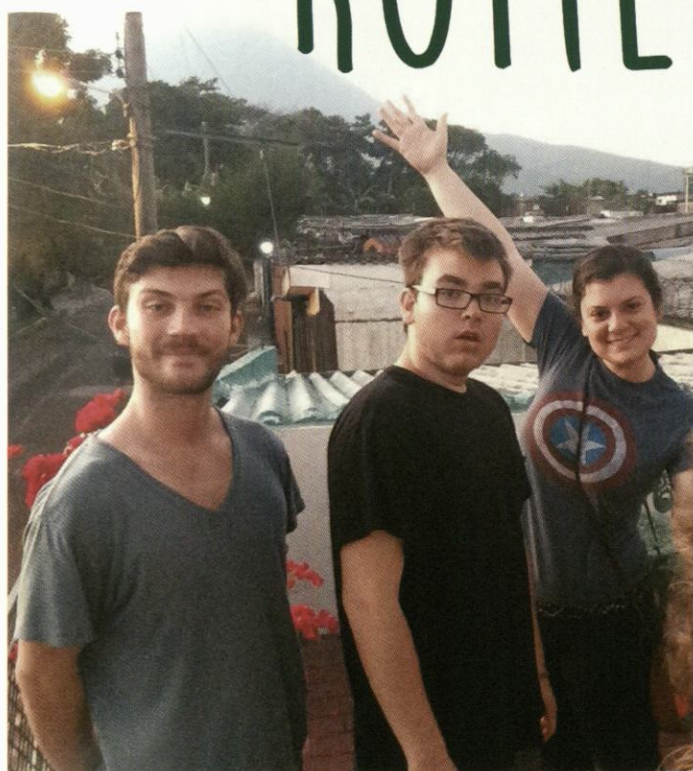


"Walking in Blessed Oscar Romero's footsteps is both an honor and a privilege."  
-Abigail Peters





# ROMERO HOUSE



"I applied for Romero House because I found in my first two years at Regis that I loved service. I wanted to be able to live in a community with like-minded individuals focusing internally on service and academics. Also, I really wanted to learn as much as I could about El Salvador and the Civil War that occurred as the house focuses on Oscar Romero and the other Jesuit Martyrs." -Hayley Goncalves



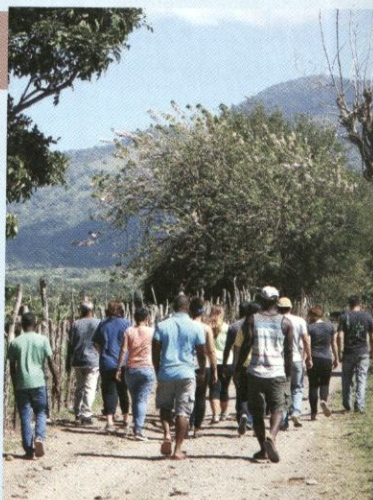
# El Salvador Service Trip

"The El Salvador Trip was deemed after Father Romero, in visiting this place, his homeland, we can learn more about who he was as a human, and the legacy he carried. We're trying to continue his legacy, his commitment to service, simplicity, life amongst those who are the poor."

-Melissa Nix



It is important to collide cultures, and be committed to helping others so students can learn more about the world and their place in the world. Service allows reexamination of prior knowledge, and the responsibility then toward those who are on the margins. It is in our Jesuit character.



"As a refugee teacher it's cool to be in the realm where I'm able to work with these students. It's been a big learning experience for me and I've grown to understand how people all learn differently."

-Bailey Gent



"We are learning to put the Jesuit values to work. We are learning to be men and women with and for others by taking the time to stop and talk to the people who most need it, and treating them as a friend."

-Katie Ford



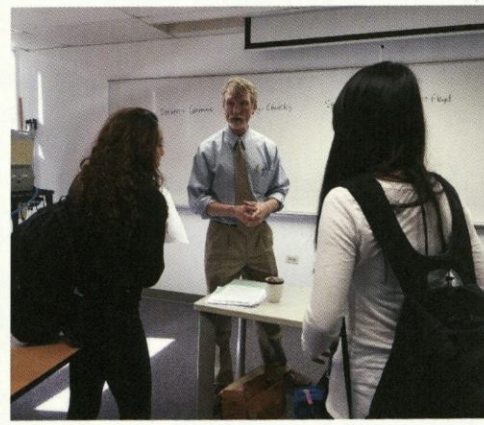




# SERVICE IN ACTION

"Service learning at Regis is a different form of learning that you're not going to get in a classroom. Engaging with people or having listening sessions where you interact with someone you wouldn't usually interact with from the community. You can learn so much more this way, that you couldn't learn from just reading out of a book. I think it's a completely different process if you're just reading about what it means to be for social justice or fighting racial issues."

-Allison Foust







The photo above was taken by Addison Callahan.  
 "Photography is a way to express yourself without being in the picture."  
 -Addison Callahan



# THE HIGHLANDER

Three Years Running

"I enjoy writing environmental columns online. My first article was the environmental impacts of paper."  
 -Courtney Moynihan

"Humans of Regis' is my child on The Highlander. I proposed this article idea so the Regis community can get to know each other."  
 -Samantha Jewell



Gina Nordini has served as the editor-in-chief on the Regis University newspaper, The Highlander, since her sophomore year. However, this year, she will pass the title onto someone else as she graduates. What stood out about her last year on The Highlander was the growth of the staff from about 9 to 30. "It is a little overwhelming but so cool that we have more involvement," Nordini stated. After Gina graduates, she hopes that the staff will still call or text when they need anything because she still wants to be a part of The Highlander community. "When you invest in something for four years, it is hard to let go," Nordini said.





## Musical Heritage

The KRCX radio station was instrumental in bringing, senior, Bernie Clark to Regis. As a freshman in high school, Bernie toured Regis and stumbled across the radio station. From that point on, he knew Regis was the college for him. Clark stated, "I really love the creative platform KRCX allows." Over Bernie's four years at Regis, the station has changed locations on campus. During the move, the staff members made sure to take the doors from the old station. The doors are covered in old stickers from concerts and artists in the 90's. "The doors have a musical heritage and I enjoy being a part of that," Clark said.













## Fright Fest



"There was a guy who would scrape his hands against the walls! He had flint in his hand so sparks would fly up and freak you out!"

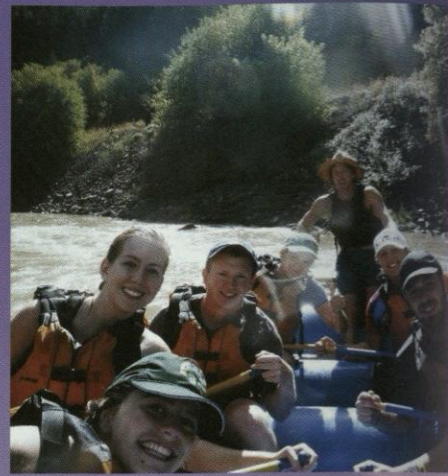
-Conor Luff



"Fright Fest was a lot of fun. It gave me the chance to get to know my friends outside of Regis and even some other students who I met while I was there!"

-Zoe Wolf

## White Water Rafting



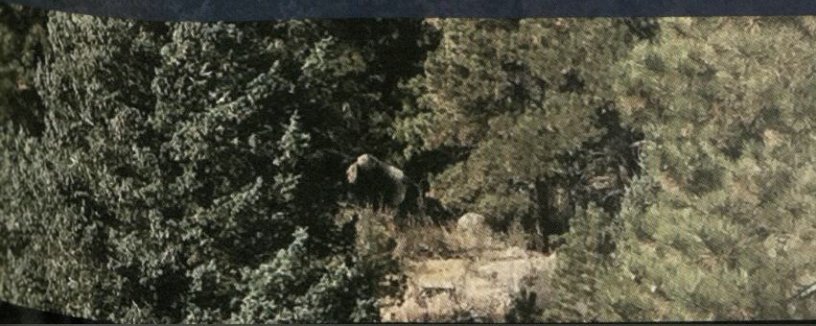
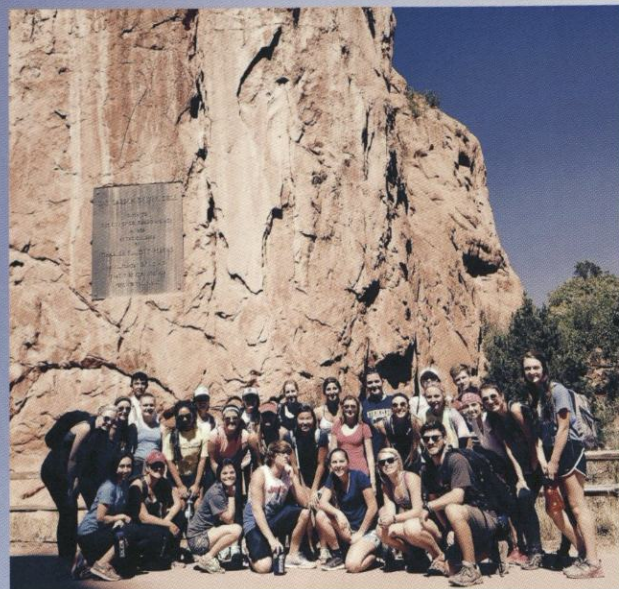
"It was crazy, cold, and extremely fun. again in a heartbeat!"

-Denise Overbey



# BEST OF COLORADO



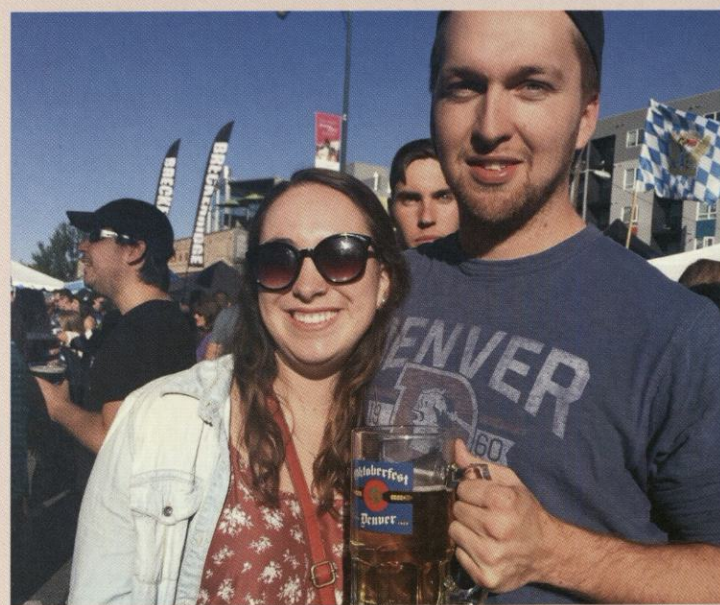
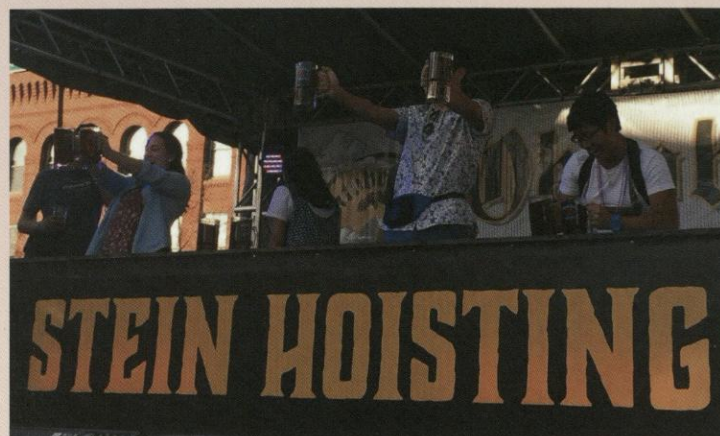




## Leader Until the End



In Kirby Bell's final year at Regis, she is one of the co-leaders of Last Call. According to Kirby, Last Call is a program with "...events that may be new experiences to a lot of seniors and something that will appeal to the largest group of people." Throughout the year, Kirby and Nik have planned many fun adventures for the seniors. Kirby said working with Nik is really fun! They get along very well and complement each other's abilities to form a great team. This year has been a fun one for Kirby. She really adores her senior year and is doing her best to enjoy every moment she has left at Regis. Kirby's favorite program that she and Nik have planned this year was the Coors Brewery Tour because "...everyone on the tour seemed to really enjoy going and it was great to learn all the new facts." Kirby looks forward to the future but is enjoying the present to the fullest ability she is able.



"There was a contest where you hold steins of beer for as long as you can and I beat the record for women. The record was 45 seconds and I held it for about a minute. It was awesome."

-Isabella Kaser

"I joined Last Call because I wanted to enjoy some really awesome activities with my friends and fellow seniors! I also want to thank Kirby and Nik for directing such a great program!" - Becca Veys







# FINAL FRONTIER



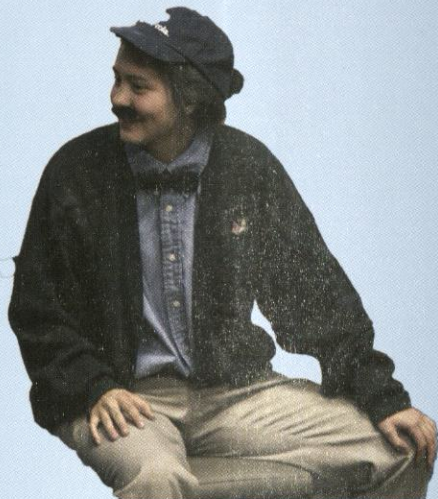
## Why Do Last Call?



When asked about Last Call, Shannon Bryant said "...senior year is really hard. It's the hardest one yet", but she "really enjoyed the Lion King play!" Shannon, like many seniors understands that her final year is difficult, but she loves the fun times she gets to spend with friends during the Last Call programs.



# Behind the Scenes of Ice Queen



"My talent was dressing up and impersonating an old man with one of my best friends Chelsea Cabanting. I chose the talent because Chelsea and I have old men alter egos. We frequently break out our Harvey and Eddie (our alter egos) voices in conversation."

-Shannon Bryant



"Being a host for Ice Queen was really cool...ice cold (if you know what I mean). In all seriousness, it was a blast! I had the pleasure of competing in Ice Queen last year and as fun as that was, I must say being a host was a lot more fun for me."

-Chelsea Cabanting



"Snow Ball is my favorite event of Snow Week! I absolutely love getting dressed up and spending the night dancing and taking pictures in the photo booth. It's so incredible to see an event completely put together by my friends being enjoyed by so many other students-- everyone who attends Snow Ball always has so much fun, so it's awesome to see all of their hard

work paying off."  
-Claire Wobbema



"The hardest part about the competition was anticipating the questions they were going to ask."

-Katie Cawley







# LET IT SNOW

For senior, Katie Cawley, Ice Queen has always been a favorite Regis tradition. This year Katie got to be a part of the excitement. But competing for Ice Queen isn't all fun and games, as most may think. For Katie, hours were spent finding a talent and preparing for the question round. Katie found her talent and danced with seven guys in a jazzercise ribbon routine. When it came to the question round, she was stumped when the host asked, "If you could be a character from Friends, which friend would you be?" Katie had to admit to the crowd that she had never seen the TV show Friends. "The competition was a success and it was rewarding seeing how much fun everyone was having watching the talents. I am really glad I did it and I encourage others to do it too," Cawley said.



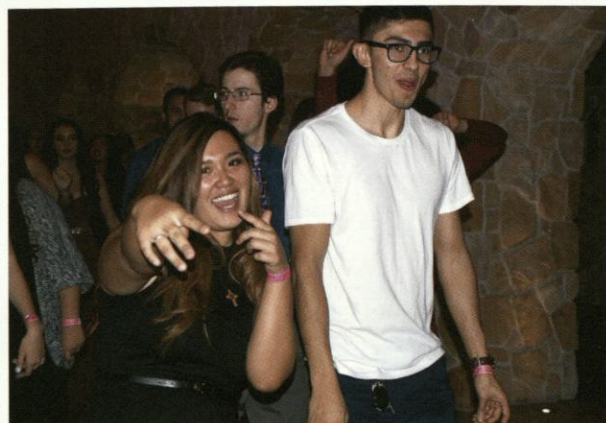
"Everyone was stressed out so it was nice to get away from the papers and projects for awhile."

-Emily Cooper



"Snow Ball was the perfect ending for snow week!"

-Sherlynn Garces





# Kairos

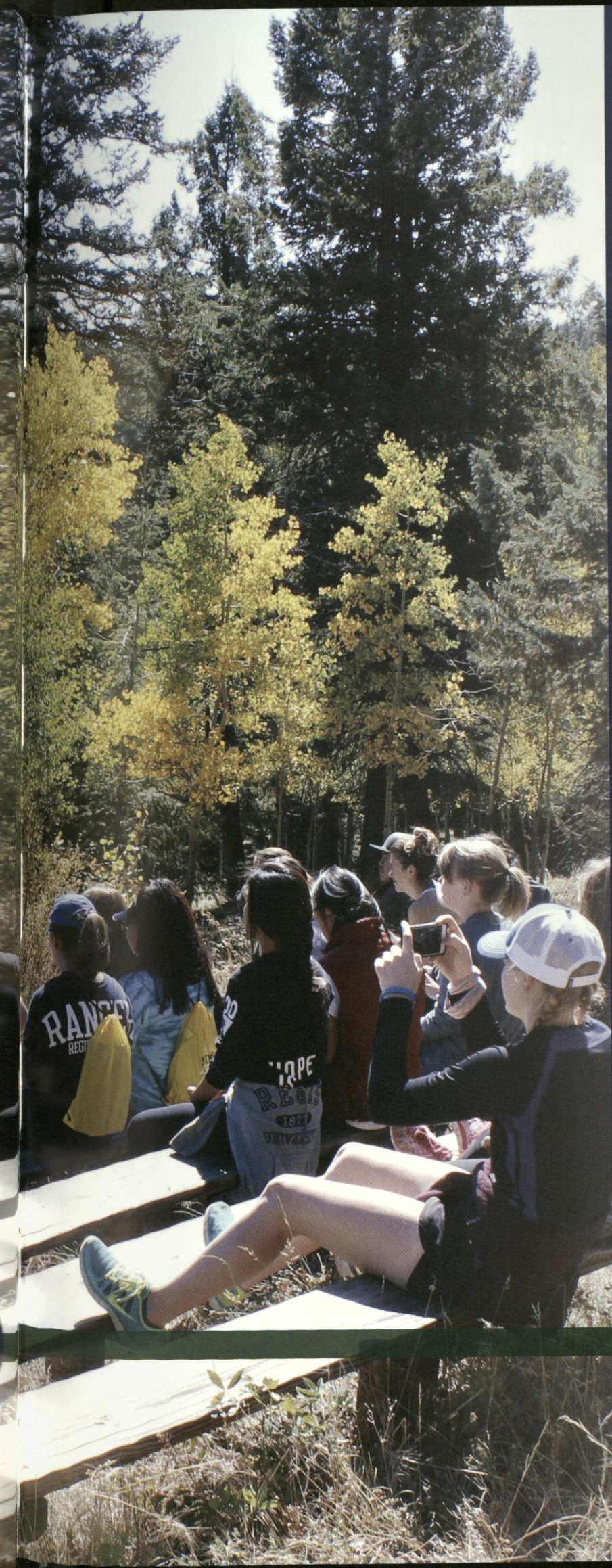
"Kairos opened the door for a period of self reflection and forgiveness, allowing me to strengthen my relationship with God." - Taylor Good



"Leading Kairos was a humbling experiences that my heart will forever treasure. Being able to witness the strength, faith, resilience and compassion of people within my Regis community is inspirational and what I believe to be a gift from God." -Katie Cawley

















## Habitat for Humanity: Maui

This year, Regis hosted an incredible service trip to Wailuku, Maui. Students worked with Habitat for Humanity to engage the local community and helped rebuild a house, a church, the habitat restore, and a fish pond.



"It was amazing being able to interact with the locals, and see things from their perspective, not so much from the perspective of a tourist. I love not only being able to experience their culture, but also being able to help them."  
-Tia Wagner

## Florida Sailing Trip

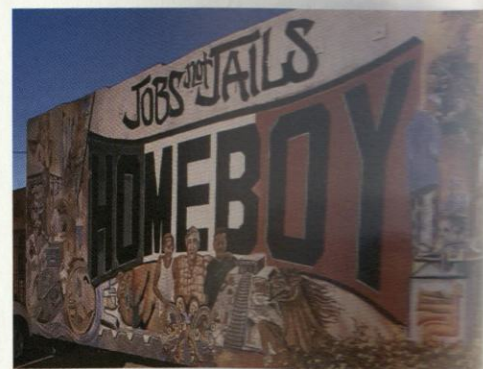
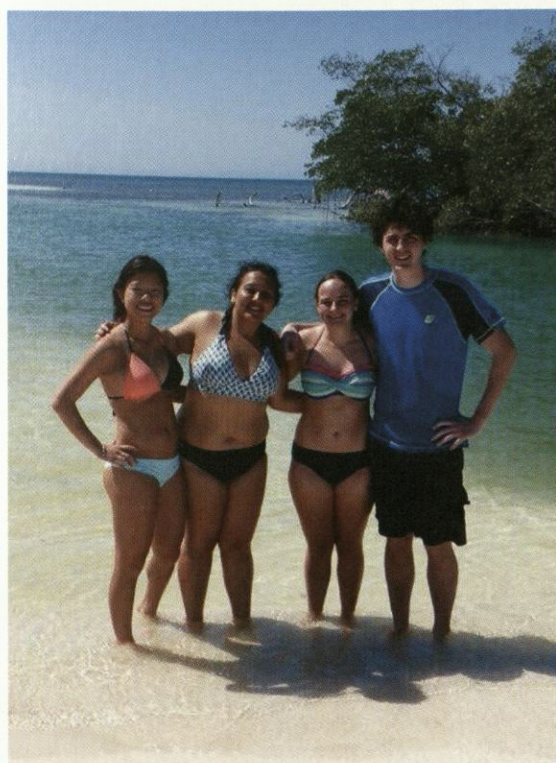


"I chose to spend my spring break sailing in the Florida keys with the OAP crew. My roommate, Krystal, and I perched ourselves on the bow of the ship and let the waves lightly rock us as we sailed. Moments later we saw three dolphins in the distance that eventually joined us below our feet. It was a spring break to remember."

-Grace Warner

"Never could I have imagined what an impact sharing stories can make. Listening to the homeless share their lives with my group and I transformed the way I perceive my role in how I ought to respond to our ever-changing

world of social inequality" -Emily Funk







# SPRING EXPLORATION!



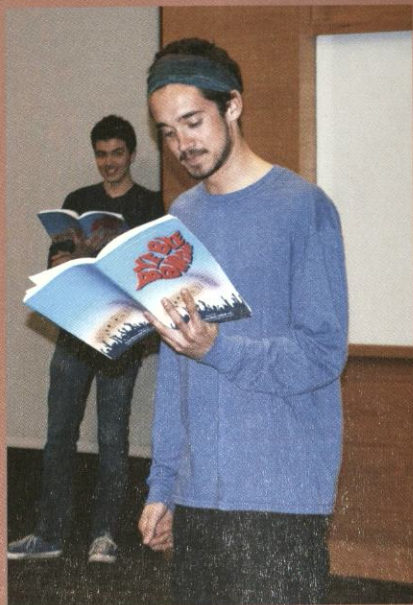
## Dominican Republic



"I never would have thought that a Dominican Republic Mountainside house would have made such an accommodating and hospitable environment. The families treated us as their own kin and were excited to share their ways of life in the Dominican countryside."  
-Maurice Lonsway



# Break a Leg



## Q&A with Senior Garrett Rice

**Q:** Do you have any superstitions that you follow before a performance?

**A:** Before any show, I always take a precautionary bathroom run, even when I know I don't have to go. You can never be too careful!!

**Q:** What do you do to alleviate any nerves you may have before you perform?

**A:** Before calming my mind and body, I always have a mandatory dance party by myself or with cast members. I love to shake out any jitters and build up the positive adrenaline and energy. The goofier the moves the better.

**Q:** What do you enjoy most about performing?

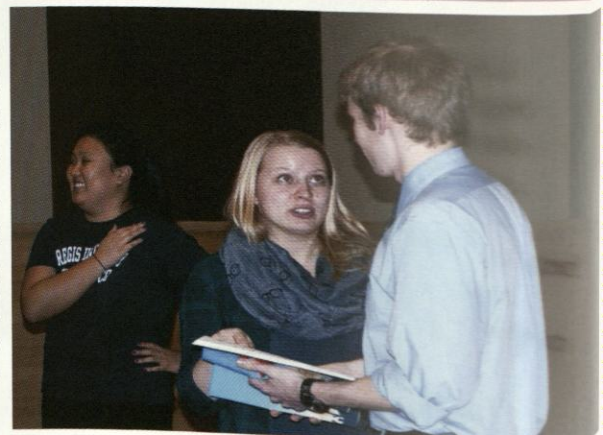
**A:** I love the process of rehearsals because of the memories and laughs shared with the cast and crew. When the show finally comes around it is like a celebration of all of the hard work we have put forth. To share it with friends and family who are watching only makes the experience more enjoyable.



The diversity of everyone involved in a Ramblers production is what junior Mary Kate Willden (left) described as the best part of Ramblers. She explained, "You have all these different people with different interests and majors come together and create an amazing experience that connects us all." Luckily for the audience this diversity lends itself to create great performances year after year.



Ramblers veteran Anne Marie Gilje is "most looking forward to the moment when the cast all comes together and creates a spectacular performance and bond and becomes the beautiful community and family I know we already are."



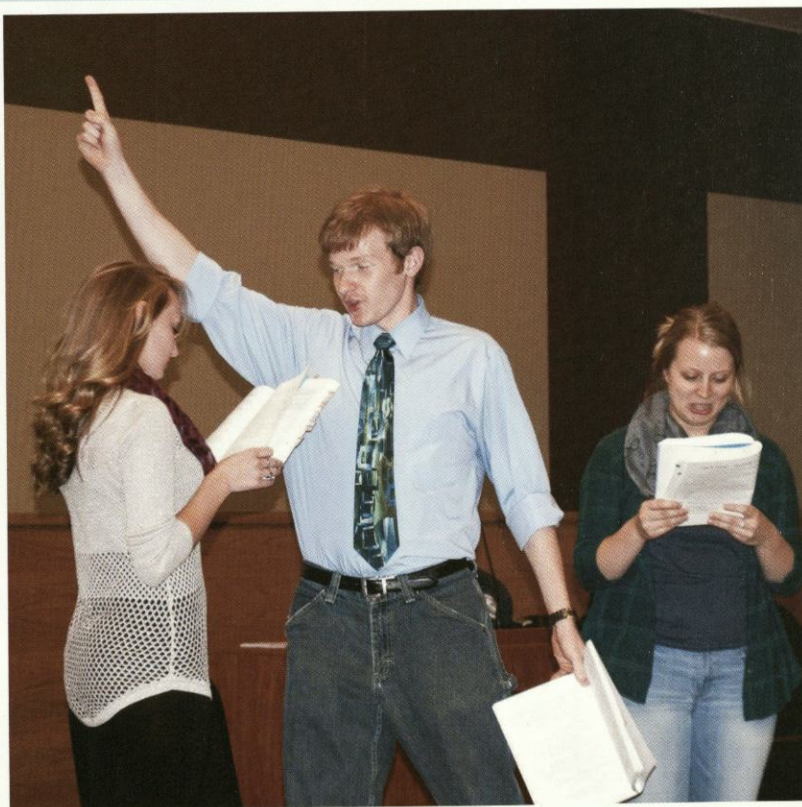




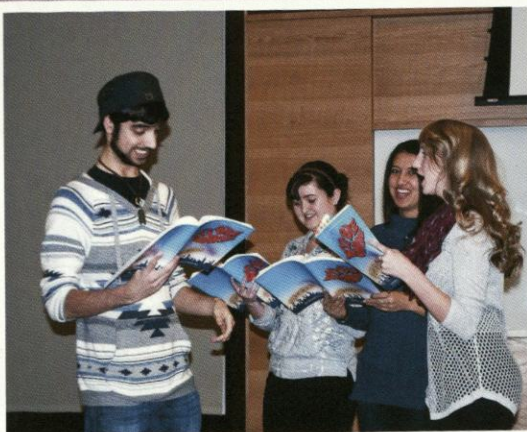
# BRINGING DOWN THE HOUSE

Sophomore Luke Heter is an enthusiastic member of the Ramblers theater troupe. With so much happening in one performance he explained his favorite elements of a show "would have to be the fun dance numbers, as well as all the different songs that happen throughout the show. And seeing Alex Gallegos in outrageous costumes."

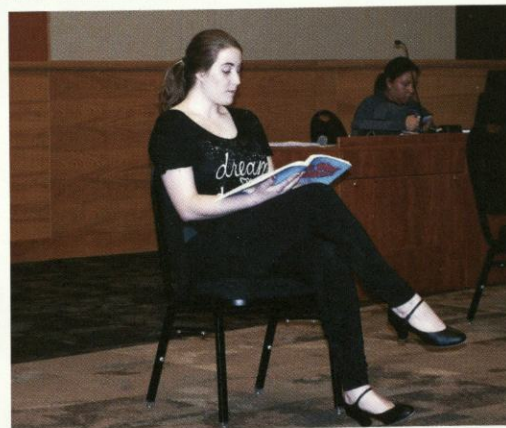
Hopefully this year's production lived up to Luke's expectations and was filled with fun dances, catchy show tunes galore, and Alex Gallegos in outrageous clothing.



Freshman Alex Gallegos came to Regis with years of theater experience under his belt and joined Ramblers because, "it seemed the obvious choice to continue doing what I love."



Something new to senior Zoe Platt this year is her character's accent. She said, "I find it really helpful to read my lines aloud in my accent and to record myself so I can improve it."

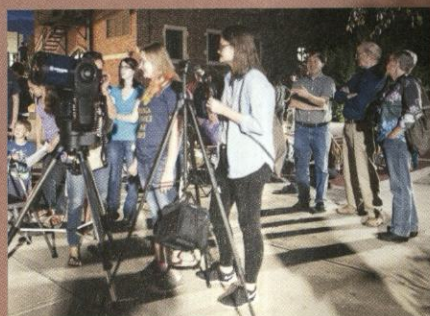




# Making Memories In the Moonlight

With the last Super Blood-Moon Lunar Eclipse for the next 18 years students responded with awe...

"The blood moon was awesome when you looked into the telescope. You could see everything and it was amazing how big it seemed in the sky." - Julie Nguyen



"The most interesting memory from the super blood moon eclipse was dancing to "Dancing in the Moonlight" by King Harvest with my friends." - Grace Warner



"It was a new experience for me because I had never really witnessed a blood moon before, and having astronomy teachers there with telescopes to see it up close made it even better." - Krystal Patel

...this night students were brought together to experience the beauty of nature and friendship.

# ROWDY RANGERS





"All of the musicians in the Regis Jazz Ensemble are top notch players. Being able to see them play music they haven't seen was a cool experience." -Sean Kieffer



Regis Athletics hosted their annual Gatorade Pong Tournament on the quad.



Rootbeer Floats served at UMinPalooza!



## How did you choose your costume?



"Cuz it's all the buzz"  
Rachel Rodriguez

"To bee buggy!" Karli Denk

"I am part of a couples' costume with my fiancé"  
Justin McCarty



"We all decided to break the stereotype of girls wearing tiny Halloween costumes and wanted to look silly and have fun!" -Abby Berscheid

"I was deciding costumes with my roommates and we thought grandmas would be a funny option. We imagined a room full of grandmas and we had to do it." -Lindsey Cimino



"My best friend is from Hawaii." - Isabella Kaser

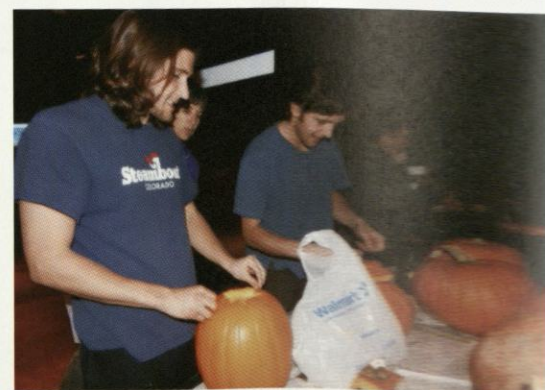
"I'm from Hawaii and people think I look like Lilo." - Aleina Tanabe

## Ready..set..GO!



Members of the Physical Therapy School put on a Mario Kart show during this years costume contest.

"It was a very entertaining performance to watch, we laughed a lot. My favorite was the ghost!" Alex Allen







LET'S GET FREAKY!



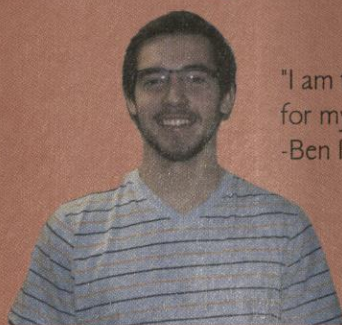
Hundreds of kids gathered on campus on Halloween for trick or treat street.

"I just borrowed my sister's cat ears."  
Mckenzie Reed

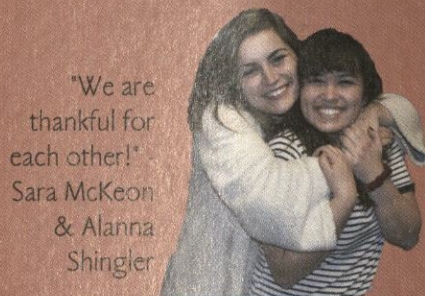
"The best part of the day was seeing all the little kids in their costumes. My favorite was the pterodactyl."  
Hailey Coogan



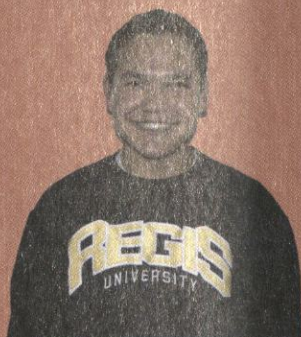
What are you thankful for this holiday season?



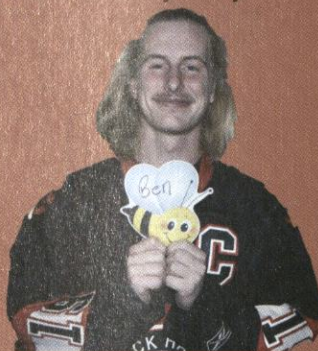
"I am thankful for my family."  
-Ben Parsons



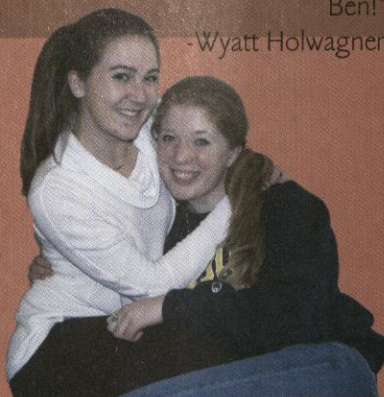
"We are thankful for each other!"  
Sara McKeon & Alanna Shingler



"Being someone that is adopted, I am very thankful for my family." -Nick Tyng



"I am thankful for my roommate, Ben!"  
-Wyatt Holwagner



"We are thankful for redheads!"  
-Ali Meehan & Emily Schneider

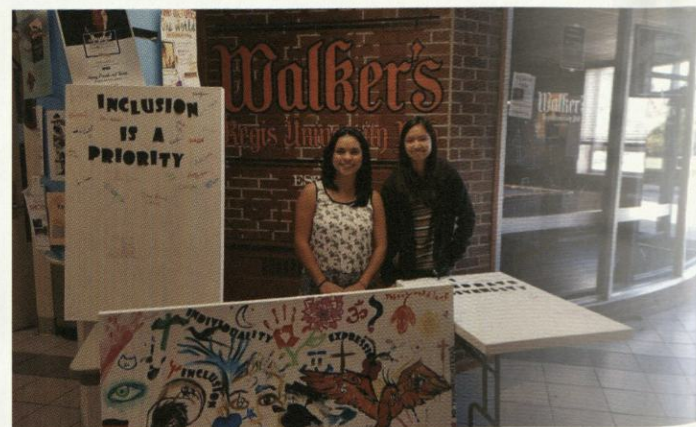


"My rugby team and I went to Father Woody's Wrap Party and not only was it a fun team bonding activity, but we really felt we had helped give some joy this Christmas. It was pretty lit."

-Julie Nguyen



"By promoting diversity we are able to form conversations that allow students to become enlightened instead of conforming to stereotypical ideas."  
-Darla Canales

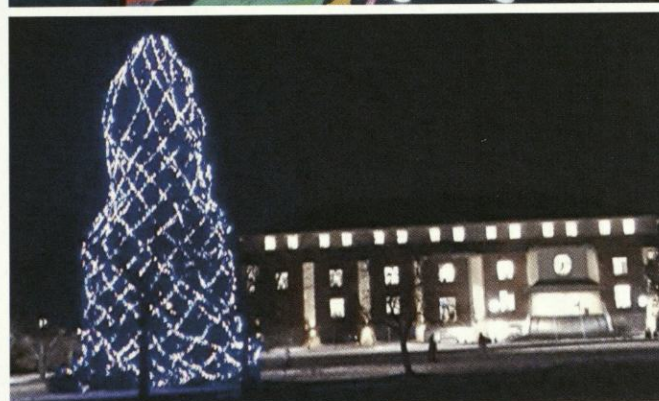






# 'TIS THE SEASON

The holiday season is about being thankful for all that we have and giving back to others. For the past 23 years, Father Woody's Wrap Party has blessed the less fortunate with toys and gifts on Christmas Day. After Father Woody passed away in November of 1991, Dr. Victoria McCabe wanted to continue spreading the joy that Father Woody gave to others. In November of 1992, Dr. McCabe orchestrated the first Wrap Party with her class of 44 students. Since the first Wrap Party, many sports teams and Regis students have joined the event. This year, the students that participated in the event wrapped about 4,000 presents for the homeless. "The most special quality of the event is that young people, Regis students, and Jesuits give to people in need and spread the Christmas spirit. It is truly an act of compassion," Dr. McCabe said.



"We were writing Christmas cards for soldiers overseas and it made me extremely thankful for all the opportunities I have."

-Pam Anderson



"Wrapping the presents was a humbling experience in that everyone came together for the same purpose and added their own special touch to the gift wrapping."

-Sarah Seiwald





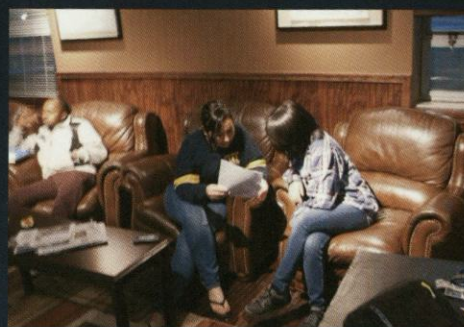
# Meeting the Candidates



Q: What should we know about you?

A: We like socks. -John Jack Moritz

A: We are personable and are here to listen. We are here for you. -Victor Ribakare



Q: What are your main points for running?

A: To revamp Regis which includes inclusivity, visibility, and sustainability. Our goal is not to change what is established, but to promote what is established. -Victor Ribakare



# FIERCE FEBRUARY







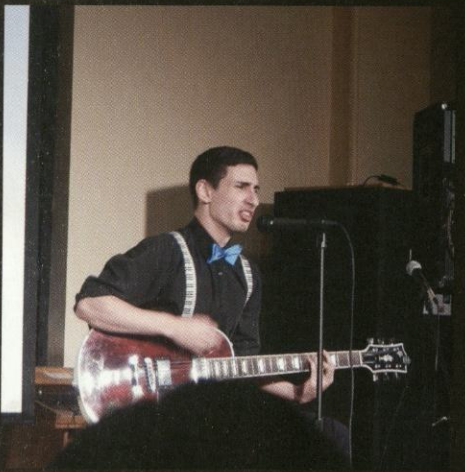


"Our lives begin to end the day we become silent about things that matter." —Martin Luther King Jr.





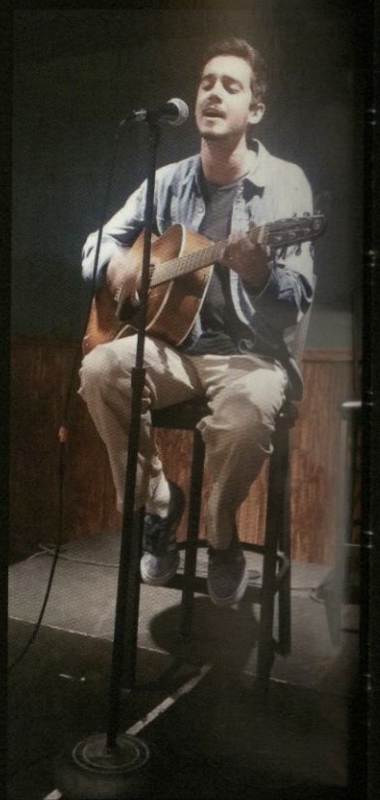




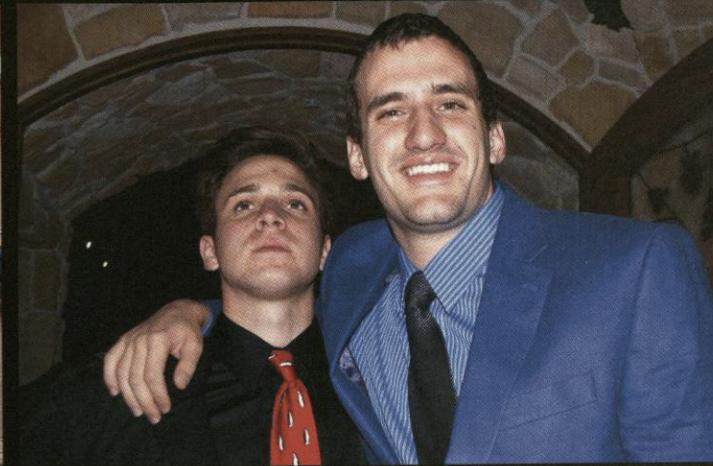
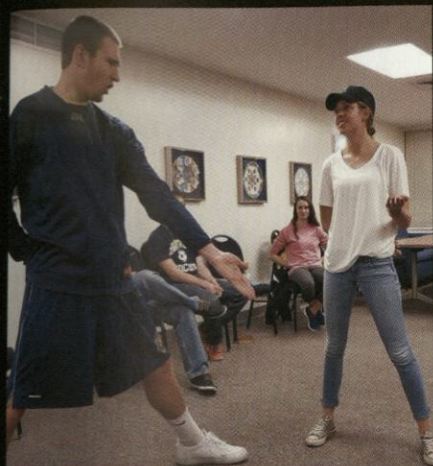
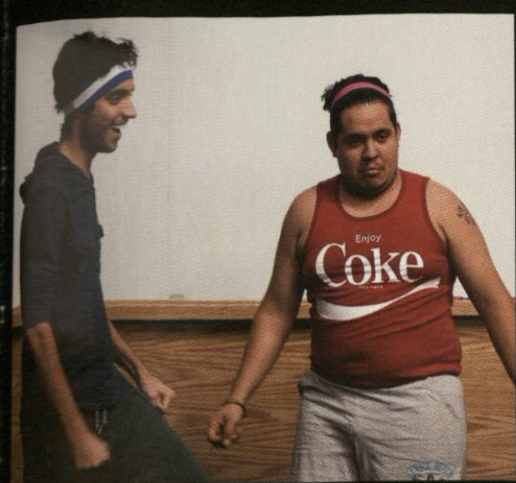




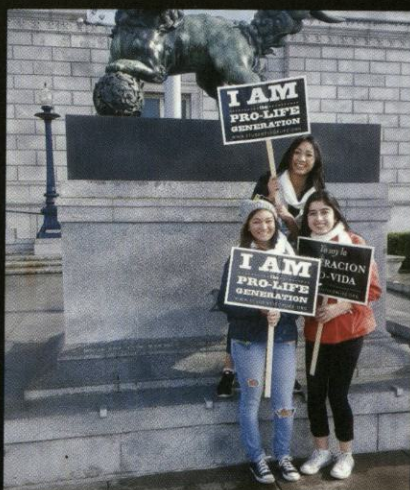




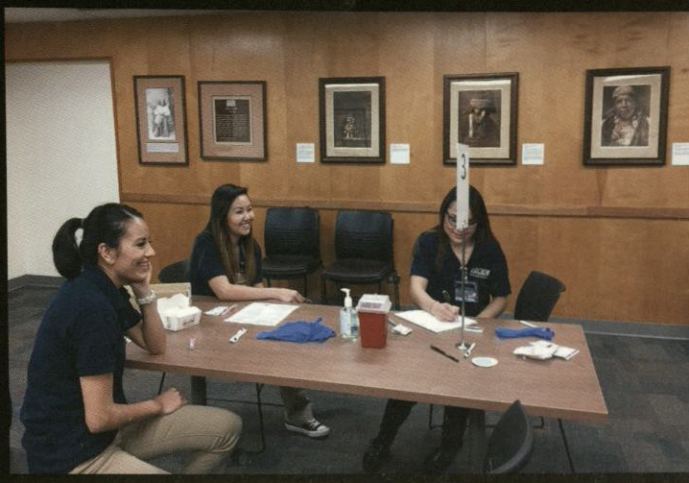












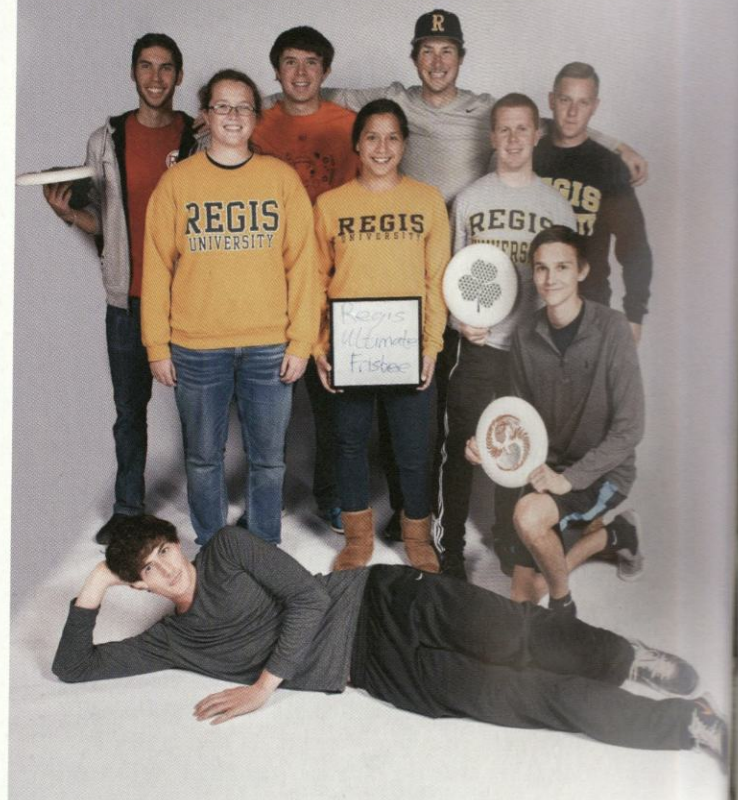


# CLUBS & ORGANIZATIONS

## Students For Life



## Ultimate Frisbee Club



## Marketing & Media Committee



## Denver Christian Student Association





## Black Student Alliance



## Asian Student Alliance



## OutRegis Improv Club



## Cycling Club





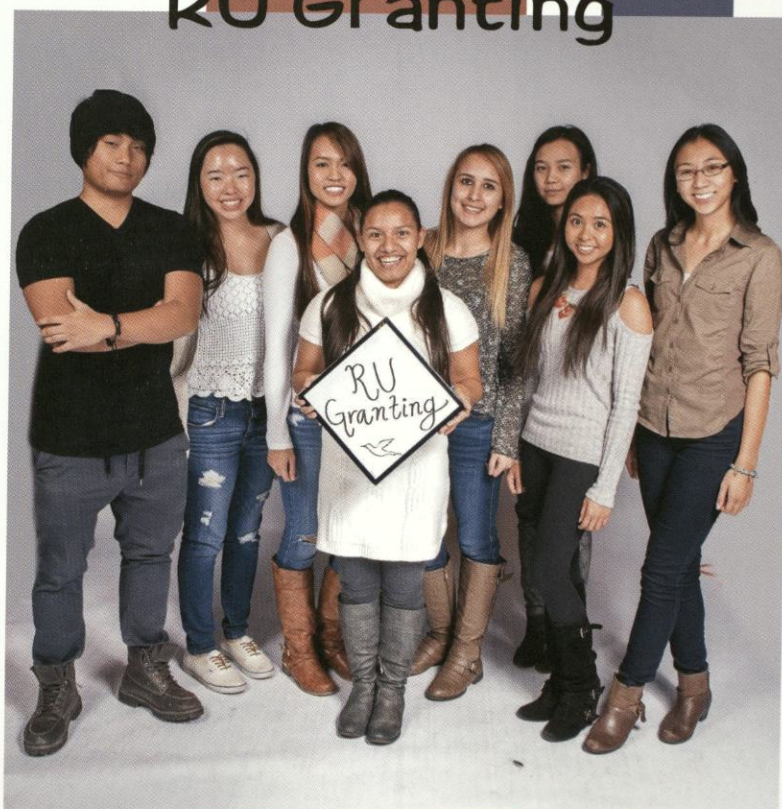
## Romero House



## Yearbook Staff



## RU Granting



## West Hall Staff



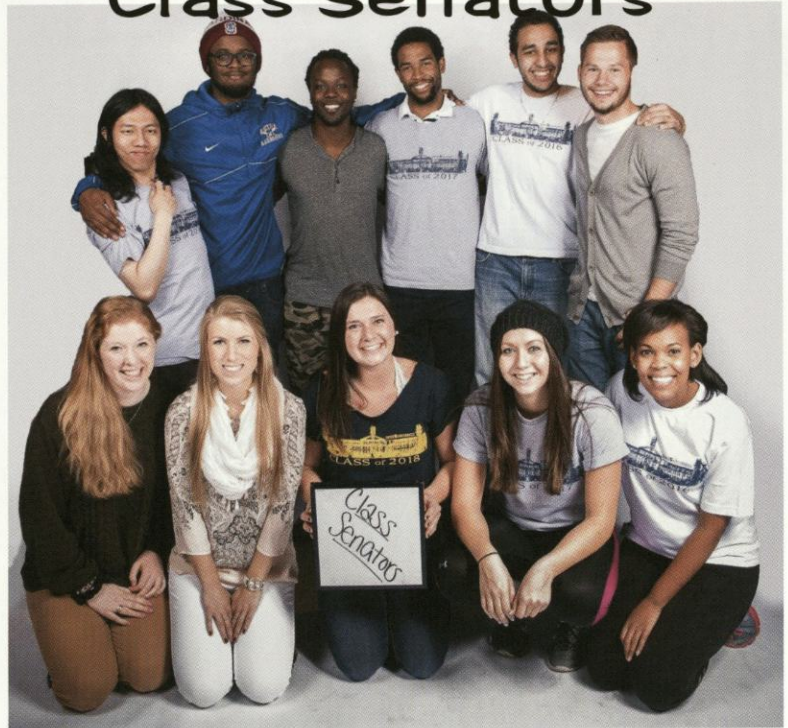


# CLUBS & ORGANIZATIONS

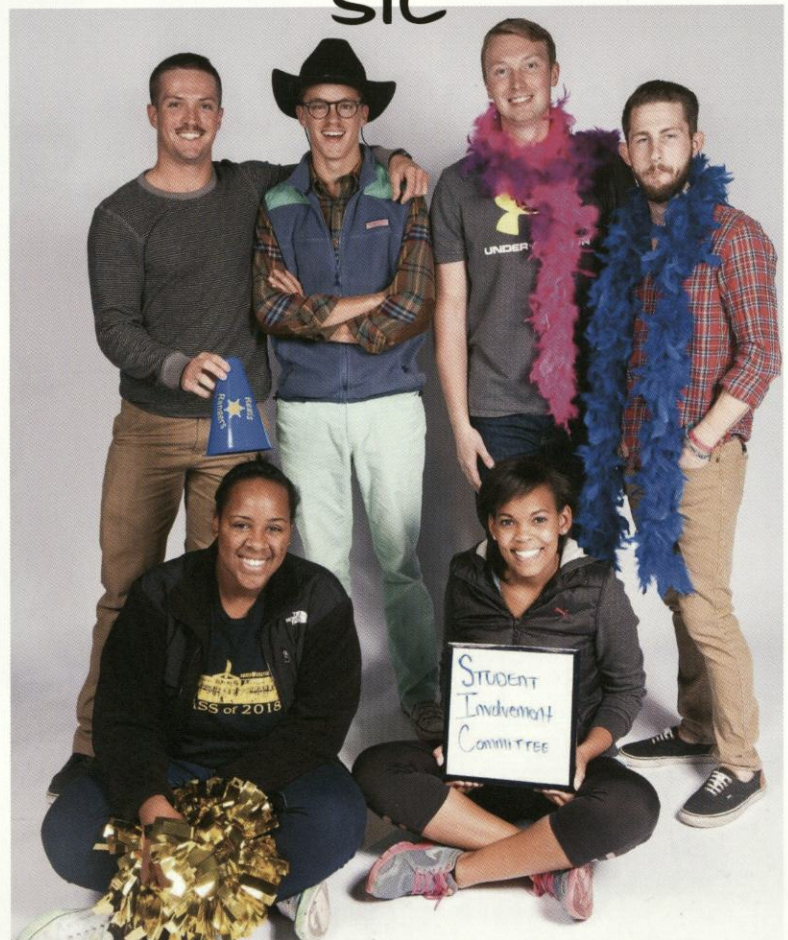
## The Pub Staff



## Class Senators



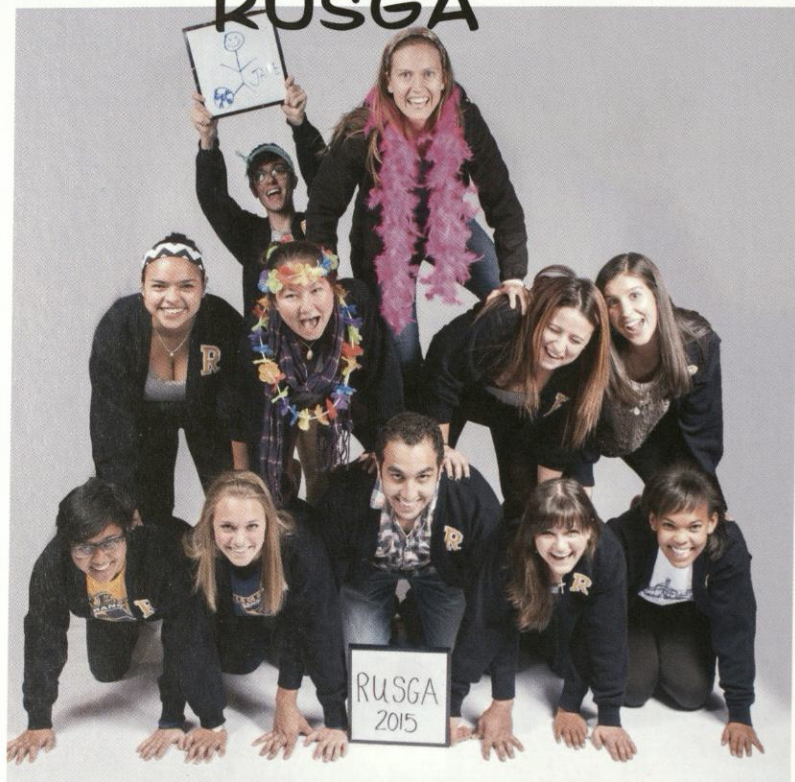
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# CLUBS & ORGANIZATIONS

## RUSGA



## Programming Activities Committee



## Peer Ministers





## Fellowship of Christian Athletes



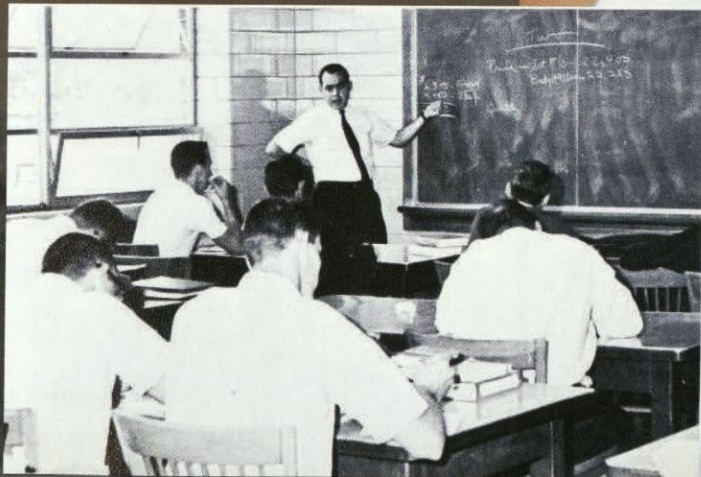
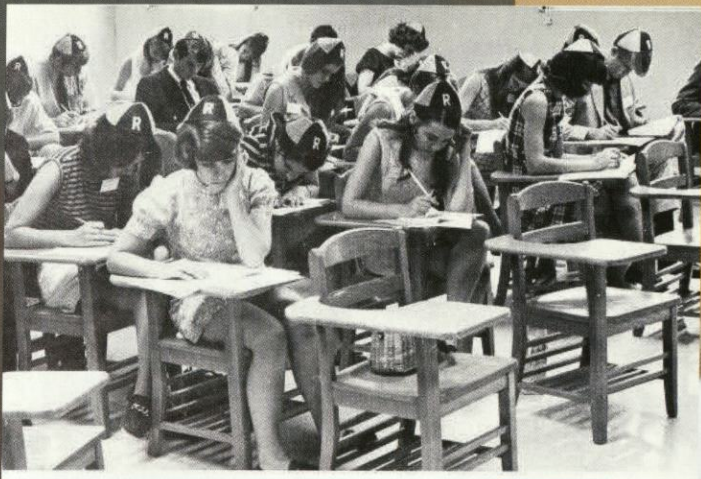
## Regis Business and Entrepreneurship Club



## Pre-Pharmacy Club







ONE FOR THE





KNOWLEDGE



# How do you destress after school?



"When I am tired and stressed, I like to listen to music or do some yoga." Edna Cerna

After a long day I like to take a nap or go on a walk to clear my head." Christina Tran

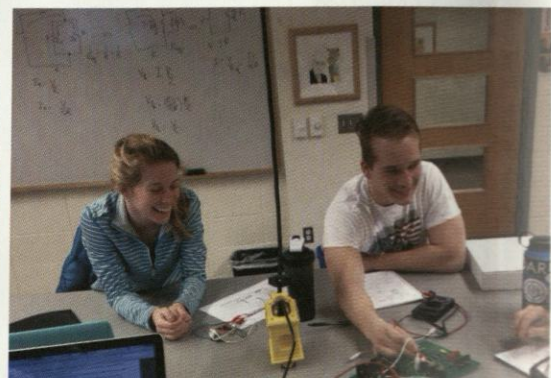
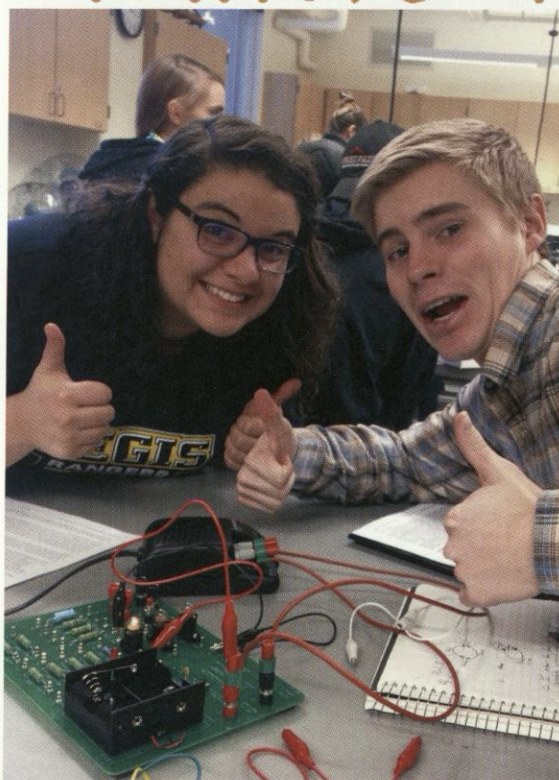


"To relax after school I watch TV and work out." Alex Allen

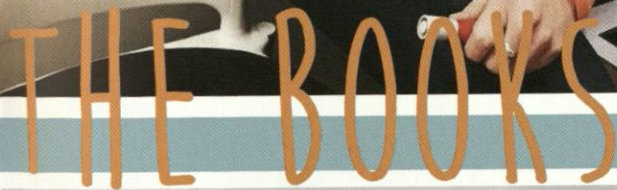


"My favorite experience of being in nursing school is sitting in the flight for life helicopter at St. Anthony Hospital." Abeth Okall

## TAKING IT BEYOND





A close-up photograph of a hand holding a pen, writing on the cover of a book. The book cover has a dark background with a light blue horizontal stripe. The title 'THE BOOKS' is written in a large, orange, hand-drawn font across the top of the image.

# THE BOOKS



"I am a biology major and health exercise minor. I am pursuing physical therapy. One of my favorite memories of this year is getting to know my new roommates!"  
- Breanna Wicks



# Double, Double Toil and Trouble



An Interview with Chemistry Major Catherine Gonzalez

Q: Why did you choose chemistry as your major?

A: "In the future, I want to develop a better solution for treatment of eczema for infants and children."

Q: What is your favorite chemistry-related memory at Regis?

A: "That would have to be setting fireworks off in the ventilation hoods in the Chemistry Lab. There are still burn marks there..."

Q: What is your favorite element?

A: "I like cobalt because it has a multitude of uses. Some animals can convert cobalt into B-12 vitamins. And it's just a pretty color."

Q: Who is your favorite chemist?

A: "Madame Curie because she revolutionized the world of science for women. And her story's tragic."



The Department of History and Politics Stories of Wartime brings together a panel every Thursday to discuss their experiences with war and how it has impacted their lives. Here Professor Nathan Matlock lectures about the Iraq War before veterans of the war begin a discussion concerning their insights and experiences. The seminar has become a popular course for many students and is open to the public.



Reflecting back on his favorite English class, Garrett Rice said, "My favorite class would have to be Lit Theory with Dr. Narcisi." The course changed Garrett's way of thinking and allowed for him to become more analytic when it came to literature and the world around him.





English major Brita Alley has a special fondness for words. When asked was her favorite book from her English courses was she responded, "I picked William Faulkner's *As I Lay Dying* as my favorite book from all the English classes at Regis, because it was the first novel that I read that made me LOVE the literature discipline. It is about loss, family, and love, and it has profoundly shaped who I am as a person."



As a senior, English major Gabe Harper has read many books. His favorite over the past four years has been *Beloved*, by Toni Morrison. He said of the book, "Morrison's visceral language frightened and inspired us all. When we read this text, we learned how limitless and profound love and pain can be, and we explored how they are connected. *Beloved* showed me love can swell until it smothers and kills, and I think about this book every single day."

# SCHOLARLY PURSUITS

While working on a group project for his Introduction to Entrepreneurship class, Business Administration major Harrison Erb (facing page- green) posed for a picture. Harrison said his ultimate goal as a business major is, "To achieve general knowledge in business so that i can be successful and make a difference for the betterment of the business world." After four years as a Regis student, he said his favorite aspect of receiving his business degree was, "Just having a good connection with my professors all throughout my career here at Regis." Harrison reflects the Jesuit principles taught in business courses at Regis through his desire to better serve the community and hopes to make the world better with his degree.

Politics major Kaitlin Heaphy (far right) has spent her senior year as an intern for the Posner Center, which she described by saying, "The Posner Center is a local collaborative of nonprofits and international organizations that share a mission to uncover innovative, long-term solutions to global poverty through international development." She said of her experience, "As an Intern at the Posner Center for the World Affairs Challenge (WAC) I have become critically aware of the complex, intimate relationships that exist within and among organizations housed at the Posner Center. This experience has challenged me to consider the invaluable importance of networking resources, communication, and knowledge within a field that ultimately requires holistic perspectives."



Sarah Stovicek said her history courses at Regis have taught her, "Nothing historical is fact, everything is written with an agenda," causing her to always think critically and ask questions in the Jesuit tradition.



When asked what the most challenging aspect of being an Accounting major is Zach Lynch replied, "Drawn out anticipation of future monetary gain."





# Justice Oriented Farming Practices

"It helped me to see how much energy you can gain from planting something into the soil and allowing it to nurture the community. . . One time our professor brought seeds from her garden for us to explore. Her passion brought liveliness and appreciation for the subject she teaches."

-Morgan Mertz



"I learned that justice issues surrounding agriculture affects us all. We all eat food and need it to survive. From farm to table, the transgressions against food and the hands that provide it are something to stand up for."

-Katherine Cawley



# Learning Through Exposure

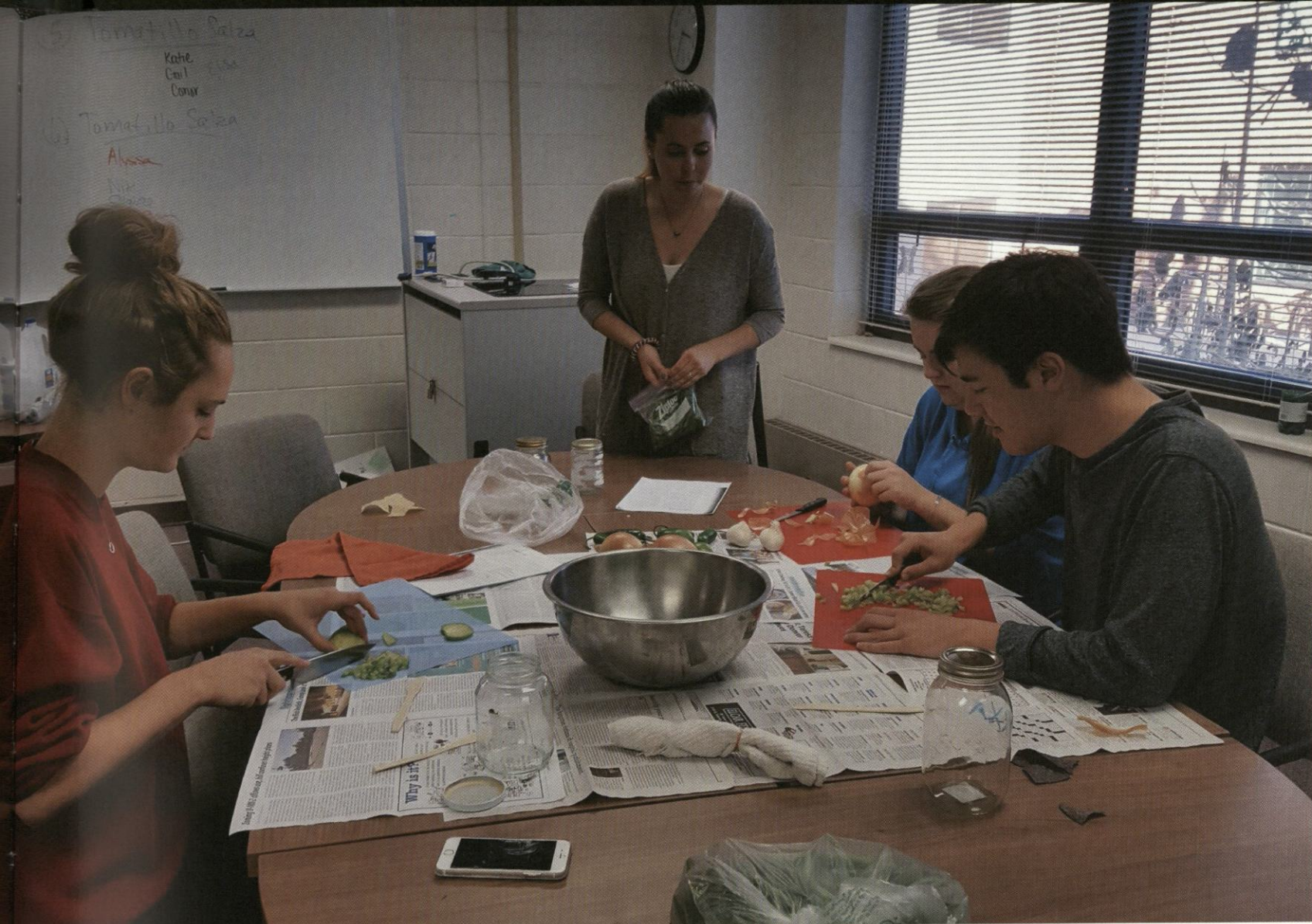


"Being exposed to aspects of homelessness and gender inequality has helped me to develop a compassionate perspective. It has taught me the gift of empowerment" -

Miriam Hernandez







# LEARNING IS SO MUCH MORE



"Going forward environmental lab will serve as the first taste of how I go about doing studies. It has strengthened my want to pursue environment science and has made me examine details I would usually overlook."

-Hunter Therron



Every year the Honors program takes their freshmen to dinner and the theater at the Denver Center for the Performing Arts. A select group of seniors is also brought along and Grace Corrigan (seated left) was one of these seniors. She enjoyed, "the chance to meet with the freshmen and share a meal with them," when asked about the night. Hopefully some of her Honors wisdom was passed down to them as well.



# WITH HONORS



## Seniority Rules

As his time at Regis comes to an end, senior Ryan Barton has made many memories in the Honors program. Ryan explained, "My most memorable experience in the Honors program has been the entirety of last semester (Magis). I can hardly believe how much I learned last semester, and not about specific writers, ideologies, or theories. I learned about the individuality of my classmates and of myself, which has led me to understand a little bit more about the world around me. I began to relish in all of our outlooks on life and to think of other perspectives and experiences other than my own. Magis truly helped me mature as a student, citizen, and individual. Magis was a baller class because it didn't allow me to not think. I had no choice but to sincerely engage with my thoughts and those of my colleagues." Ryan is a true example of what the Honors program calls all of its students, a lover of learning.





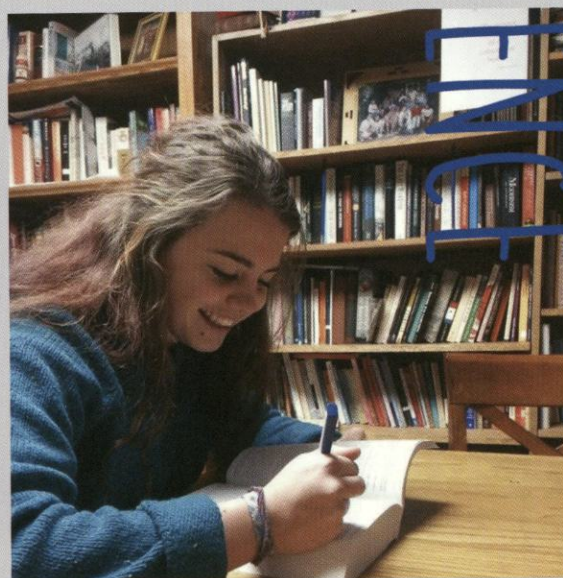
The Commitment Program is a learning community devoted to a group of first-year students. This year, Ashley Pineda is one of those first-year students. Freshman year can be a time of great change, but Ashley said the Commitment Program has made that easier saying, "Meeting new people, as a freshman, you're already scared but having classes with the same people makes transitioning easier." Throughout the year group does various service and group activities. Ashley's favorite this year has been, "The Wyeth Exhibit at the Denver Art Museum. It was really fun because we went to breakfast at Jelly before and it was nice to just hang out with everyone outside of class." Activities like this help to foster a community within the Commitment Program that provides lasting memories and friendships for years to come.



COMMITTED TO EXCELLENCE

## In Focus

Natalie Nielsen has learned a lot since coming to Regis and being in the Commitment Program. What she has learned to focus on is organizing her time as well as being able to strategize when tasks must be completed. Her newfound independence has also been a change for her since her arrival in the fall. Not everything in the Commitment program is about studying however, and she explained her favorite memory has been going out to breakfast with her classmates, Dr. Hicks, and Cynthia Kolanowski (Commitment Program Director). She also enjoys getting to see the couple's dog from time to time and having that time to take for herself and relax.







"I loved being in a new place with a new culture and doing things on my own. Ireland was a beautiful place with the most genuine people that made it even more gorgeous." -Adele Phillips (Ireland)

"I can truly say that I've built a worldwide group of friends, and sitting there in a circle with them on a snowy, freezing night while drinking tea is among the most beautiful moments in my life." -Kellan Roybal (Ireland)

"I absolutely loved studying abroad and discovering new countries and being part of the different cultures." -Hayley Zimmerman (Germany)

"I had a moment when I just realized how crazy lucky I am to be in this place. This is not a thing that just anyone gets to do. This is an honor, this is me getting so lucky and spoiled. And it kinda puts other things in perspective." -Kelly O'Meara (Costa Rica)

"I go to Universidad Veritas and live within walking distance of the school. It is my third week here and I have already traveled to Puerto Viejo, and Monteverde." -Kylie Hollman (Costa Rica)

"Studying abroad, thus far, has been a life changing experience. You are forced to get out of your comfort zone and be open to all of the new experiences that you are sure to face: getting lost, having flights cancelled, and especially the language barrier." - Alicia DeLeon-Dowd (Spain)

"I think of most importance, my program had the opportunity to visit Greece in September where we learned about the migrant crisis facing all of Europe right now and hitting Greece and Italy greater than other countries." -Alexandra Holmquist (Italy)

"Peru is an extraordinary country in that, though it is a developing country, it is extremely rich. It is rich in history, culture, cuisine, community, and most importantly, love. From the moment I entered the country to the minute I left, I was surrounded by the feeling of love and security." -Ahmani Noble-Webber (Peru)

"I was able to hold a cute monkey and get lost through the city but at the same time found incredibly hospitable people who showed me around." -Iveth Hernandez (Morocco)



"Studying abroad gave me a rich appreciation of a culture radically different than mine, and immersion in the language, beauty, art, and vibrant enjoyment of daily life there." -Celeste Linders (Paris)

"The only way I can describe my experience is that it was absolutely inspirational. I learned that what sets apart an ordeal from an adventure is all in your attitude." -Jaime Klingensmith (Austria)

"It was an amazing, once in-a-lifetime experience where I got to see many layers of history, from Ancient Rome to modern day." -Zofia Antonow (Rome)

"My favorite thing about Filipino culture is called Kapwa and basically sums up the thousand small acts of kindness I was met with every day. Kapwa means "togetherness" and refers to the idea that we are all part of a larger community; that no one is alone. Throughout my time in the Philippines, through all of the challenges that come from living in a foreign country, indeed, I never felt as though I was on this journey alone." -Samantha Brisson (Philippines)

"It is an environment that is culturally and politically completely different from the states and I think I've learned as much from that as I have from classes." -Renate Schlaht (South Africa)

"What I will miss most is definitely the amazing people I have met and the strong community at Regis... especially in the English department all the teachers were so helpful and everyone is so welcoming." -Roxy Thomas (From Australia, Studying Abroad at Regis)

# HOME AWAY FROM HOME



# Dipping Your Toes into the Real World

Completing an internship is a valuable way to discern how your gifts and talents meet the needs of the world, and learn more about what work environments relate to your passions. They provide you an opportunity to apply what you have been learning in the classroom and experience a professional work environment that allows for reflection on what opportunities you would like to pursue after your time at Regis.

-Margie Mailander  
Academic Internships



"Here I am at an event for my internship, called: Syrian Revolutionaries: Through their eyes. It was at the Posner Center, and over 60 people from the Denver area attended." -Abigail Peters



"I am a Politics major with a Pre-Law minor and I interned with Congressman Ken Buck (CO-04) on Capitol Hill in Washington, D.C. . I had the privilege of attending Hillary's Testimony on Benghazi and seeing the Pope's address to Congress in person. My favorite part about working with Rep. Buck was giving Capitol tours. I was constantly learning about the history of our Nation's Capitol while exploring the different passages within and below the area." -Dusty Johnson





# INSPIRING FIELDWORK

"History Colorado provided me with a constructive and friendly environment that emphasized learning and growth. I got to work with the Office of Archaeology and Historic Preservation, which encompasses our state archaeologists and the individuals that work to preserve historic properties. The most memorable moment for me was when someone responded to a published article that I had written. I had published a historical account of Elizabeth Sumner Byers who established some of the first charitable organizations in territorial Denver and I was contacted by one of her descendants. He was so excited about the article and thanked me multiple times. That meant a lot to me and really validated my experience at History Colorado." -McKenna Solomon



"My internship with the Ouray County Historical Society (OCHS) was a major growing experience for me. I learned a lot about research and team work in an archival setting, and I am feeling more and more like the historian I hope to one day be." -Sarah Stovicek



"I interned with Kroneke Sports & Entertainment at the Pepsi Center. I got to visit the Nuggets locker room and work the Brad Paisley and Black Sabbath concerts. A lot of time, hard work, and dedication goes into the planning, and it goes to show when you can look in the crowd and see all the smiles and happy faces!" -Mallory Benham

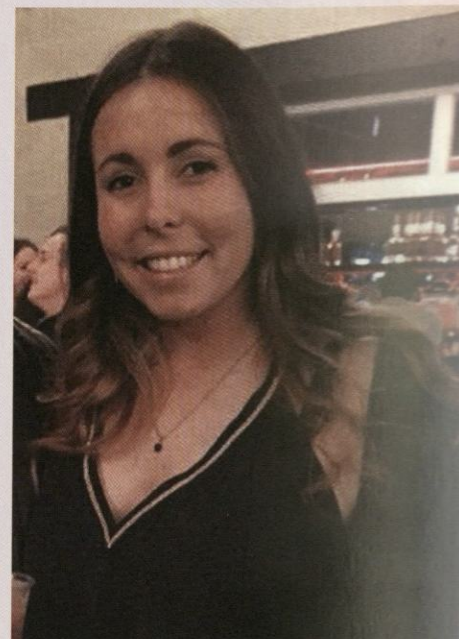




# THE FINAL PAGE IN THE BOOK

## Abigail Peters

In the midst of her final semester at Regis, Abigail Peters is writing not only one, but two thesis papers. Her first paper is for her honors thesis and the second for her politics thesis. Abigail stated, "Ideally my (politics) thesis will be looking at the dilemmas of self-determination of state-hood, recognized by the international community. And further issues exacerbated by resource scarcity, specifically with water," specifically when looking at Israel and Palestine. She went on to say that her honors thesis will focus on walls throughout history and their physical, ideological, and physiological barriers they create between people. Abigail finds her inspiration for her papers because she travelled to Israel and Palestine two years ago. When she saw the physical 27-foot tall concrete wall between Israel and Palestine she could not fully grasp it. The wall was used for protection and a barrier between people. The biggest question Abigail is wondering about her thesis is why. Why do we divide ourselves from others?



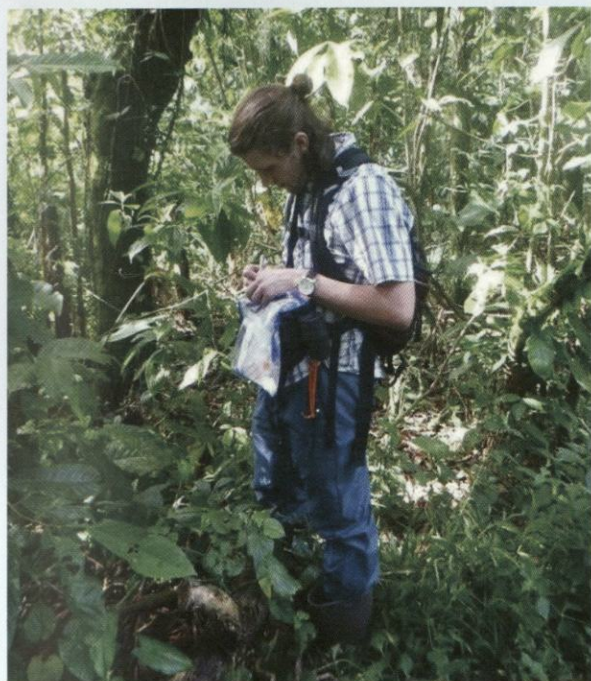
## Katie Cawley

In the education major, students do not have to write a thesis, their capstone project falls under student teaching. Katie Cawley is passionate about teaching and leading the young students of our society into the future. She said, "I hope to be a teacher that creates a classroom community where students can count on being valued, safe and loved." Through teaching, Katie strives to take all of the knowledge she has learned in the past four years and put it into action in her own classroom. Through her four years at Regis, Katie has been able to work with some of the best teachers in Colorado while learning invaluable lessons from their students. Katie's favorite lesson she designed and implemented in a classroom was on the rainforest. She stated, "We created a simulation of a rainforest inside the classroom and it really felt as though we had traveled through the different layers, met various living creatures, and more!" Katie simply glows when she talks about her students and is going to make an amazing teacher someday soon.



## Sarah Stovicek

For Sarah Stovicek, as her four years come to a close she is passionate about doing her very best work on her thesis. Her thesis is focusing on the influence of the myth of Saint Patrick on Irish Nationalism. Sarah says that she feels called to this research because, "My heritage is part Irish and I have always been drawn to their history, plus I am minoring in religious studies and wanted to incorporate my passion for that as well." As Sarah works on her thesis more and more, she has come to realize how fulfilling it is to get to sit down every day and research a topic she loves. One fun fact Sarah has learned through her research is, the first Saint Patrick's Day parade was held in New York, not Ireland.



## Matt Barton

As a biology major, Matt Barton is completing a capstone project that will focus on how civilization changes the environment. He is most interested in the deforestation of tropical forests to plant food, like bananas and pineapples to feed people who do not even interact with the land. Matt is focusing his research on howler monkeys in Costa Rica. Matt says his inspiration for this project comes from, "...studying the howler monkeys in Costa Rica this past summer." He felt obliged to study the howler monkey because they are a part of the environment that we take so much from. Matt's favorite fun fact about his capstone project is that he collected monkey poop in a forest for science! The most difficult part of his project was figuring out how to analyze the monkeys DNA. Matt stated, "I had to come up with a cheap and quick method of determining genetic diversity and the solution wasn't obvious." Matt also enjoys having the freedom to do his own study and taking ownership of his research.

## Jason Huggins

Jason Huggins choose to write his senior thesis on the comparison of two different architectural styles from the 1893 Columbian Exposition and the 1942 Esposizione Universale Roma. Jason felt called to write about these influential architectural masterpieces while he was studying abroad in Rome last year. Jason feels that "I have learned a lot about my topic, myself and my writing style." The most interesting fun fact that Jason wants people to know about his topic is that the Ferris Wheel was invented at the 1893 Columbian Exposition in Chicago, and we are still architecturally influenced here in Denver because of this Exposition.





# WHAT'S NEXT SENIORS?



## Kate Milburn Sammie Sheridan Marisa Emond

"I majored in Economics and Peace and Justice because I am passionate about social justice issues. In the future, I want to travel and experience new cultures. I'm not really sure what the future holds for me, but I'm open to anything."

-Kate Milburn

Sammie Sheridan is in her final year of school here at Regis and is excited to get into her future. After graduation, Sammie is planning on moving home, to California, and preparing herself to apply for graduate school in Occupational Therapy. Sammie's biggest dream for the future is "...to make a difference; whether it be on a large scale, such as within my community or on a smaller scale, such as for an individual." Sammie will miss Regis, but is excited about the future because she is ready to fulfill her dream of working with children.

"Being a part of the nursing program has given me the opportunity to explore all types of nursing. After spending multiple clinical rotations at different hospitals, my view on the role of a nurse has changed. In the future, I hope to be working in a hospital on the cardiac unit or helping to deliver babies."

-Marisa Emond





## Ryan Faris

"College went by way too fast! What's next? I'm taking a year off to do some volunteering and neuropsychological research. After that, I'm applying to medical school in Canada! Ideally, I'd like to get my MD, then travel the world with 'Doctor's without Borders!'"

-Ryan Faris

## Sarah Falco

As a fourth year Regis nursing student, Sarah Falco is nervous but ready for graduation to come. She has many exciting plans for this summer, including traveling to Ireland, and getting a chance to be a camp nurse at her favorite Life Teen summer camp, Camp Hidden Lake. Next year Sarah knows that she has quite a few places she can work at as a new college graduate. She doesn't know where she will be working until she completes her NCLEX exam this summer and can start applying. Sarah is most excited about the future because she says "I will be able to start forming my own nursing practice using Jesuit values to better care for my patients."

## Aleina Tanabe

"It is bittersweet that these four years at Regis have flown by. Next year, I'll be living out those good ole' Jesuit values in JVC. After that, I want to go to gradschool for public health and end up back home in Hawaii."

-Aleina Tanabe



# MEET YOUR TEACHER



## Dr. Brian Dwrecki Psychology Professor

Q: When you participated in a slam poetry night, was this something you do in your free time often?

A: A long time ago I was a free style rapper. It's an art of thinking on your feet and projecting style. I don't do that anymore because of questions of cultural appropriation. Poetry is a very short extension to my experience as a rapper.

## Dr. Emily Stones Communication Professor

Q: How did you get into communication?

A: I have a history in Theater and poetry performance. I thought I would be a theater major, but I had an interpersonal communication class that inspired me to pursue communication.

## Dr. Eric Fretz Peace and Justice Professor

Q: What is the most important tool you think individuals have in resolving conflicts peacefully?

A: In our society, it is very difficult for people to listen. It is important to quiet yourself to hear the other person. This is not the only thing, but on the most basic level this is very helpful.





Dr. Suzanne Caulk  
Calculus Professor

Dr. Eve Passerini  
Sociology Professor

Q: What math do you do when you ski?

A: My husband and I are mathematicians. When we go skiing with the children and we get trapped on the lift, we play a lot of guessing games. It started when the kids were little and we were teaching them addition and multiplication. Caleb got interested so we started timing the chairs on the lift.

Q: How did you get into sociology?

A: In the 4 years between finishing undergrad and starting grad school, I had a lot of different jobs. I directed a community peace and justice organization, I taught environmental education to inner-city and rural youth, and I was a case worker for abused and neglected kids. I got frustrated with the revolving door of social problems I saw--as soon as one person was helped, there was a line of others waiting to take their place. I felt like I was putting little band-aids on gaping social problems. I was motivated to go to grad school in sociology because I wanted to explore the root causes, and best solutions, to social problems.





**Dr. Michael Ghedotti**  
Biology Professor

"At Regis I can bring up meaningful questions whereas I would have to be very careful at a large public university. My favorite subjects would be anatomy and environment. I love anatomy because there is so much to learn, and at the end of the course we pull it all together to explain how things function. I realized I wanted to be at a small liberal arts school when I was in graduate school. I started with TA-ing and just loved teaching."



**Dr. Brian Baum**  
Health & Exercise Science  
Professor

"I believe this university cares about developing students and staff into better people. Exercise Science provides a foundation for improving aspects of life, health, and function. Students are able to apply this subject to better qualities of life. The more I teach, the more I learn. Each semester I am seeing an increase in interest and students are beginning to regard health more seriously."



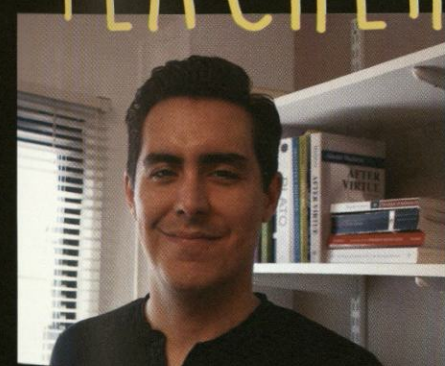
**Dr. Catherine Kleier**  
Biology Professor

"As a professor, basically I get to follow the pursuit of my curiosity. I've been at Regis for ten years and love care of the whole person. I love being able to talk with my students about what's important in life. Not just why we study biology, but how can biology make us happier and healthier people and make for a happier and healthier world. Over the summer I work with the Colorado 14ers initiative to restore trails."



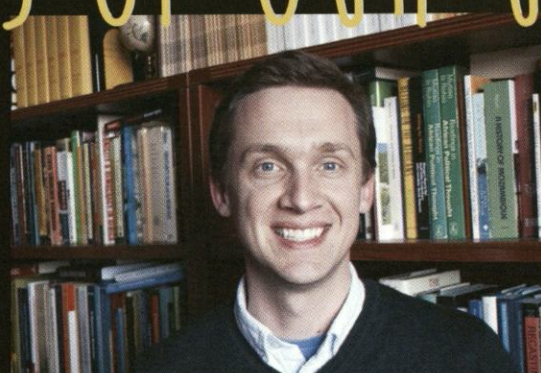


# TEACHERS OF OUR UNIVERSITY



**Dr. Gregory Grobmeier**  
Philosophy Professor

"I've always been drawn to the Jesuit model of education. The question of the mission statement: how ought we to live? That's a philosophical question. My job is to draw out and guide my students to their own truth. To cultivate a situation in which we both learn or experience something that is formative of the way we think or something that is getting us to call our assumptions into question."



**Dr. Ethan Sanders**  
History & Politics Professor

"My interest in Africa was first sparked by my trip to Kenya when I was an undergraduate. I started out in colonial American history, but studying Africa gave me far more opportunities to conduct original research. The more history one learns the more one becomes aware of how much they still don't know. I see myself as one who is engaged in the life of the mind while also being able to invest in individual lives."



**Dr. Andrew Lee**  
Fine Arts Professor

"I don't think my students are quite aware of how much traveling/performing/recording I actually do. As I type, my 10th album is in production, and I am gearing up for performances in New York, Philadelphia, and Boston. At the end of 2013, I received some major recognition for my recordings. My album Dennis Johnson: November (a nearly five-hour-long piece) was named the Best Classical Recording of 2013 by Time Out New York. Shortly thereafter, another album of mine, Eva-Maria Houben: Piano Music, was named one of the Top 10 Classical Recordings of 2013 by The New Yorker."



# OUR AMAZING TEACHERS



**Dr. Scott Dimovitz**  
English Professor

English professor, Scott Dimovitz finds joy in teaching literature, analyzing various novels, and writing some novels himself. Currently, Dimovitz is working on a piece about Angela Carter that explores her individuality and dissects her problematic views on psychoanalysis. His wife, Lara Narcisi is also currently teaching English at Regis University. They have two boys, Quentin, who is 6 and Beckett who is 4. We can recognize Dimovitz's love of movies through his son, who was named after his favorite filmmaker, Quentin Tarantino. Scott Dimovitz grew up in Pennsylvania and has been teaching English since 1999. He has taught at NYU, CUNY, Manhattan College, and of course, Regis. Some of his many passions include bicycling and playing guitar in his home recording studio. His most favorite passion, however, is literature and the power that it has in the world today. He conveys this love for literature by stating, "I am particularly



fascinated by modern and postmodern literature that pushes the boundaries of what is considered 'literary'."

**Dr. Maria Quijada**  
Business Management Professor

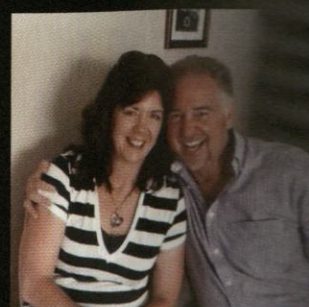
Business management teacher, Maria Quijada enjoys various activities such as cooking, crafts, cross stitching, and scrapbooking. Her greatest joy in life lies in her dog Stella. When they can, they compete in Nosework which is somewhat like drug sniffing, but a lot more fun! Quijada received her master's degree in Engineering-Economic Systems and Operations Research from Stanford University. She also received her Ph.D. in Management which she specializes in at Regis University. She teaches various topics such as management, leadership, and the power of women in business. Over the years, she has published many papers, as well as many conference presentations. When asked what her goal in the classroom is, she said, "My goal is to teach my students how to be better bosses." In doing so, she feels as though she can make a



difference in the business world. Quijada will continue to be an inspiration for others in the many years to come!

**Dr. Don Bush**  
Accounting Professor

Over the years, Don Bush has enjoyed various activities from construction to playing music. He has earned his Bachelor's Degree in Accounting Education and loves teaching his students various aspects of the importance of money. When he was twelve years old, Bush met his wife, Debby and they enjoyed spending their lives growing together. Bush has his own band made up of Regis students as well as alumni. Over the years, he's played xylophone with composer Ben Hummer, as well as trumpet player Ross. Bush also enjoys working on his tree farm in Belize. The couple is eventually planning to import ginger



U.S. while waiting for them to grow. I will continue to encourage students to enjoy life to the fullest and never give up their dreams.





## Dr. William Sutton Art History Professor

Art History teacher, William Sutton has been teaching at Regis University since 1993. Some

of his many passions include taking photographs and visiting art exhibitions with his friends. He portrays his love for photography by stating, "I do do certain activities to invite insights, and to create a welcome and fertile place for insight to happen." His love for taking photographs will continue to grow and inspire him throughout life. Regis University is a home away from home for Sutton. He enjoys how inclusive of a community Regis is and the message that it portrays to students. "Regis University and the Jesuit tradition have created a climate and environment of support for critical thinking and engaging the world to make a difference in people's lives."

William Sutton will continue to be inspired by the world around him and many people who are dedicated to their work inside and outside of the classroom.



## Dr. David Bauman Assistant Professor of Business in the College of Business and Economics

David Bauman grew up in the Appalachian mountains of North Carolina. Professor Bauman started his academic life with a liberal arts degree in Theology. He and his wife, Lila Bauman, Ph.D. moved to St. Louis in 2002 where he ran his own consulting firm and welcomed their son Scott. Professor Bauman's true love, however, was ethics, teaching, and researching how people make ethical decisions. He completed a Ph.D. in philosophy at Washington University in St. Louis before being hired by Regis in 2011. "I love the opportunities at Regis to develop unique courses and to build relationships with the students. It is a very special place." He enjoys listening to jazz, doing improv, playing the violin, singing with his wife, hiking, and biking. He even biked across America in 30 days in the late 1990's. In the future, he plans to write more about leadership integrity and create innovative approaches to lead others without authority.

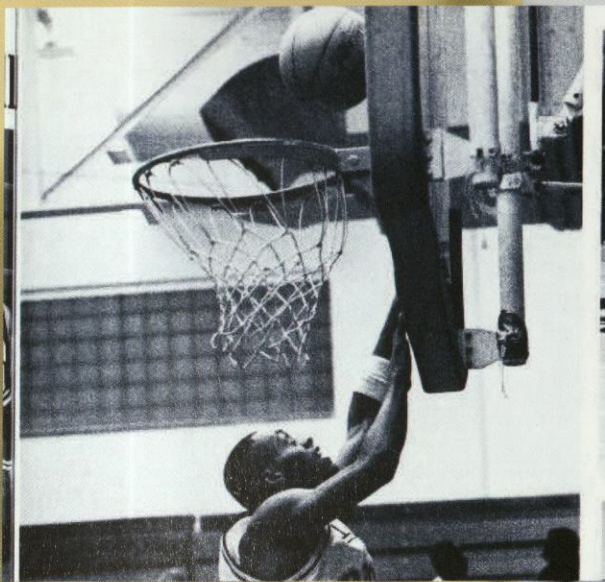
## Dr. Russ Arnold Religious Studies Professor

Religious studies teacher, Russ Arnold finds joy spending time with his wife, Ginger, and their two boys, Isaac, and Asher. Their most favorite activities are skiing and hiking. Arnold enjoys coaching his boys in soccer and believes in the importance of family fun. Over the years, Arnold has lived in five states and has visited various countries. However, his greatest passion lies in studying the Gospels and teaching his students about their message. Arnold came to Regis in 2013 after teaching for seven years in Indiana. When asked what he loved about Regis, Arnold

answered, "I came to Regis for the opportunity to teach in a college committed to teaching the whole person. I love that at Regis I can engage in rich teaching and learning with students about questions of meaning and purpose, both as they are engaged by various religious traditions, and in our own lives and practice." Arnold will continue to engage students in class discussion and allow them to recognize the power of religion and the impact it has on one's life.







ONE FOR

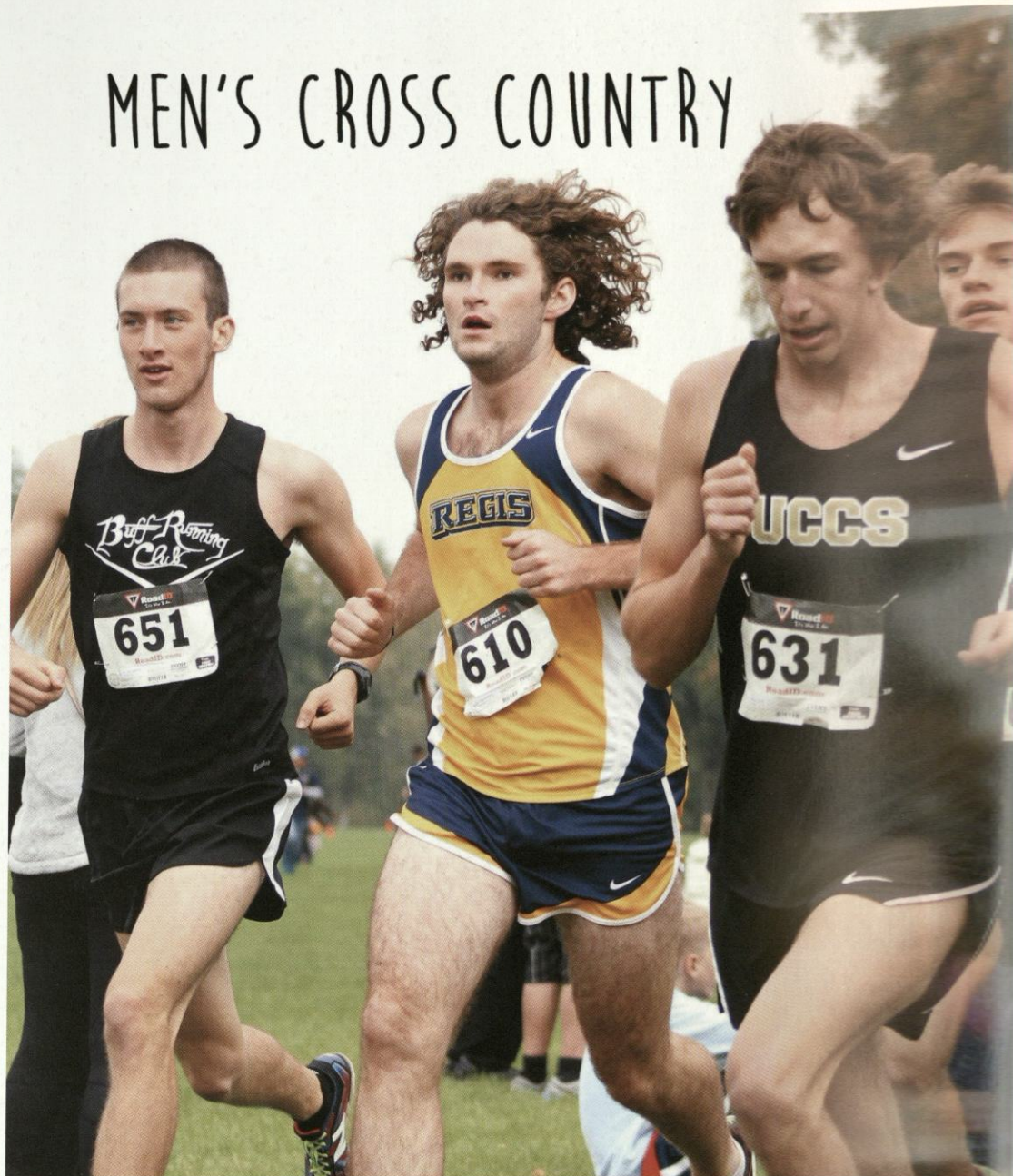




THE WIN



# MEN'S CROSS COUNTRY



"Cross country is where you run a lot, hear Carl Nelson talk about politics, and steal pumpkins with Paul Armstrong going to Little Man Ice Cream."

- Justin Hinckley

## Boys will be Boys

This year the Men's Cross Country team ran in seven meets that range from Colorado, Missouri, Texas, and California.

"The funniest moment was in the cafeteria at Adams State when people were Yik Yaking mean things about us. We did nothing wrong." - Kian Hartley

"At Olive Garden after a meet, we told the waiter it was Coach's birthday and our coach doesn't like things like that. So we thought they were going to sing Happy Birthday, but nothing ever happened. It was a lot of anticipation for nothing." - Justin Hinckley

For these two freshmen, they look forward to more funny moments in the seasons to come.





# The Final Finish Line

The Women's Cross Country team has grown as a family throughout this season.

"The best part of being on cross country is just being a part of the team. When the mornings are dark and cold the team motivates me to get out and run."

- Kate Wallerius

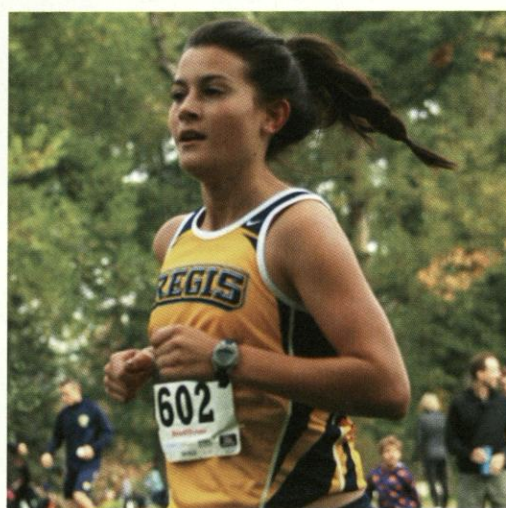
"The dreaded 6:30 morning practices where we run 'lappers' in the moonlight or the two-hour weekend runs have really gotten me into shape, but have given me friends that will last a lifetime."

- Emily Perez

For senior, Kate Wallerius, she is thankful that her four cross country seasons have been spent with amazing teammates.

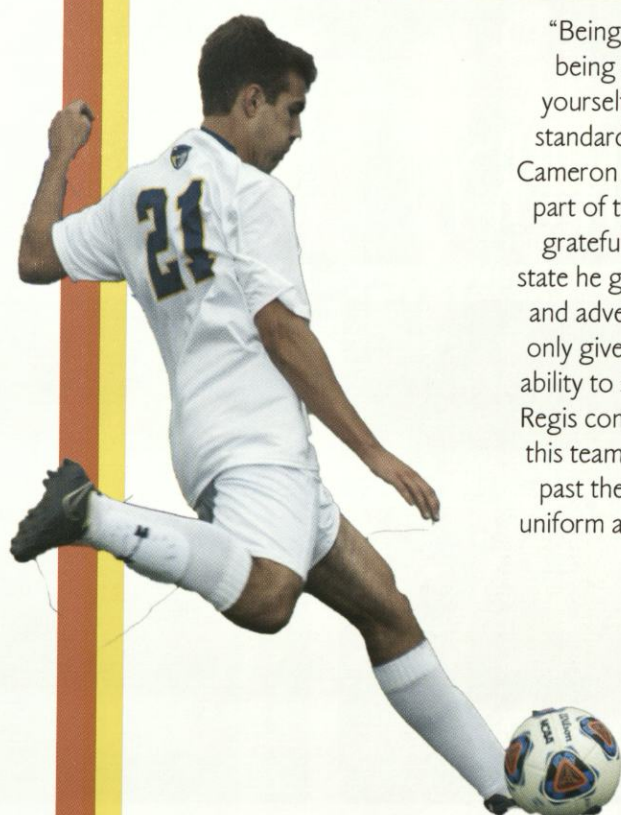
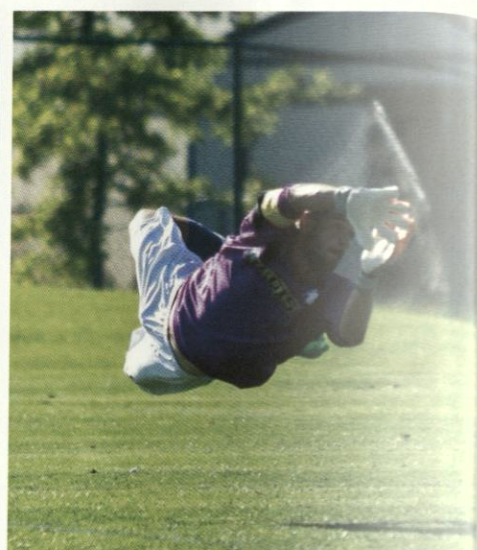


"The best part of cross country is Mulan jam sessions, Coach's nostalgic stories, piling in the ice baths after practice, eating our body weight in pasta, and jamming out to Will's homemade pump up CD. But the only thing that matter is we are all doing it together." - Emily Perez

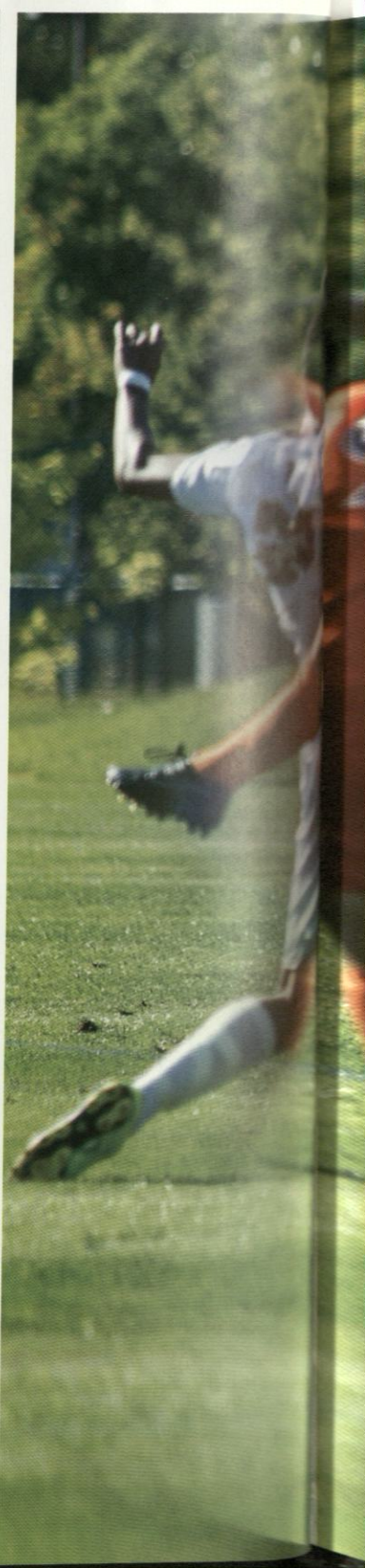




"My favorite part about being on the men's soccer team is playing the sport that I love with my brothers and for my school." -Jake Gilchrist Dudley



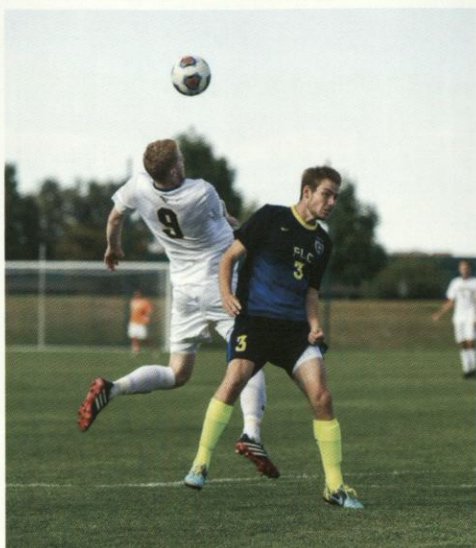
"Being a part of the soccer team means being a part of something bigger than yourself and holding yourself to a higher standard in order to be successful." Junior Cameron McCaslin, is happy to not only be a part of the Regis Men's soccer team but is grateful to play the game he loves in the state he grew up in. With a mixture of laughs and adventure, the Men's Soccer team not only gives Cameron and his teammates the ability to succeed on the field but also in the Regis community. The chemistry that brings this team together is strong enough to last past the four years they wear the Ranger uniform and will continue to benefit them in the years to come.





"On and off the field I know we have each others back its nice to feel apart of something great." -Ryan Urwiller

"I enjoy traveling because we always have good laughs and work hard together." - Connor Adkisson



# MEN'S SOCCER





Danielle Dageenakis is a senior defender/ midfielder on the team.

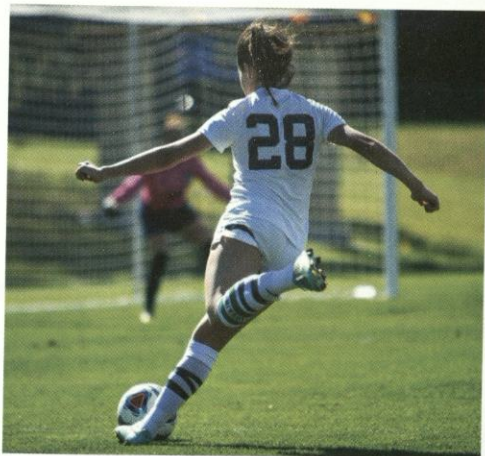
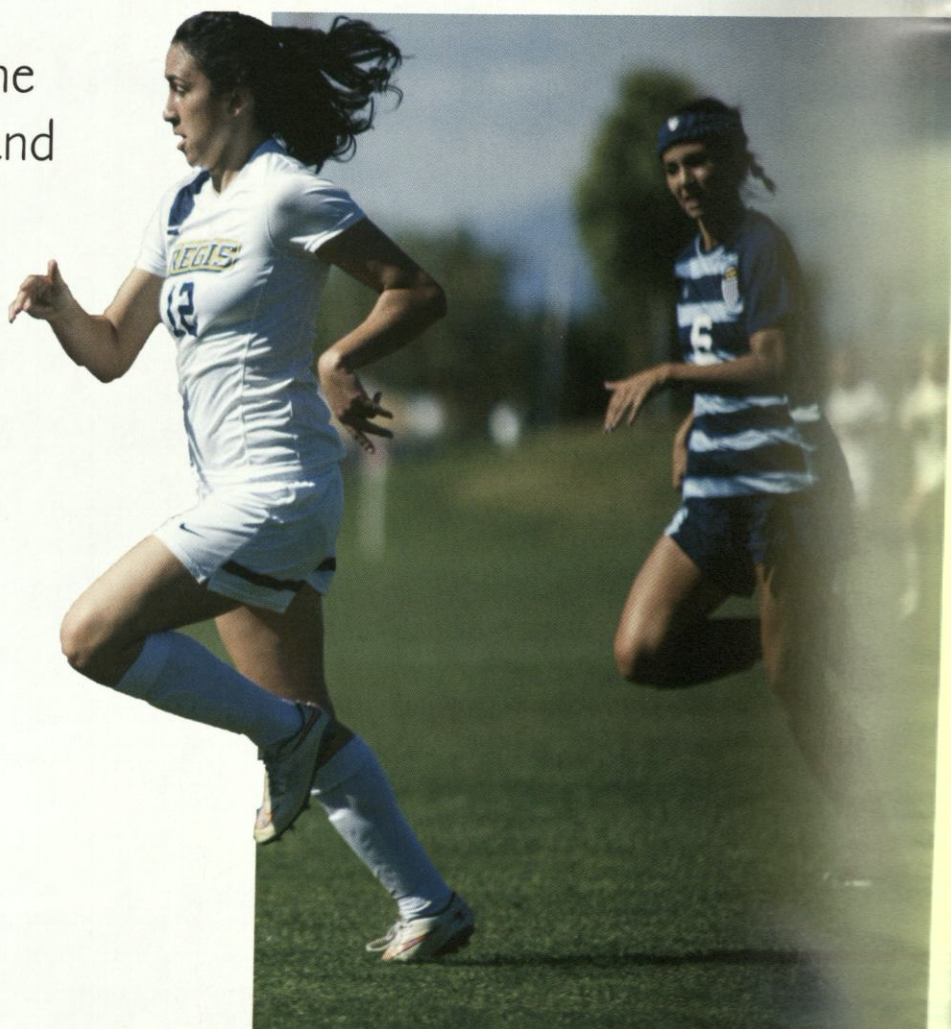
"My older brother played soccer until he was in high school so I grew up around the game and always wanted to be outside tagging along with him and his friends and that's the game we always played. I fell in love with it!"

"Every season at Regis has exceeded my expectations. I've learned so much playing here and I'm blessed to play with amazing girls who I know will be my best friends for life!"

"I love spending time with my family and friends, whether we are going on hikes, snowmobiling, or exploring, we all have so much fun together."

I'm probably the quietest player in the locker room before games, but I love listening to the music and just hanging out with the teammates before a big game! My biggest accomplishment is the fact that I had the opportunity to play college soccer, I made memories that I will look back on the rest of my life!

"A quote that sums up the season is 'good, better and best.'" -Regan Bosnyak



"Even though we are only better than decent twice a season, we still have no bad days." -Rikki Fix

"Celebrate your differences." -Alexa Lonsdale



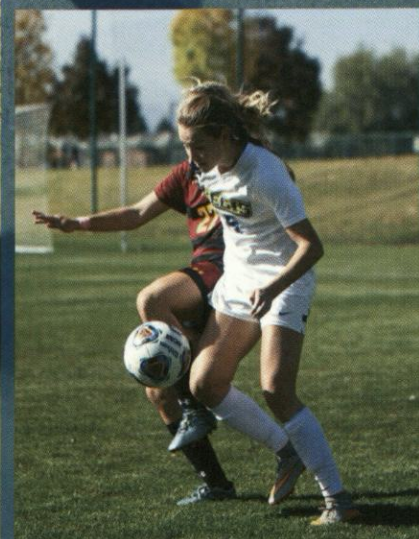
# WOMEN'S SOCCER



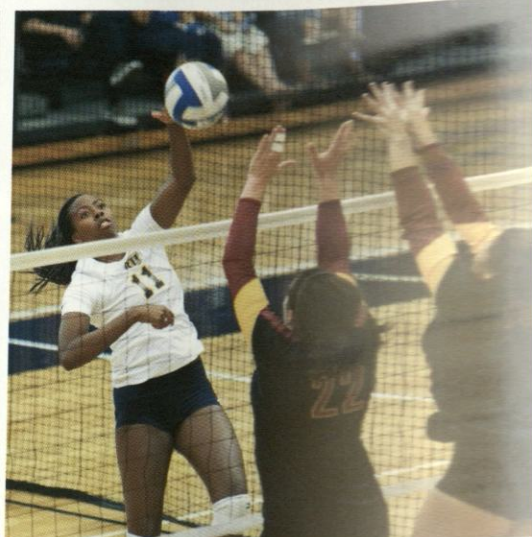
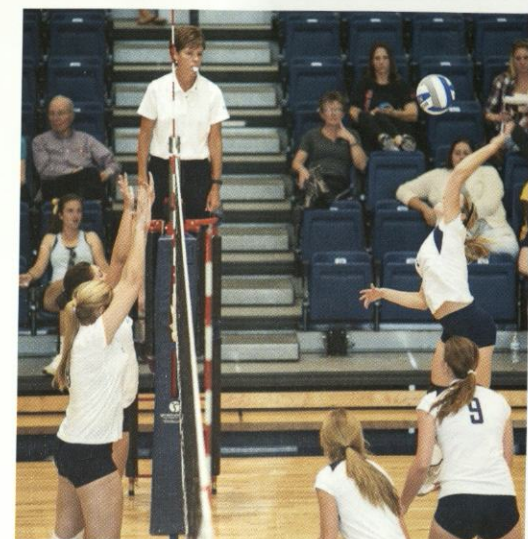
Above: Caelyn Hirschman  
Below: Sade Akindale



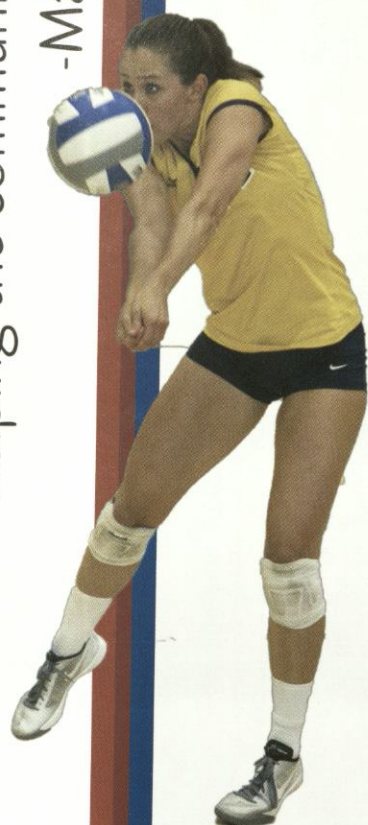
Above: Annika Hills  
Below: Maggie Saras





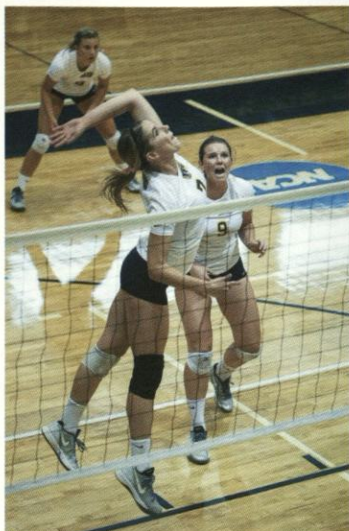
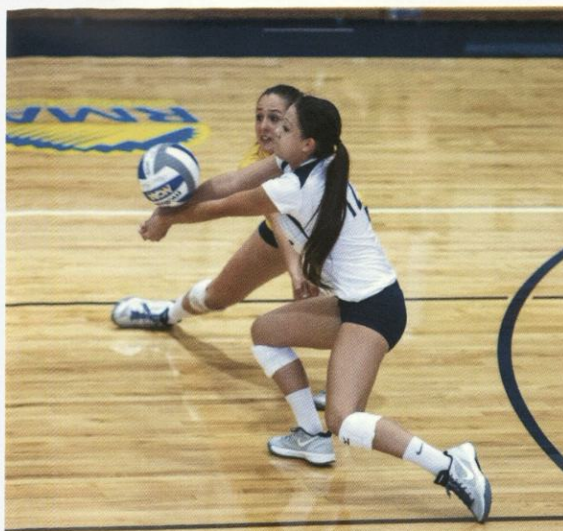


"I really enjoy all of the work we put in to team impact helping the community is always a great experience."  
-Maggie Steward



New team, new players, a whole new dynamic; within the past year the women's volleyball team has evolved. With all of this change comes a new team with a different chemistry. Sophomore Health and Exercise Science major Caitlyn Martinez, believes that "Being a part of a team is like being a part of a big family, especially if you are away from home". As a result, this team/family is not always the competitive powerhouse team that is dominating the RMAC division. But they are also a group of girls that love to help the community and create fulfilled memories with each other. One example of this that Caitlyn shared with us is "One time, during practice where Maggie Steward blasted a ball and it hit Ali Orlandini square in the stomach as she was in the air hitting another ball. All we heard was a grunt and a thud as Ali crumpled to the ground and we didn't know whether to be concerned or laugh!"





"The team (has changed so much). We have a lot of new faces and it has been both challenging and exciting to see the new dynamic we have."  
-Jac Williams



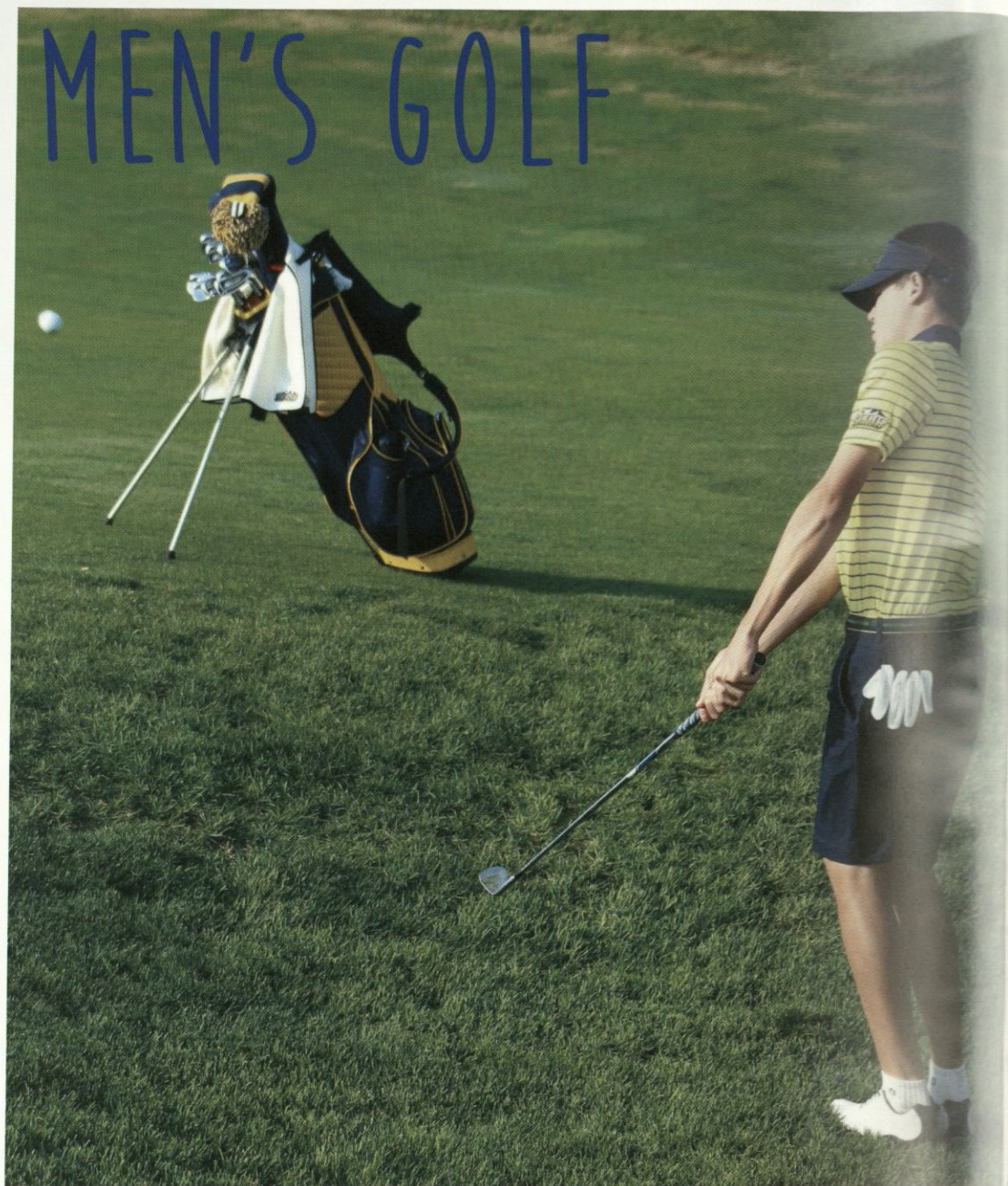












"My favorite golf course I've played on is Torrey Pines because of its history and because of its involvement with the PGA Tour." -Drew Vance



## Changing Course

Senior Matt Robertson began playing golf when he was very young and never thought the sport would lead to a college career playing for Regis. He said, "I began to play golf when I was five or six. I grew up a competitive freestyle mogul skier my whole life and traveled around Colorado and the U.S. competing. The hardest decision of my life was giving up skiing and pursuing golf. I always loved golf but didn't play year round like all the other serious junior players at the time. Coach Kramer had always followed me and watched me in high school and once I decided I wanted to play he recruited me and now I am here at Regis." Robertson proves sometimes those hard decisions pay off in the end.



# On the Dot

Athletes are known for their superstitions when it comes to their games and senior Rachel Rodriguez is no different. She can never be without a purple Sharpie during a tournament, Rodriguez said, "I have to mark my golf ball with a purple Sharpie and it has to be three dots and a purple line. I can't play golf if I don't have a purple Sharpie. That started in high school. I literally made my mom go to Walmart during a tournament to go get a purple Sharpie because I lost it." The reason why it must be a purple Sharpie? "Purple is my favorite color," Rodriguez clarified. By the end of her college career, Rodriguez said she will have probably gone through 16 Sharpies.



"My favorite golfer is Martin Kaymer because he blew me a kiss at the BMW Championship and we are going to get married now." -Karli Denk







## Ryan Beisty

Ryan Biesty (left #30) is a 6'7" freshman forward from Newcastle, Australia. When asked what it is like playing basketball so far away from home, Beisty stated, "It's a bit different but it's great. We train a lot more than I did back home and the intensity is always really high so that's been a change...Just being away from home and not having my family at my games has been different as well." Ryan went on to talk about the team and his favorite part of playing for Regis. Ryan says, "My favorite part of being on the team is probably playing with the guys we have on the team...As well as that it is a really nice school and we seem to get a fair bit of support from the students at games which has been a lot of fun." He also shared that joking around with his teammates in the locker room and on road trips has been very enjoyable to be a part of.

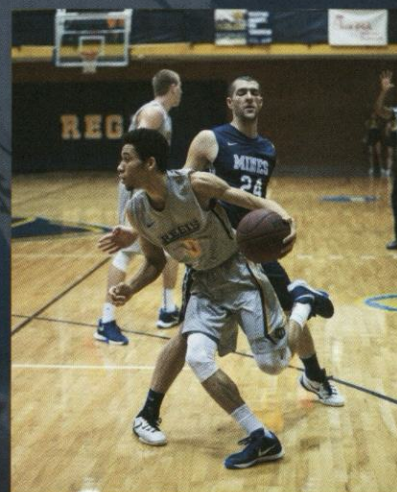
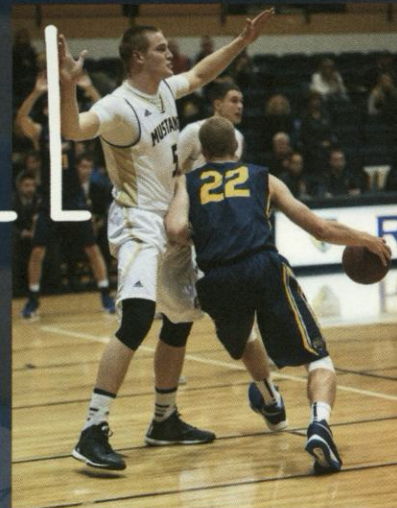
"I enjoy just being together with the team and joking around. Individually my favorite part of basketball is scoring 41 points with 10 3-pointers."

-Jarrett Broadbeck





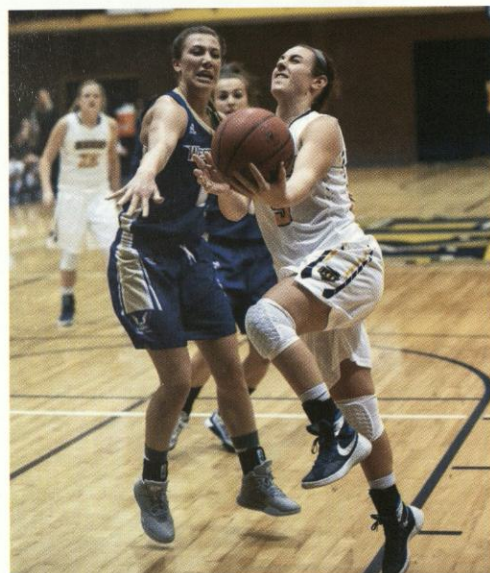
# MEN'S BASKETBALL





"My teammates and coaches are people that will always be apart of my life and the opportunity for this years season to be an unforgettable one showing everyone in the RMAC what Regis is about."

-Jessica Ramos



## Kaylie Rader

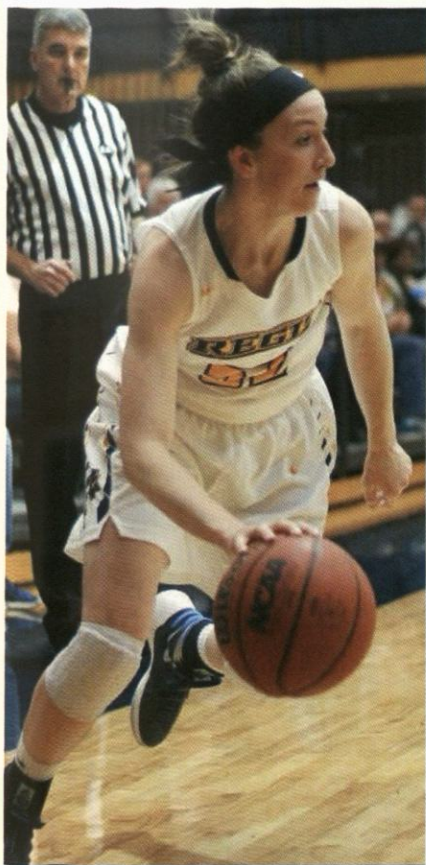
Basketball player, Kaylie Rader loves being part of the Regis community and traveling with the team whenever they play a game. When asked what her favorite part about Regis was she states, "My favorite part about going to Regis is the people. The students and staff at Regis are so great!" Rader is planning on getting a second education history major. She loves the education department at Regis and cannot wait to see what the future has in store for her at Regis! Another great passion of Rader's is the Broncos. She is so happy that the Broncos won the Superbowl and is already counting down the days until the season starts up again.







# WOMEN'S BASKETBALL















This year is Drew LaComb's second year on the Regis baseball team after transferring from a school in Arizona. Drew was inspired to come to Regis because "...it's small close knit community, great academics wonderful student life, and also because of the baseball program." He says, "I couldn't pass up the opportunity". Drew is strictly playing third base on the field this year. His favorite memory from the Regis baseball team, so far, is when they beat Colorado Mesa last year and took them out of being the #1 seed in the country for D-2 baseball. Though Drew mentioned that his favorite personal memory "...was hitting a walk-off home run against Central Oklahoma in Hays, Kansas last year." Drew's advice for future Regis baseball players is "Get involved on campus. Make an impact in the community and make a great name for the baseball team. It is very special to be a Regis baseball player, and it would be valuable for players to make a positive impact on the university and community." Drew is dedicated to and excited for his final season playing baseball at Regis.

"Through all the ups and downs of a season, teammates become brothers who are able to take those lessons learned each day into life after college. Also, the countless hours my friends and family have come out inspires me to play my heart out for them day in and day out. Finally, through asking Christ to take over my life each day I'm able to work for the fellas on the squad and give everything for them." -John Mulhern



Will Waterman is from Portland, Oregon and chose to come to Regis because of the baseball team and because Denver piqued his interest. His all time favorite baseball player from history is Ken Griffey Jr. because "...growing up, the Seattle Mariners' games were the only games on TV and he made me interested in baseball simply by how he played the game." Will loves his team. He says since the pitchers spend time separate from the rest of the team during practice they are close-knit, but they fit into the team dynamic well either way. Will's favorite memory from any season are the team road trips. He recalls, "with so many guys on the team, every road trip is bound to lead to some good stories!" The best advice Will has for future Regis baseball players is, simply to remember to have fun.





# BASEBALL



"My inspiration lies within the game itself. The joy of stepping onto the field each and everyday is unsurpassable. Playing the game for my friends, family and brothers on the field is one of the greatest feelings and you learn to cherish every moment that you get to play the greatest game on earth. I play for the love of the game" -Kirby Schwein



"What inspires me to play baseball is the ability to play the game I love, with the best teammates and friends I will ever have. Playing for and with them everyday is what allows me to show up to the field everyday ready to win." -Ty Overboe



"I have been doing this since I can remember, and can't think of my life without it. It gives me an opportunity to be a part of a team and a brotherhood that I know I will have for the rest of my life." - Zack Dedin







"I play softball because I'm in love with the game! It is apart of who I am, and has taught me countless life lessons all while blessing me with fabulous friendships and memories over the years!" -Bradey King

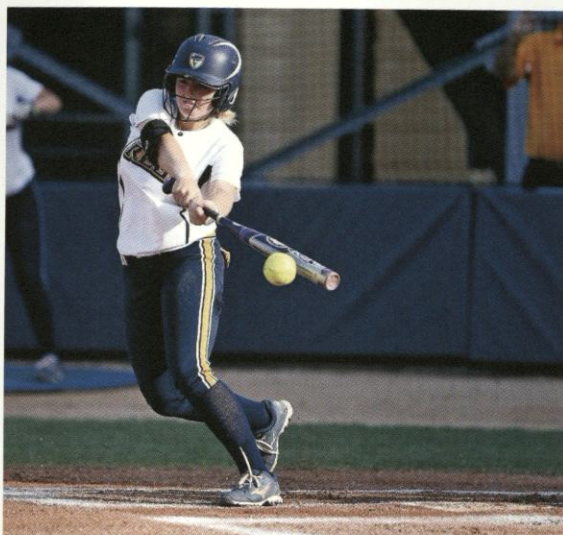


Nicole Aviles believes, "Being a pitcher is one of the most mentally draining positions on the field, but as a pitcher you are involved in every play." Even though the position is draining she said, "When you're successful it is one of the best feelings in the world." One of the most memorable games she has pitched in awhile at Regis was the RMAC tournament championship against Metropolitan State University in which the team won 1-0. She described, "Those close games are the best to play and I have never been more proud of my teammates than in that moment." Being a part of the Regis Softball team has given Nicole a second family because "When you play for the person standing next to you instead of yourself, it makes success that much sweeter and makes you push yourself further than you thought you could."





Emily John has been playing softball her entire life. In the 7th grade, Emily began to play competitively, which eventually led her to Regis. Of all the memories she has had while playing for Regis she said, "The best memory I've had so far playing at Regis was winning the RMAC tournament championship last year!"



# SOFTBALL





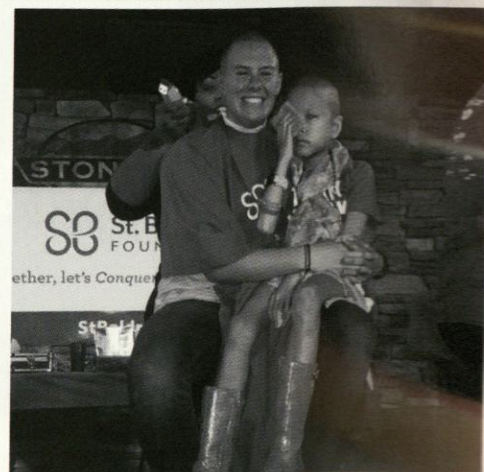


Grace Rosenthal (right) is a freshman attack from Columbus, Ohio. In her first year at Regis, Grace's most memorable moment was going to North Carolina for their spring break trip. Grace said, "It was great bonding time for us all and we did great in all of the games we played." When asked about her favorite thing about playing lacrosse for Regis, Grace talked about the support from her coaches and how they want the girls to succeed both on and off the field with an emphasis on homework. Grace also said, "I like how our team will do a lot together whether it be team meals or going hiking, etc." Grace also talked about how playing lacrosse in college makes her use her time wisely to be able to balance lacrosse, school, and her social life.

"My favorite part is that the focus is not all on the sport--coach challenges us to become better people, students, and players everyday. We do a huge amount of community service; my favorite includes being a part of Team IMPACT where we drafted a 7 year old, Daisy, with brain cancer onto our team and she has become part of our lacrosse family over the last three years." -Emily Elkins



"Shaving my head was actually an impulse decision. I love my hair, but St. Baldrick's and Daisy are more important to me. My littlest teammate Daisy inspires me everyday. I did it for her." -Wendy Donier (right)





# LACROSSE

"My favorite part in particular is the rap battles we have between positions: Attack, Midfield, and Defense. Each position pokes fun at each other. It's a great way to come together."

-Tierra Romero



"My most memorable time would probably be this spring break trip we just took to the Carolinas. Just all being together and having nothing to do but do what we love and play lacrosse and be with each other is something I'll never take for granted." -Katie Coleman







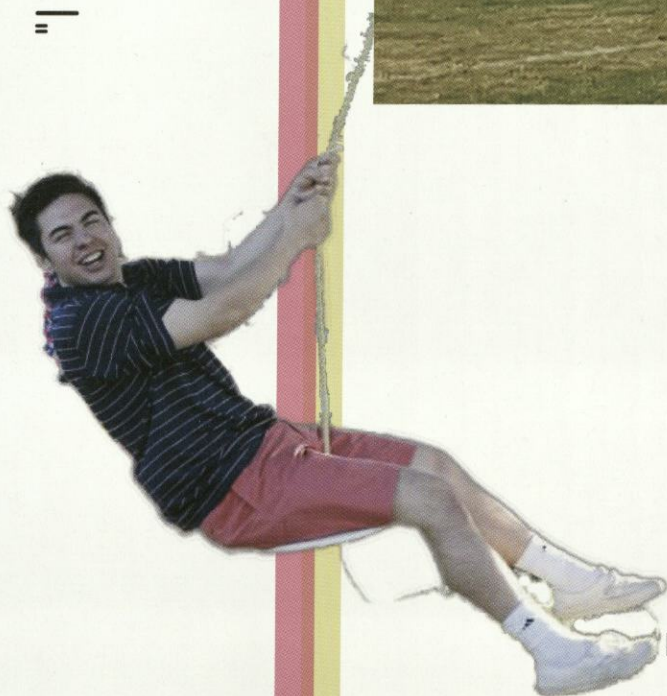








"I play Rugby because it's fun, and I get to tackle people!"  
-Stephanie Valencia Chaves



This being Loyola Chacon's third year on the men's lacrosse team he has fun being an upperclassman because he feels like someone whom others can look up to. Loyola believes that "Regis lacrosse is special because we have a great group of guys that aren't just in it to win it, but also to have a good time outside of lacrosse too." He plays for the thrill of the game and is especially looking forward to breaking the point record during this season. Loyola's most memorable goal happened when he came around the crease and was being pushed to the ground, but instead he turned around, shot and scored.



"My favorite part of being on the team is having the friendship and support from my teammates, as well as, bringing these bonds to performances.

The most memorable part of this year was the performance at the men's and women's basketball games against Metro State, where we performed a full team routine to a Beyonce mash-up."

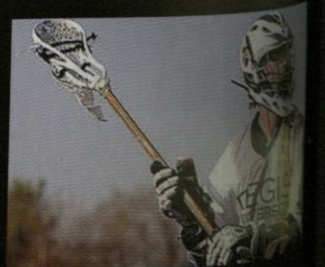
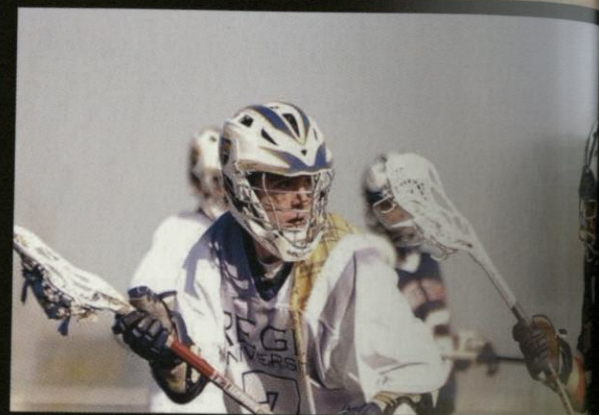
- Shae McGuinness



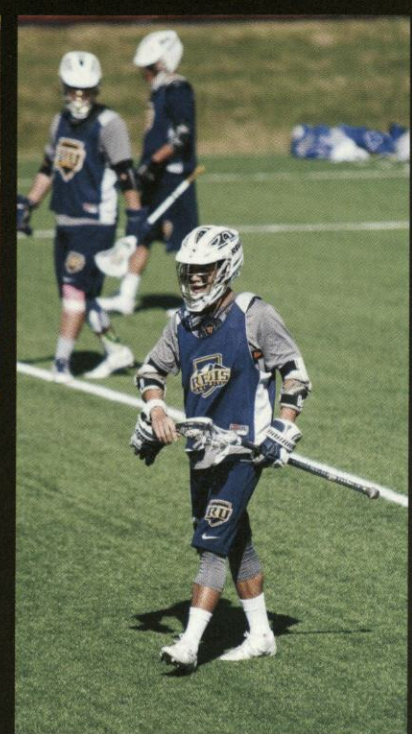
# CLUB SPORTS















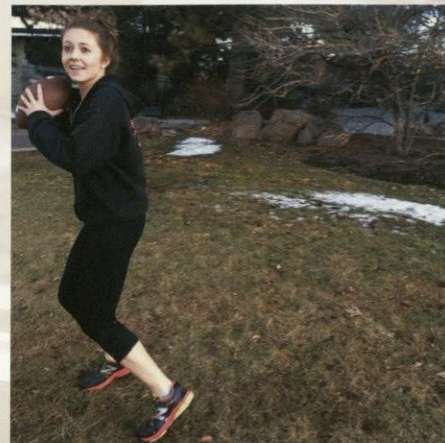
## Committed to Competition

Committed to being a good sport, senior Katie Kirk said she has played every intramural sport at least once. She said her favorite memory was while playing basketball, in which, "Our co-ed team BEAT the physical therapy team in the championship to win the t-shirt! It was so fun." She later explained, "Throughout my four years here, intramurals has definitely been my favorite activity I've been involved in. Playing intramurals helped me meet a lot of people and stay active. I was able to relieve some stress while showing my competitive side as well."

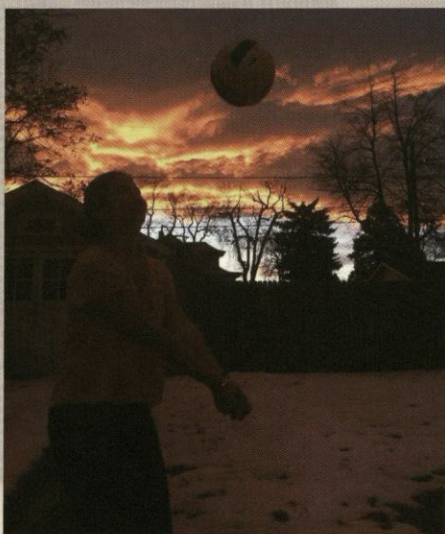
"Intramurals has been a great way to compete in fun, different sports with some good pals!"  
-Tim Schulte







Allie Wilson said the best experiences while playing flag football were, "Gaining team members, meeting new people, and growing as a team." She also wanted to make a special shoutout to SEAL Team 6!



Opting to play intramural volleyball, Aleina Tanabe said, "I chose volleyball because many of my friends were going to play and flag football is a little too cutthroat for me."





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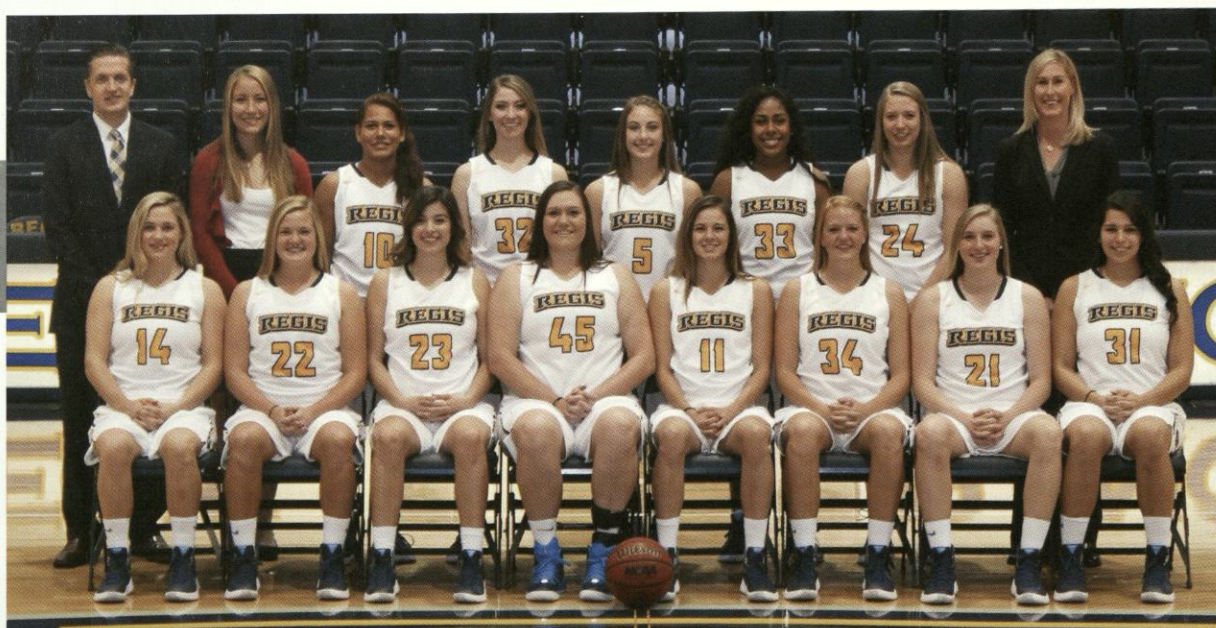
# VARSITY SPORTS

Softball



Lacrosse

Not Pictured



Women's  
Basketball



# Baseball

Not Pictured



# Volleyball

# Men's Basketball

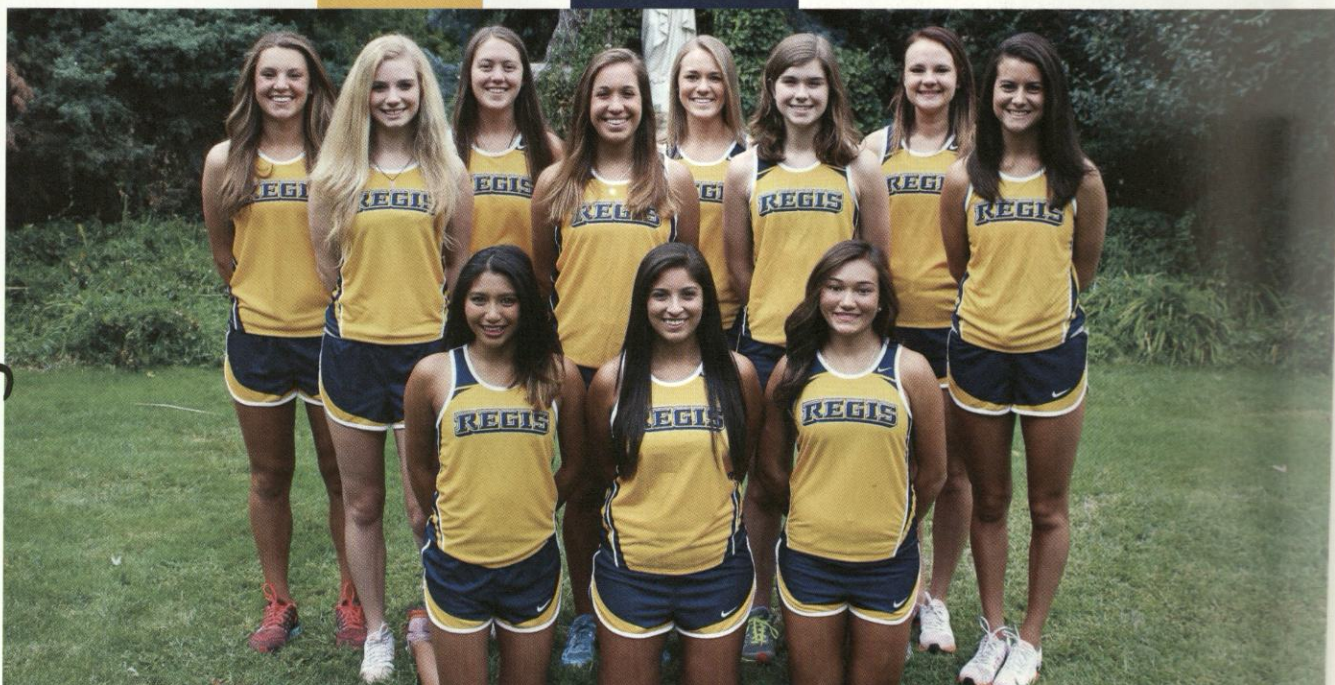




Men's Golf



Women's Cross  
Country



Men's Soccer



# VARSITY SPORTS

Women's Golf



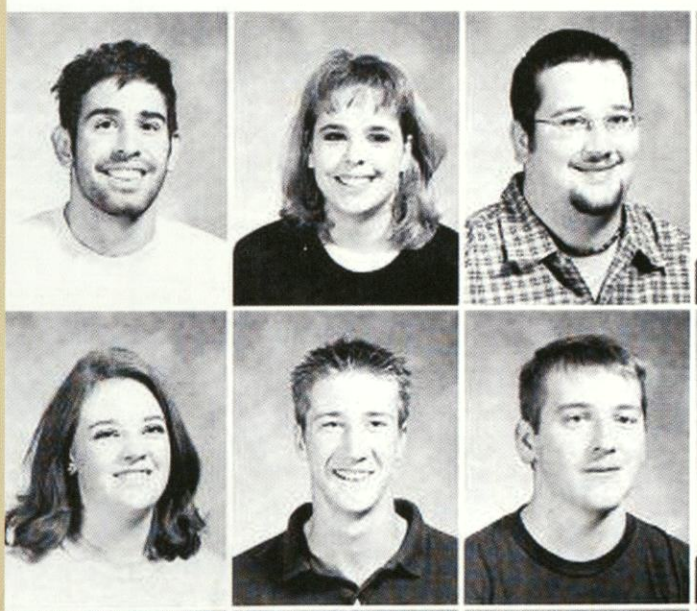
Men's Cross  
Country



Women's Soccer







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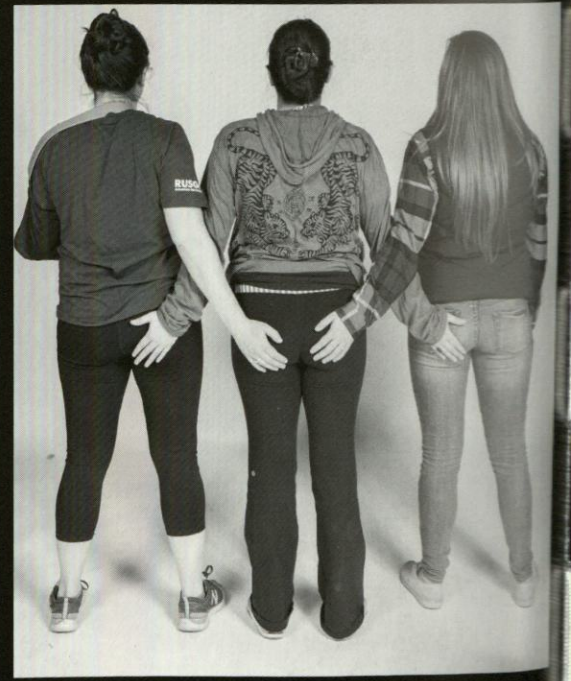
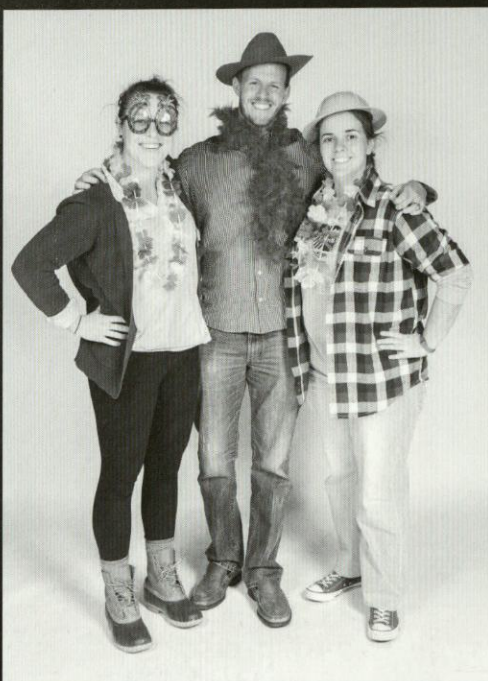
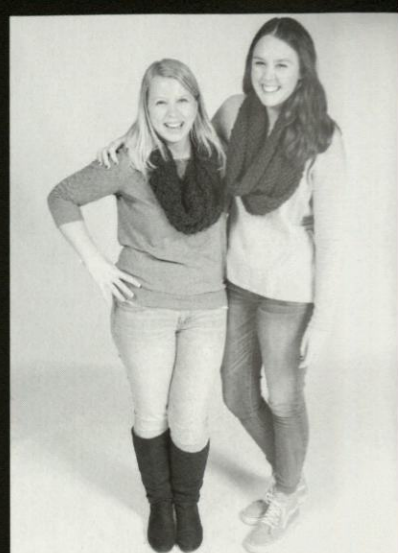
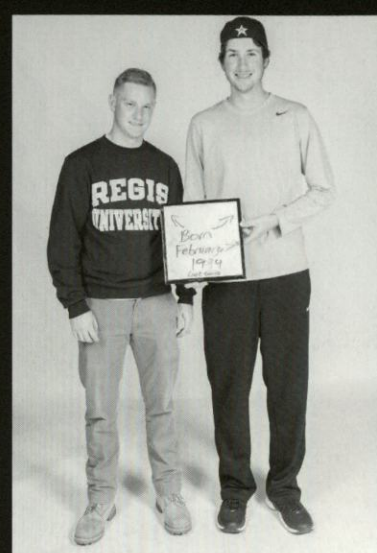
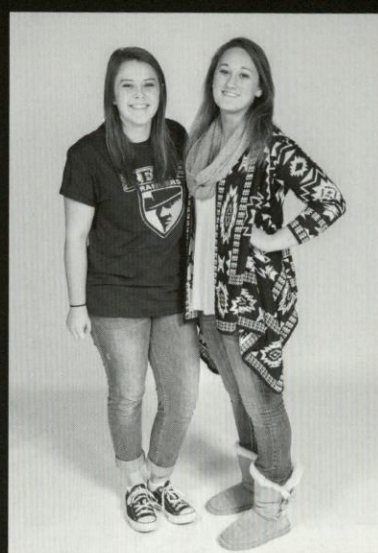
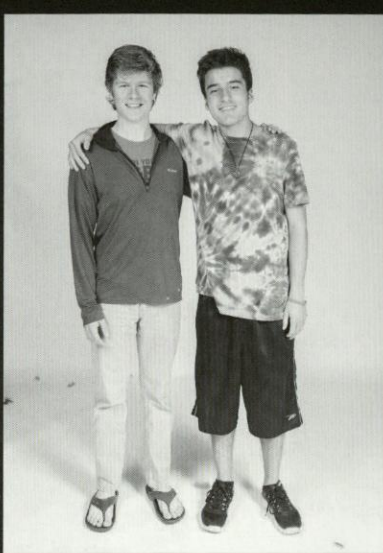




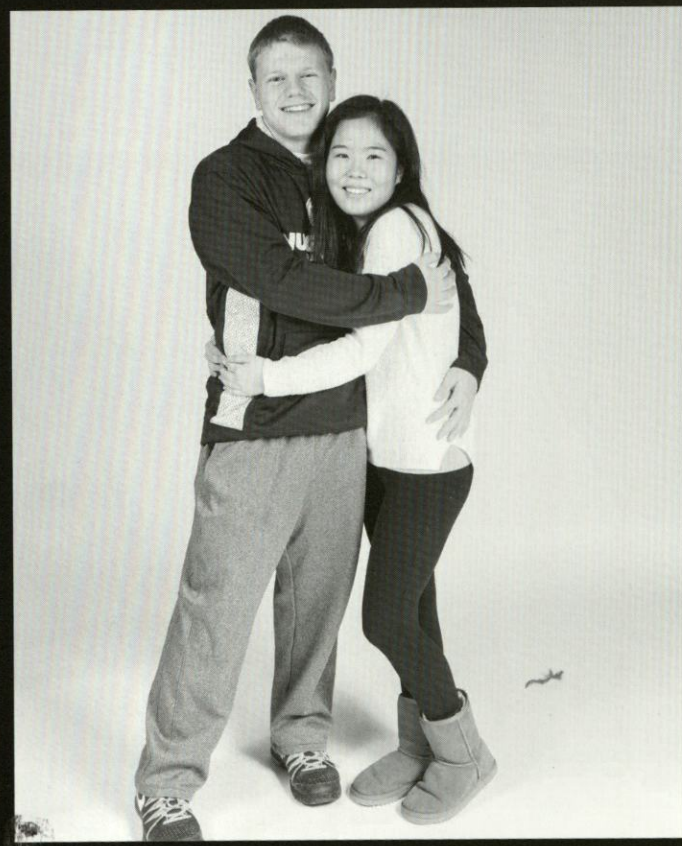
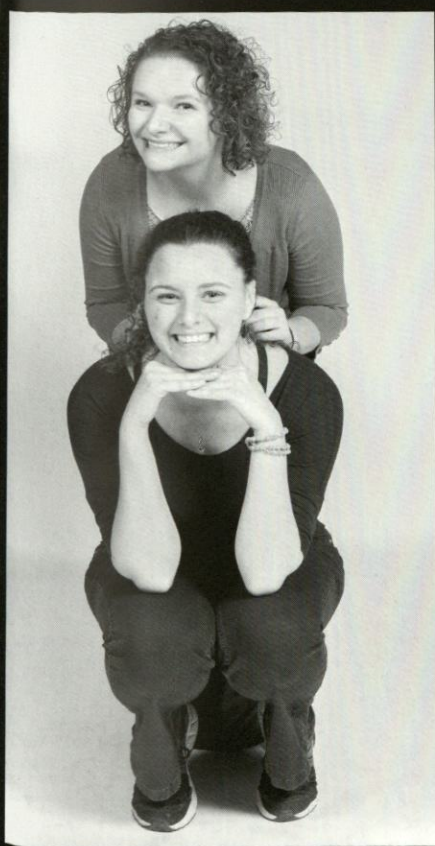
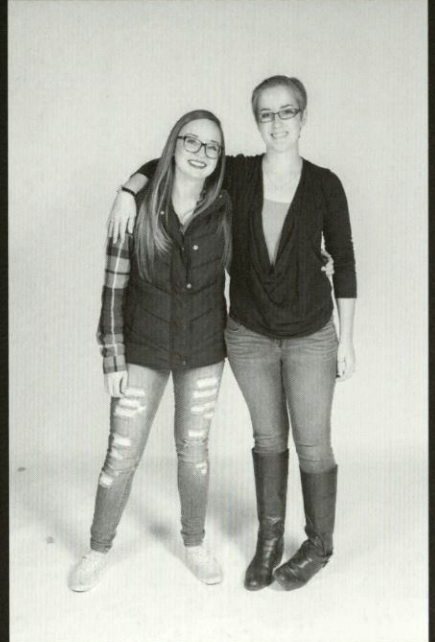
# THE MEMORIES

These guys  
are  
CRAZY!

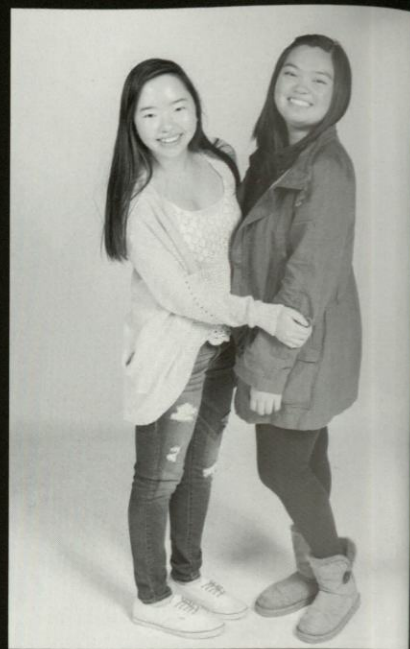




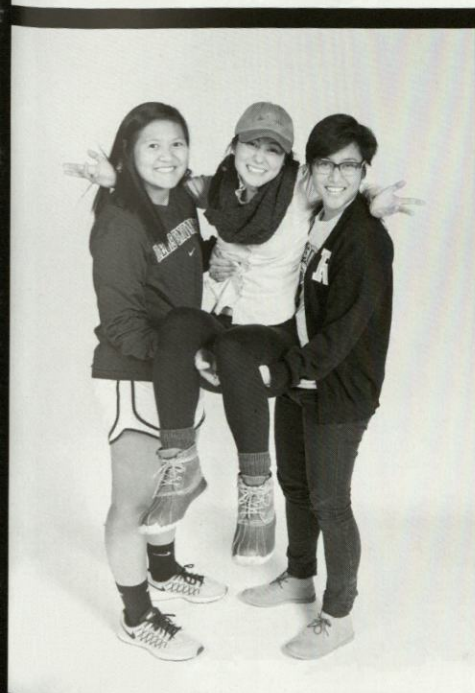




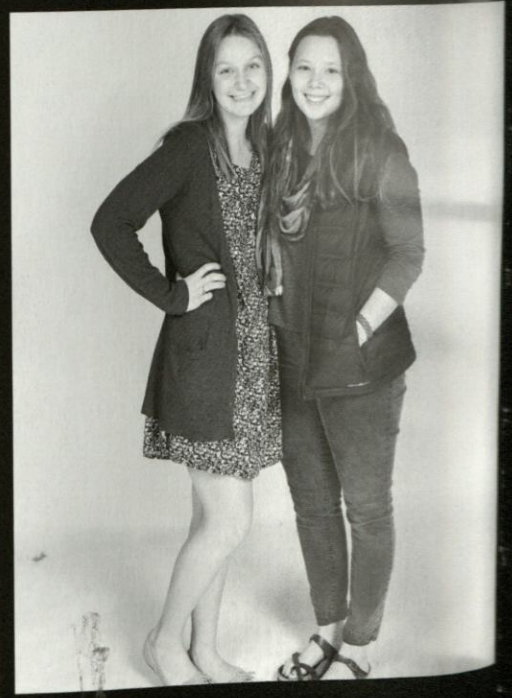
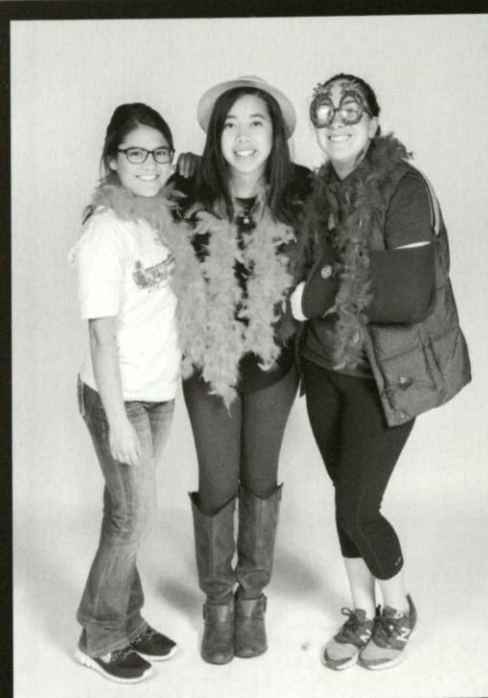
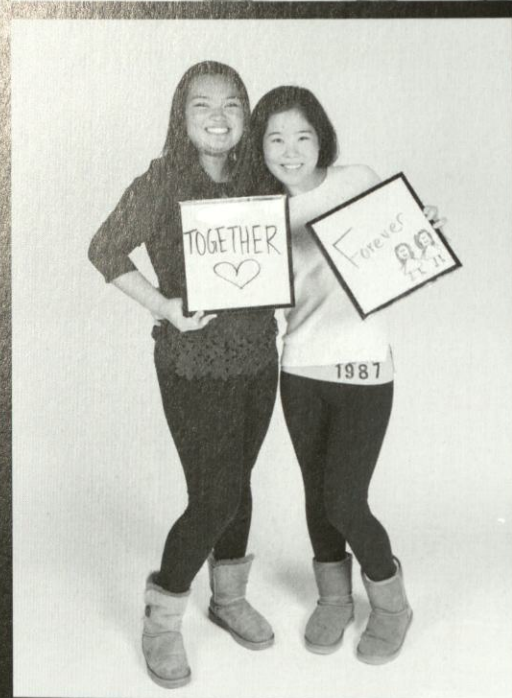
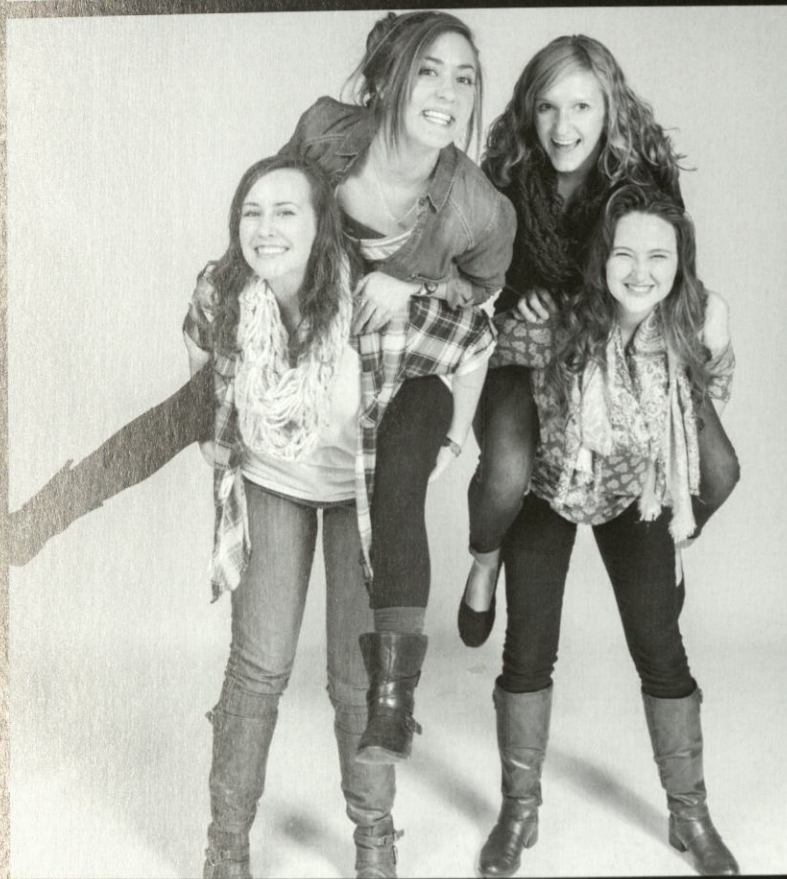
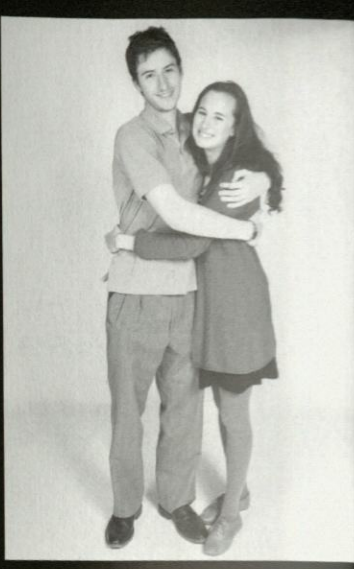
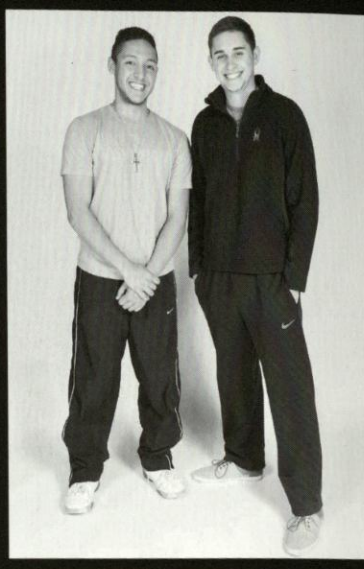
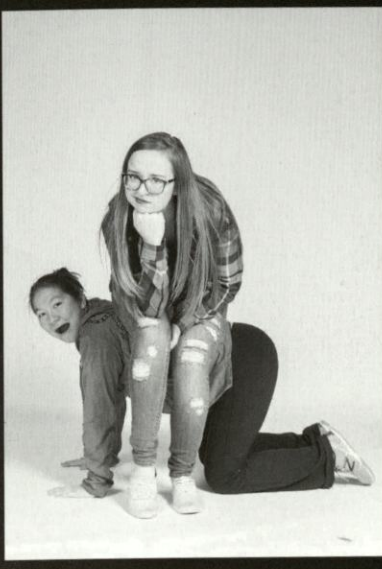




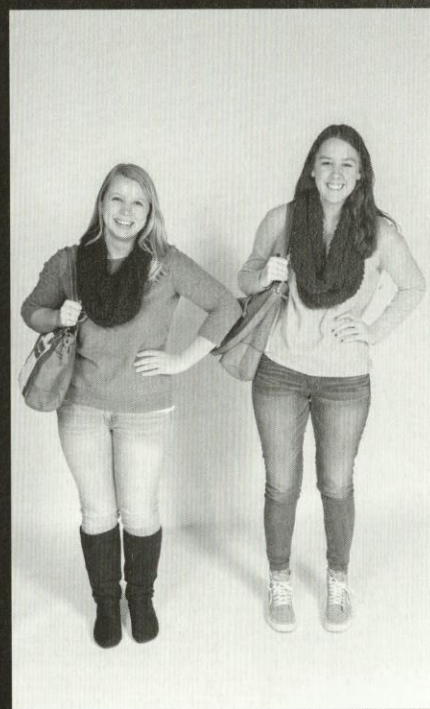
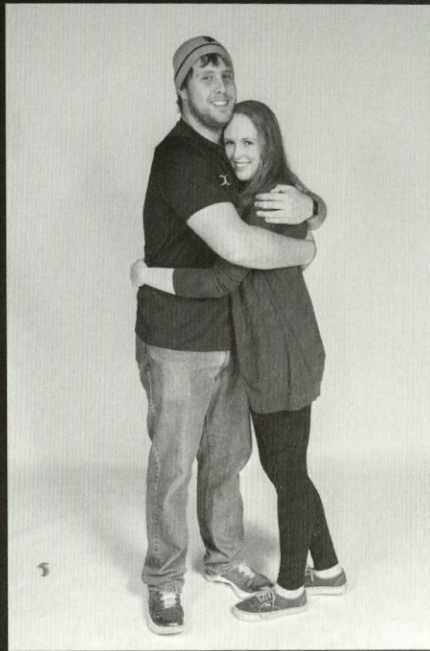




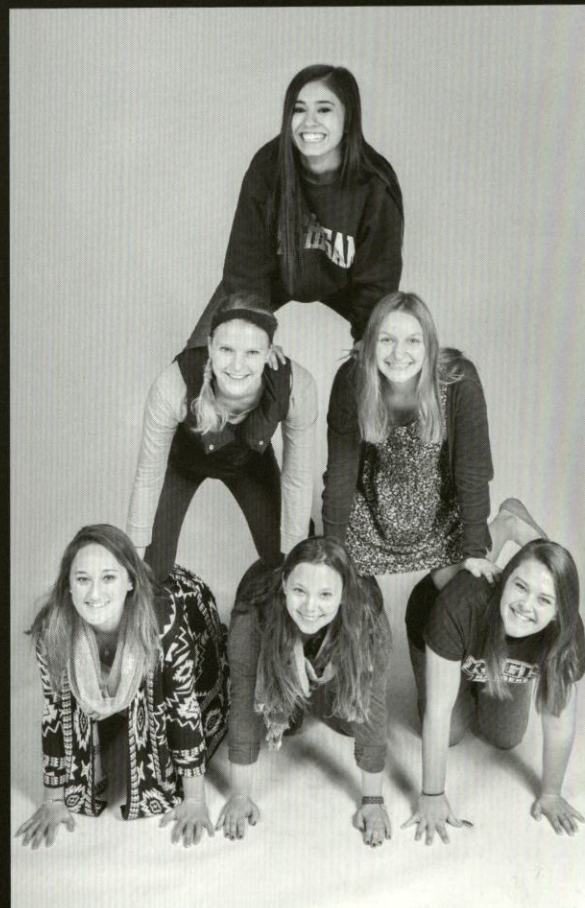
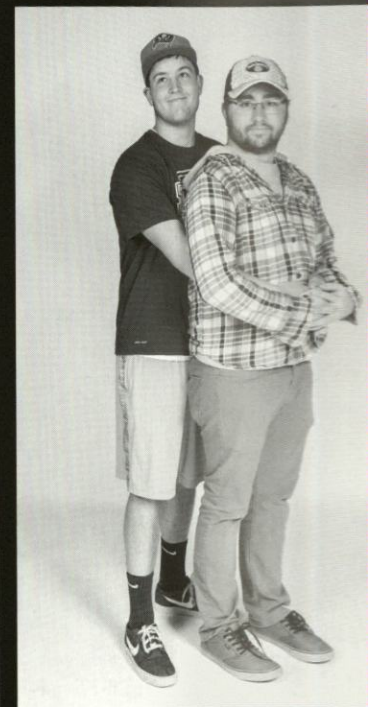
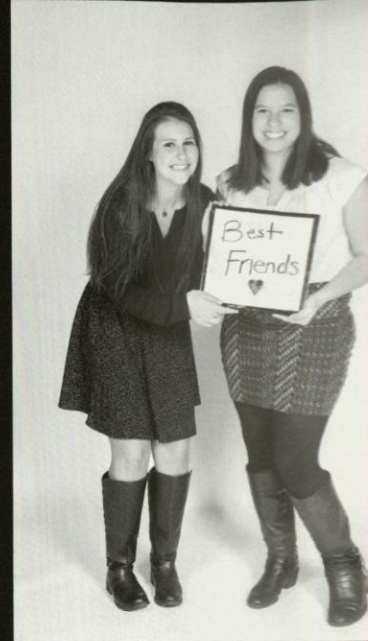




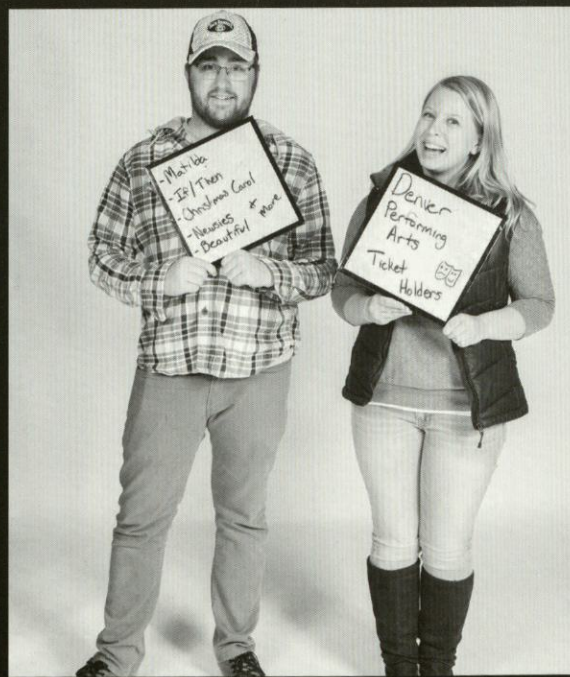
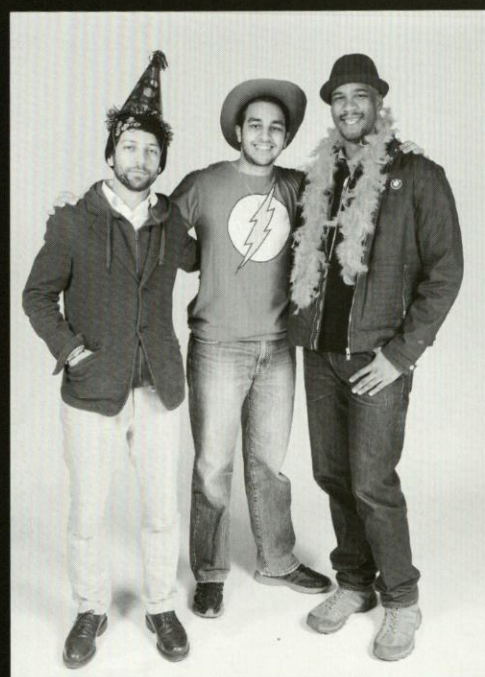
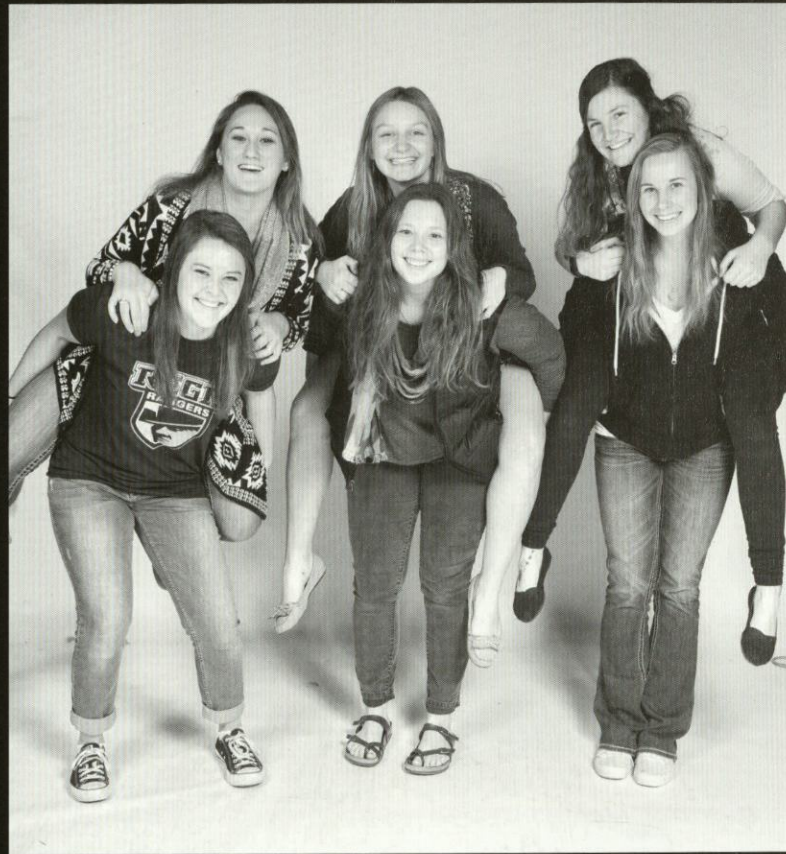
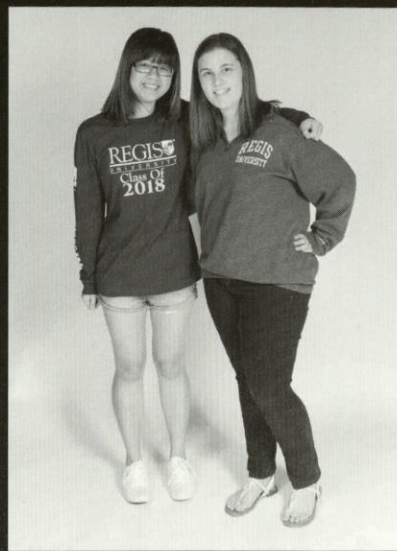
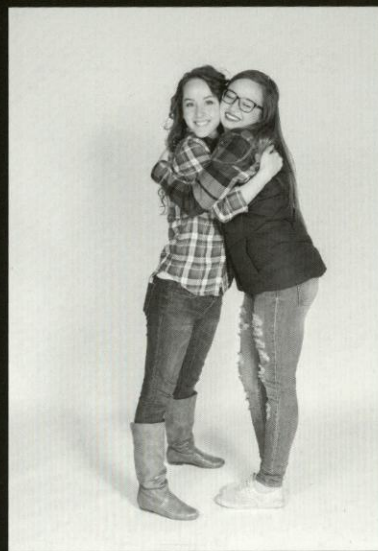
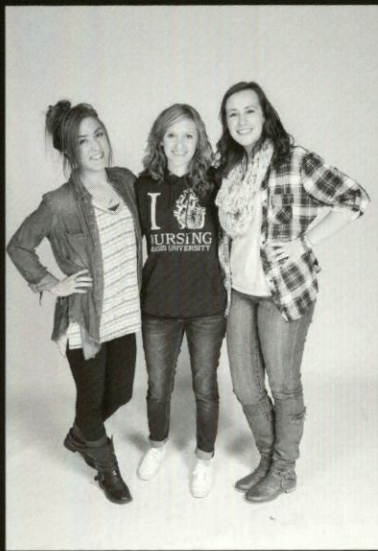




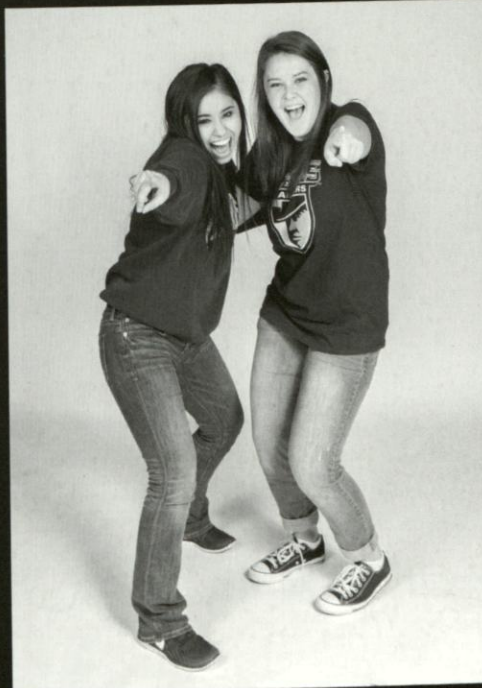
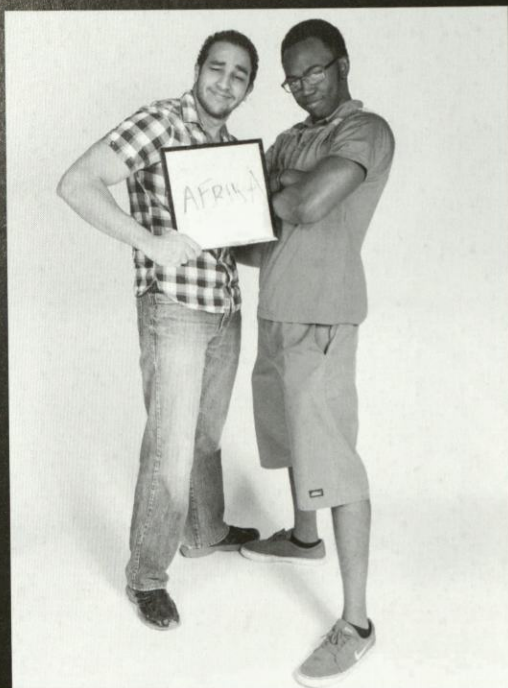
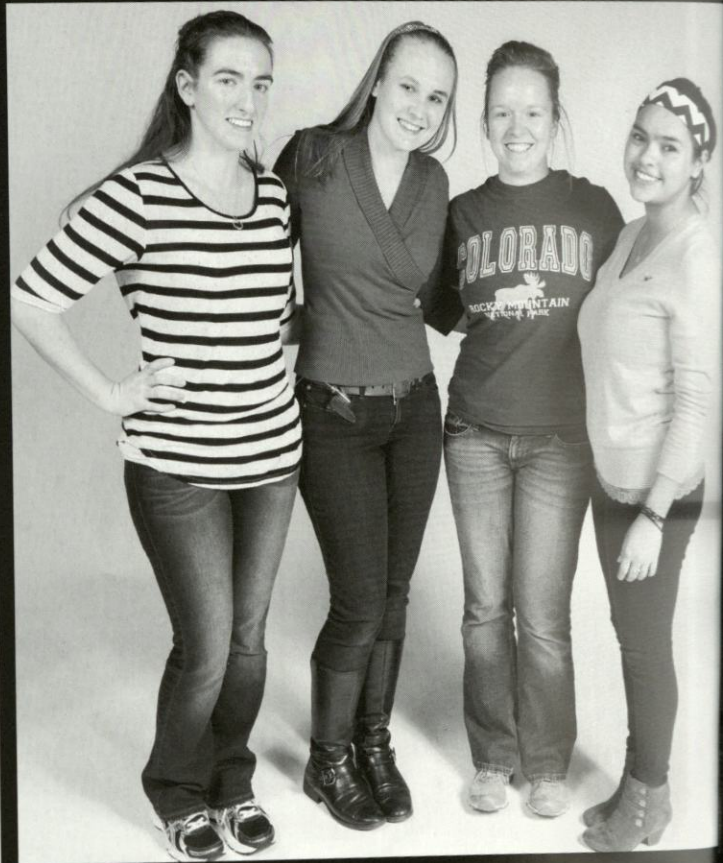




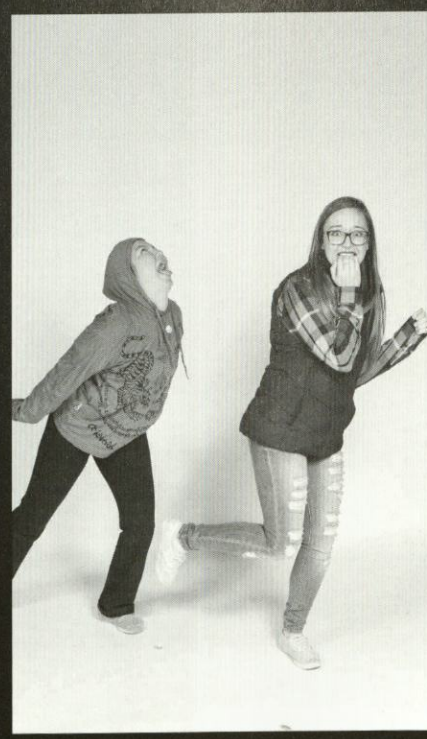
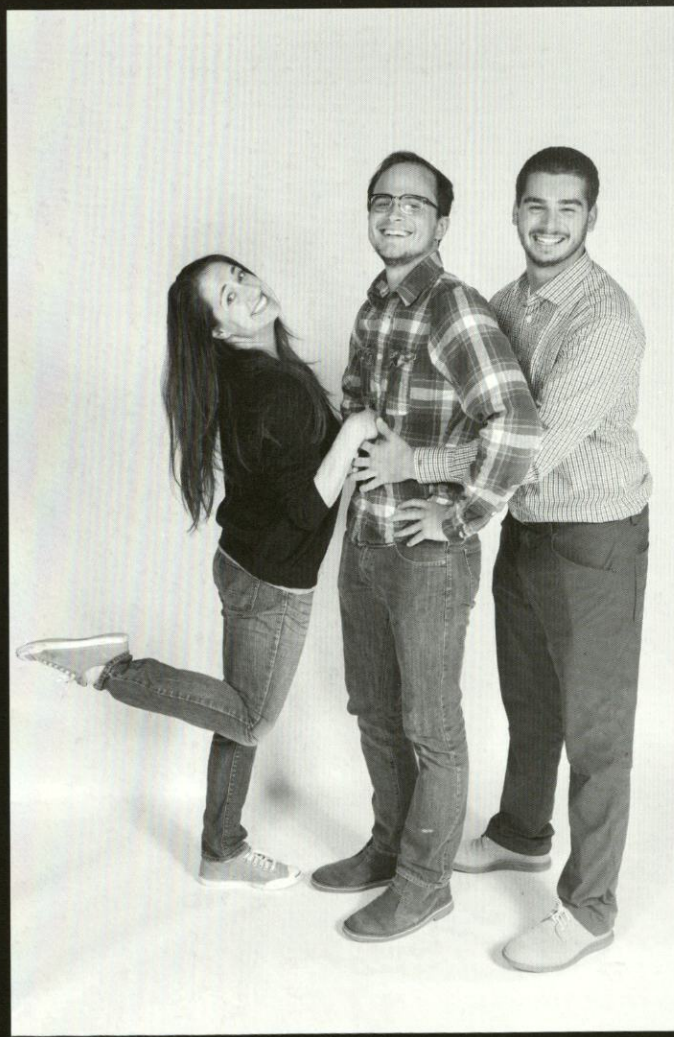
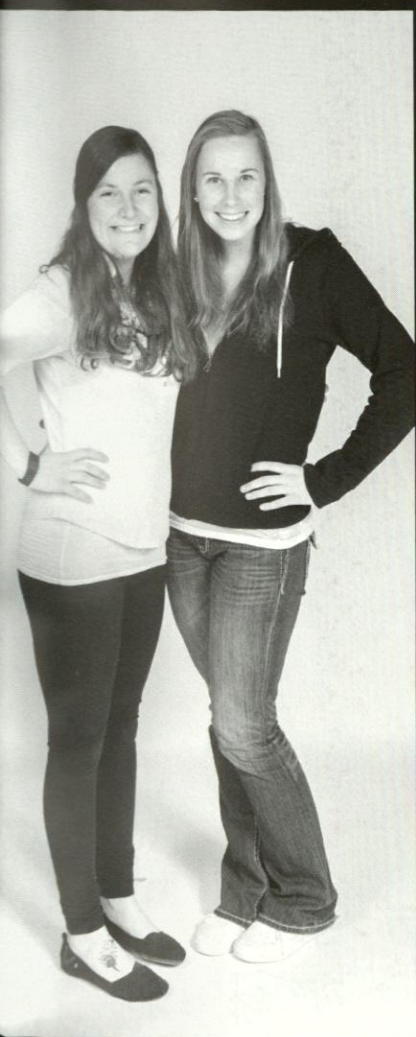
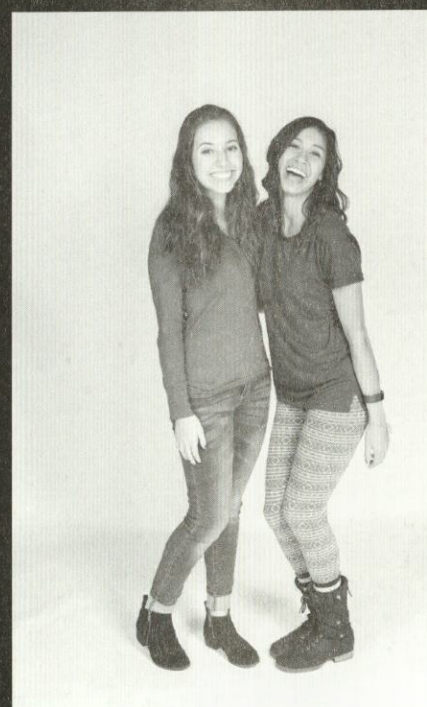
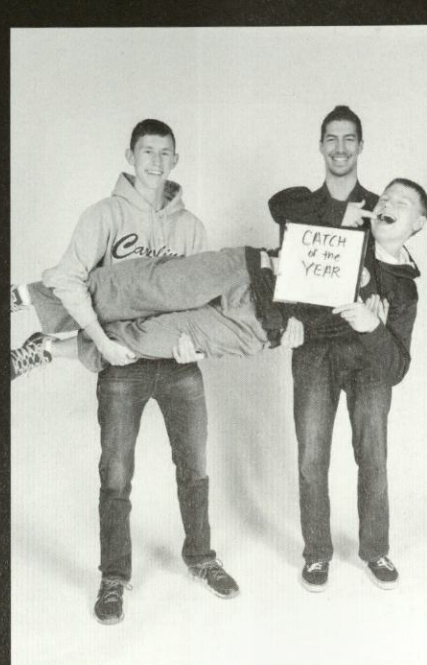








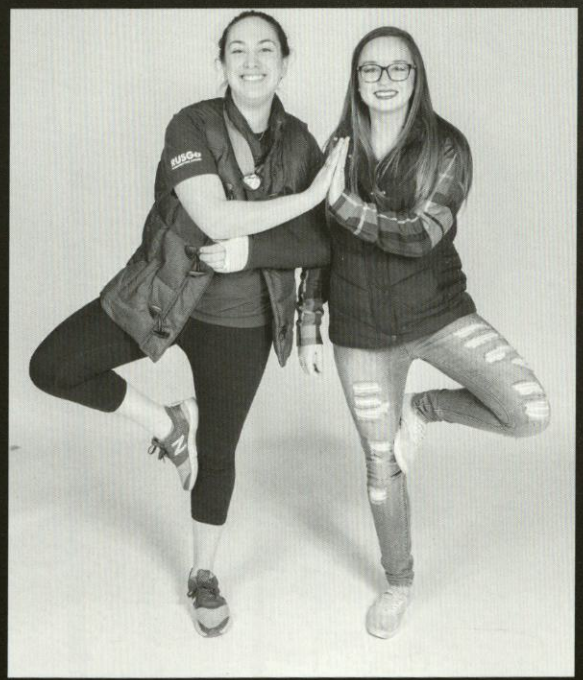
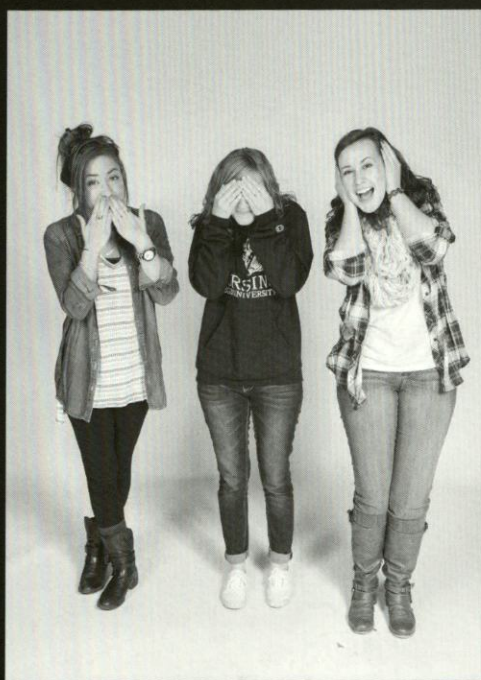
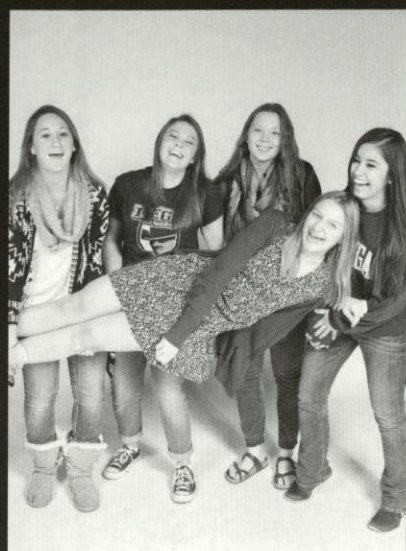
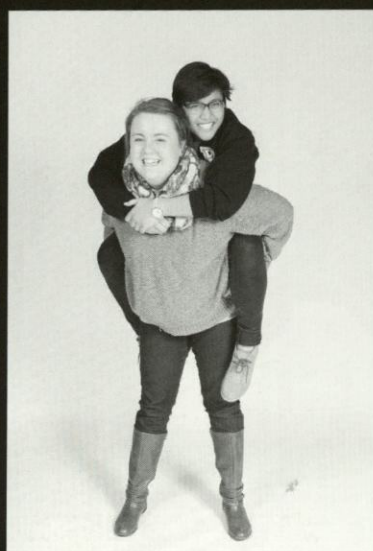
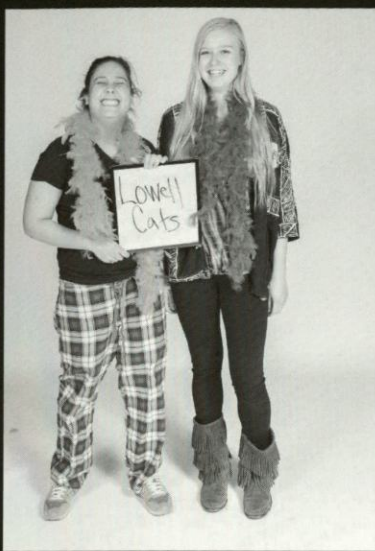




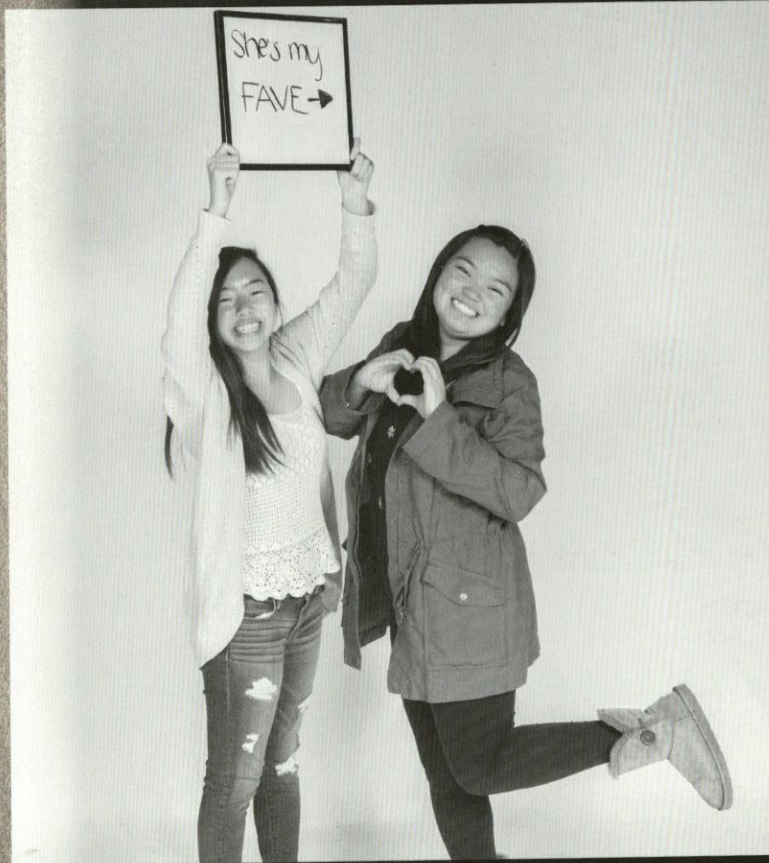
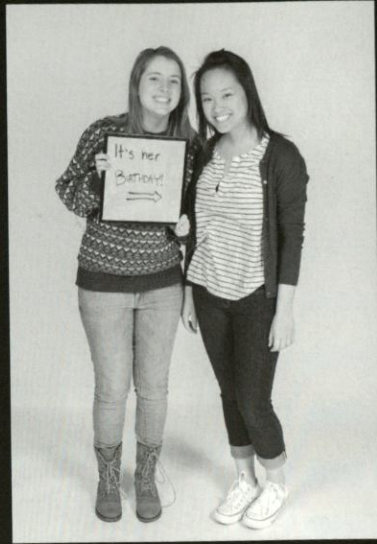
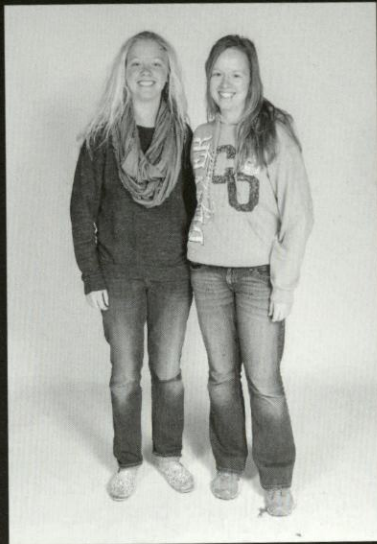
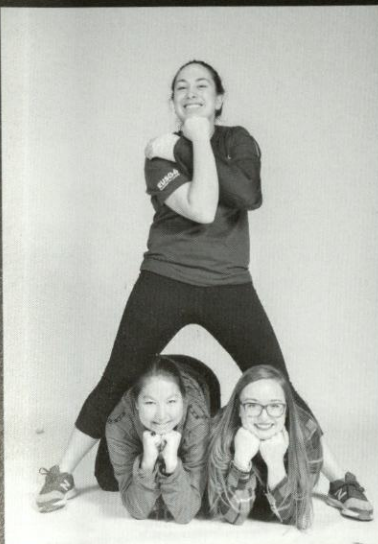




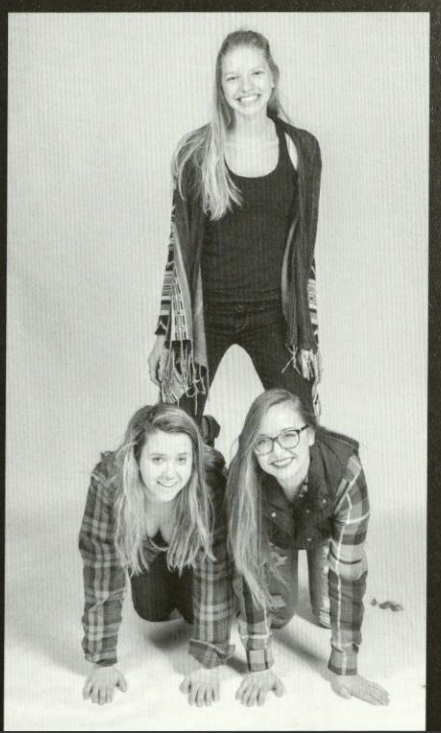
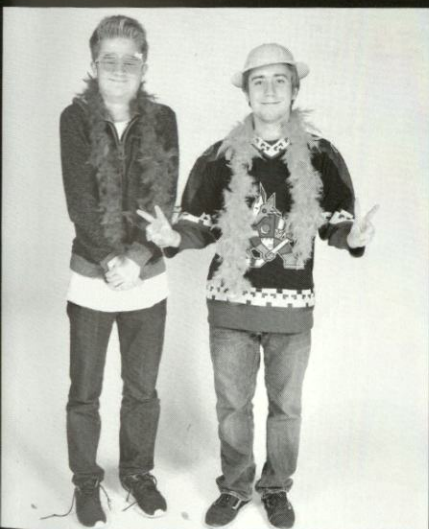




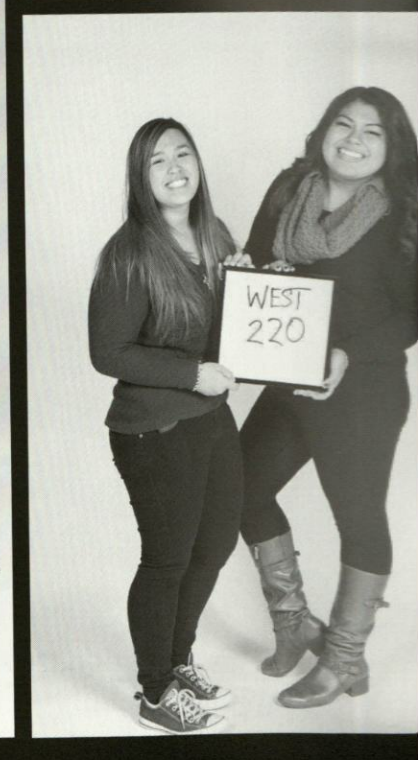
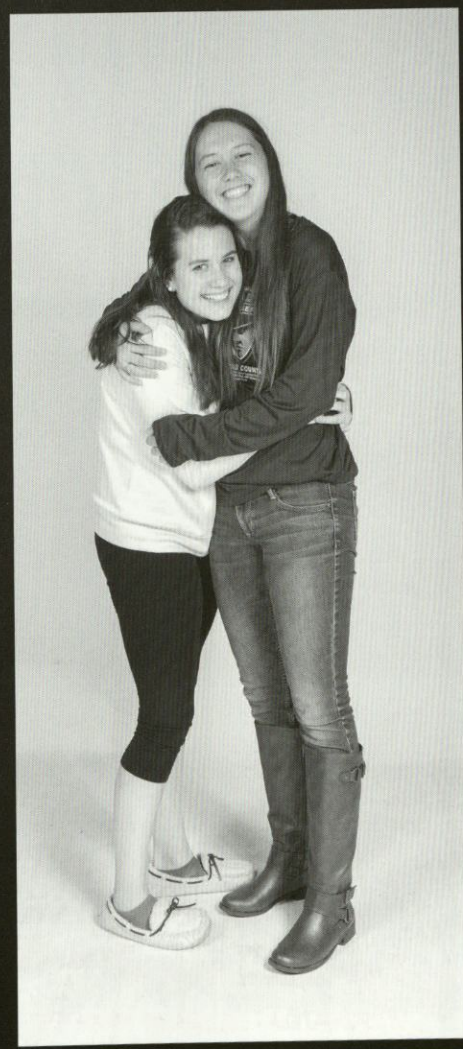
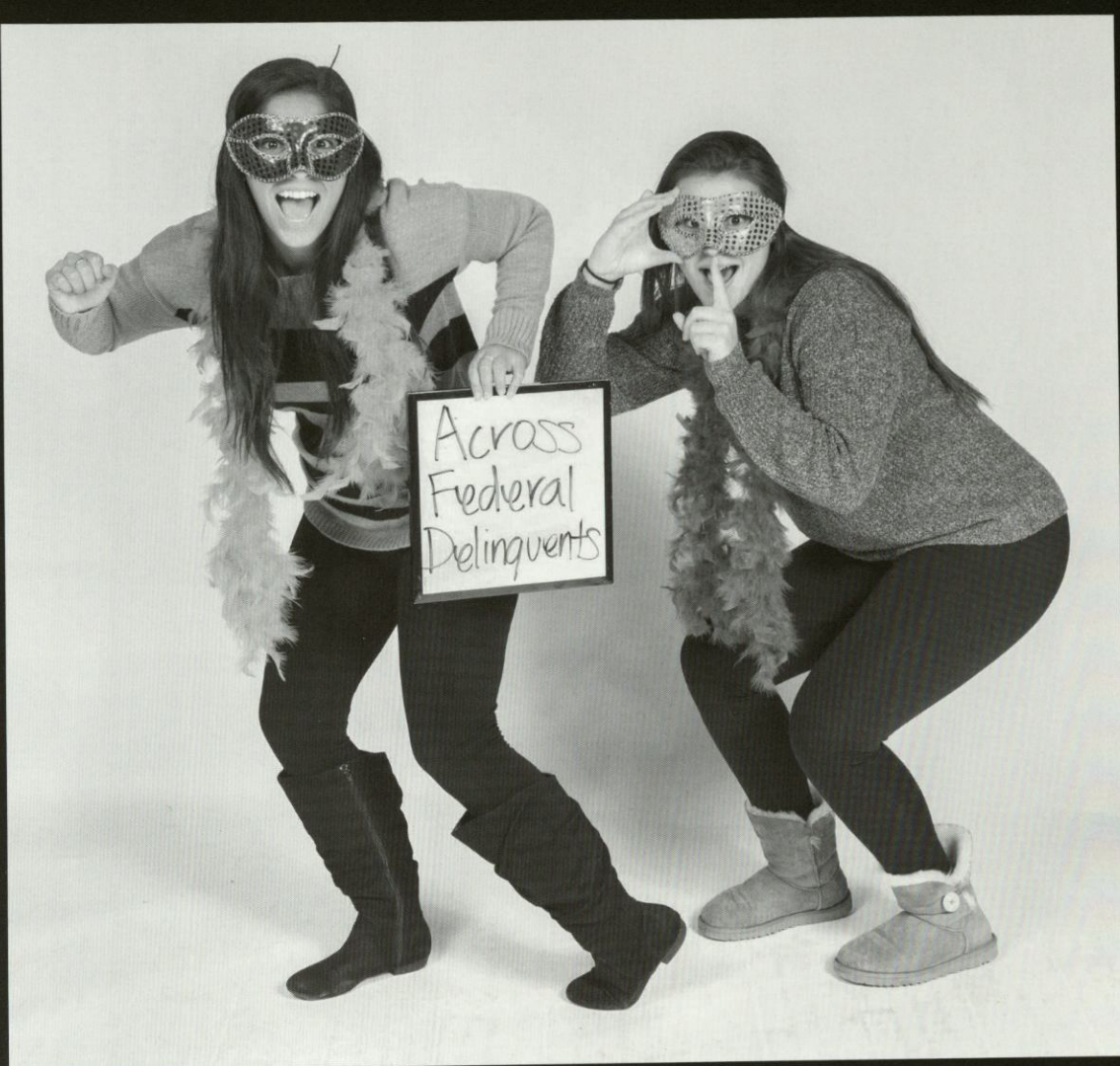




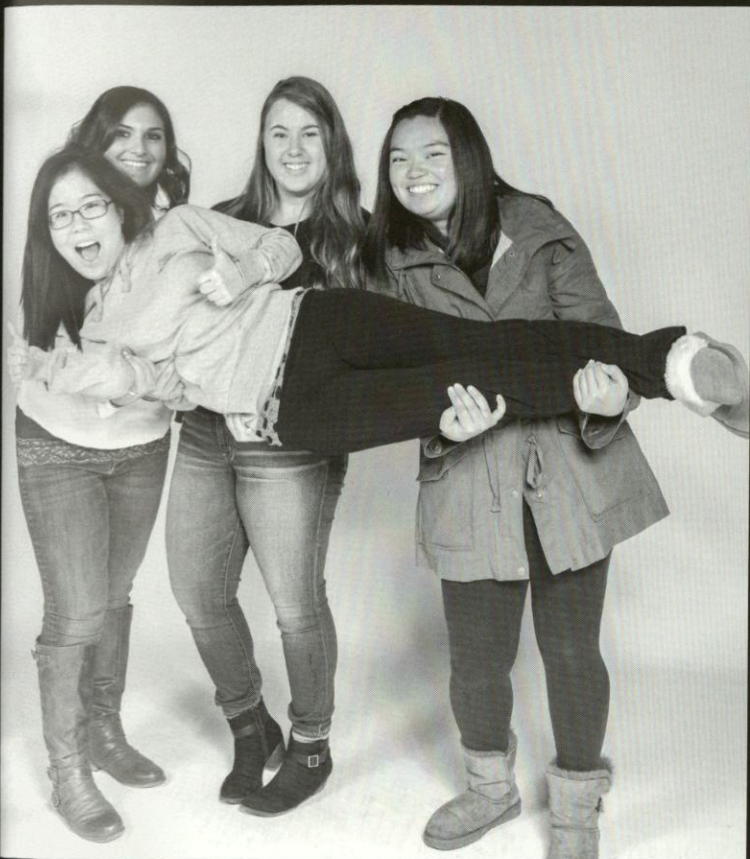
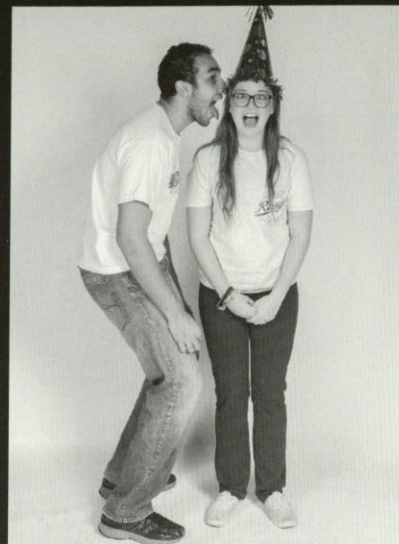
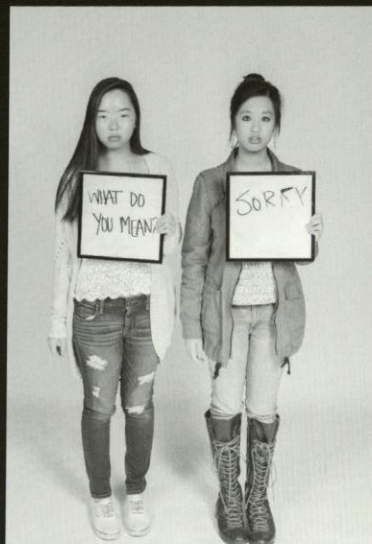
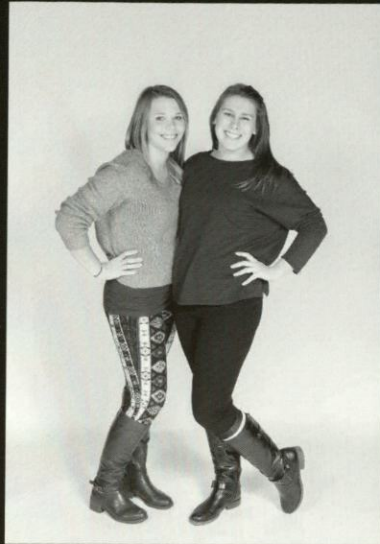
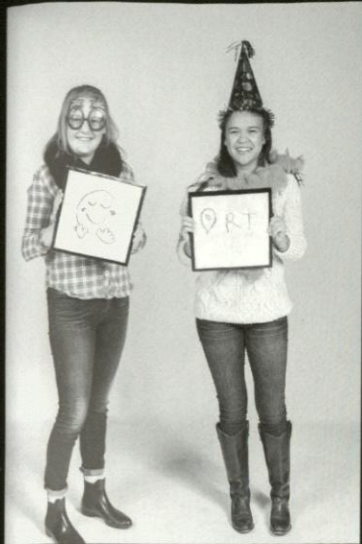




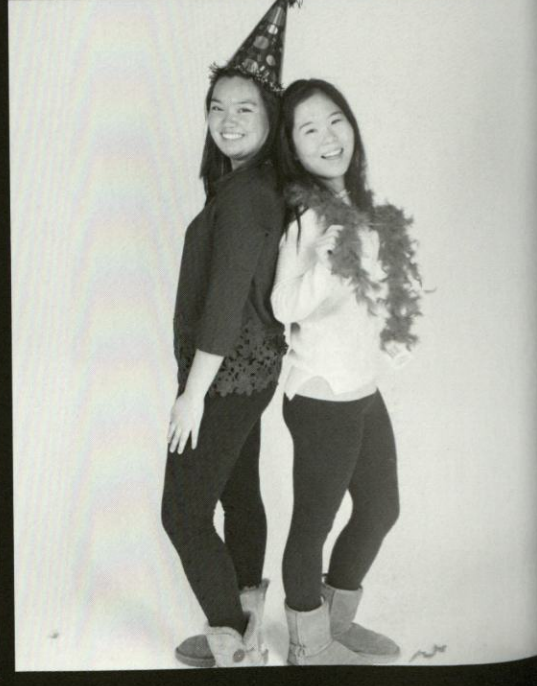




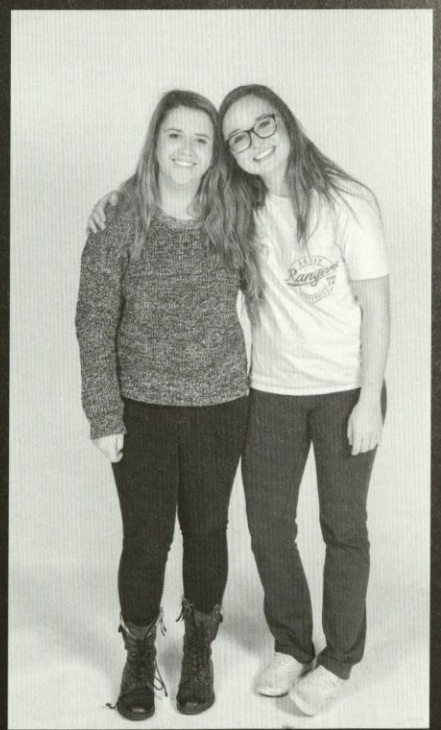
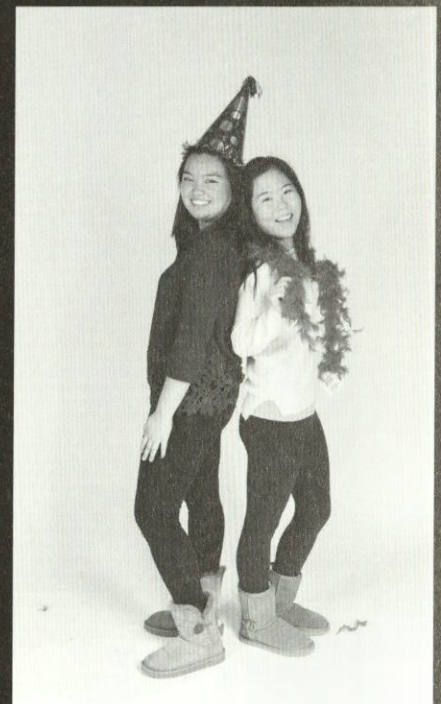
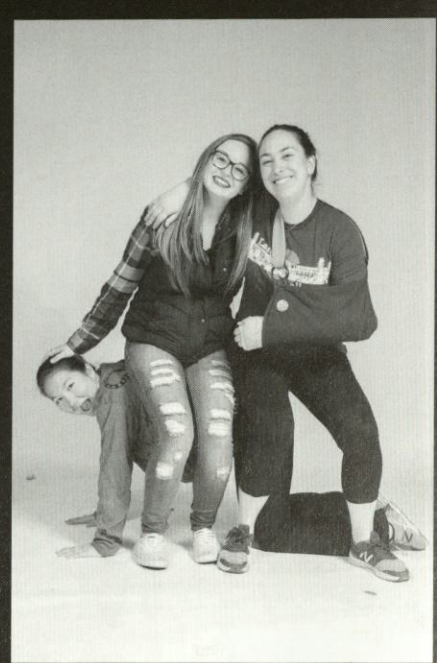




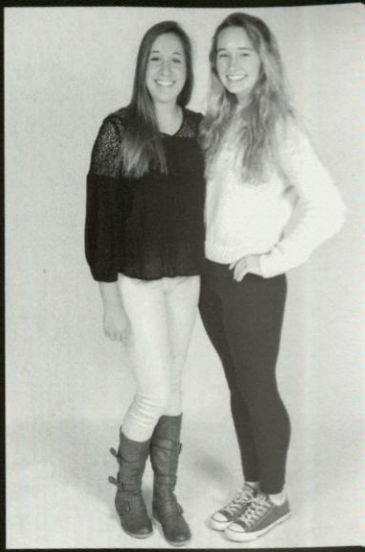
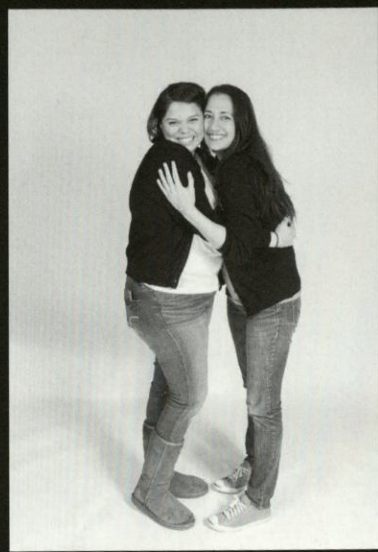
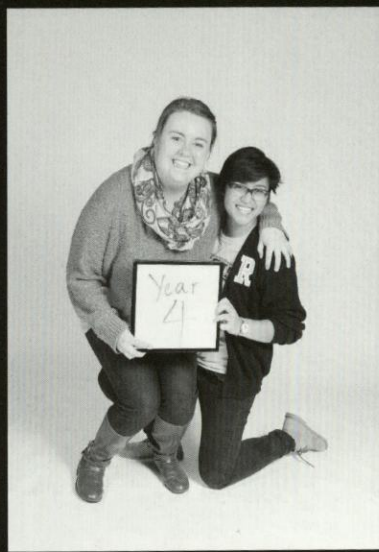




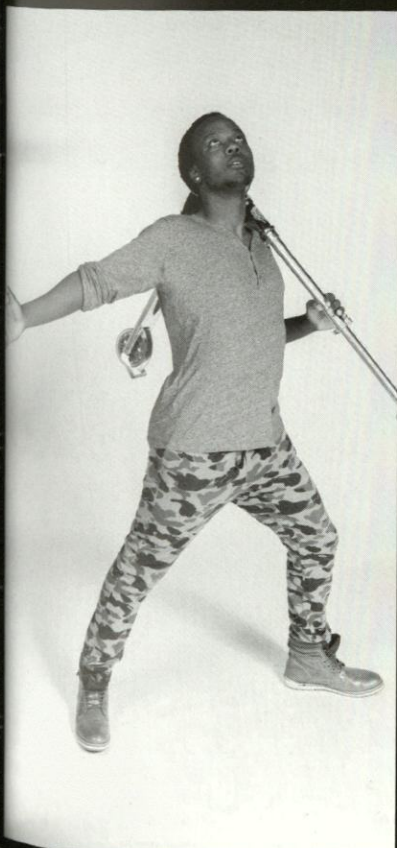
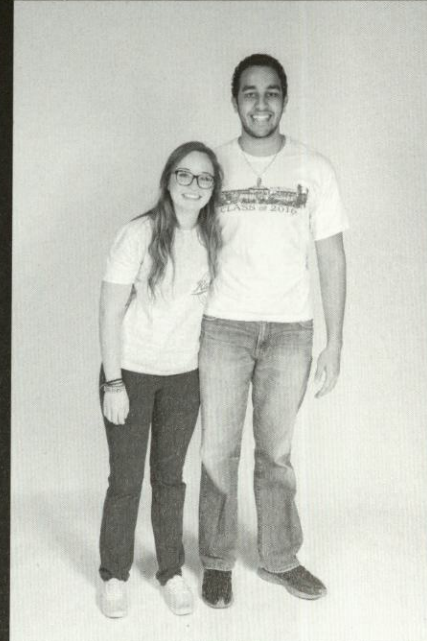




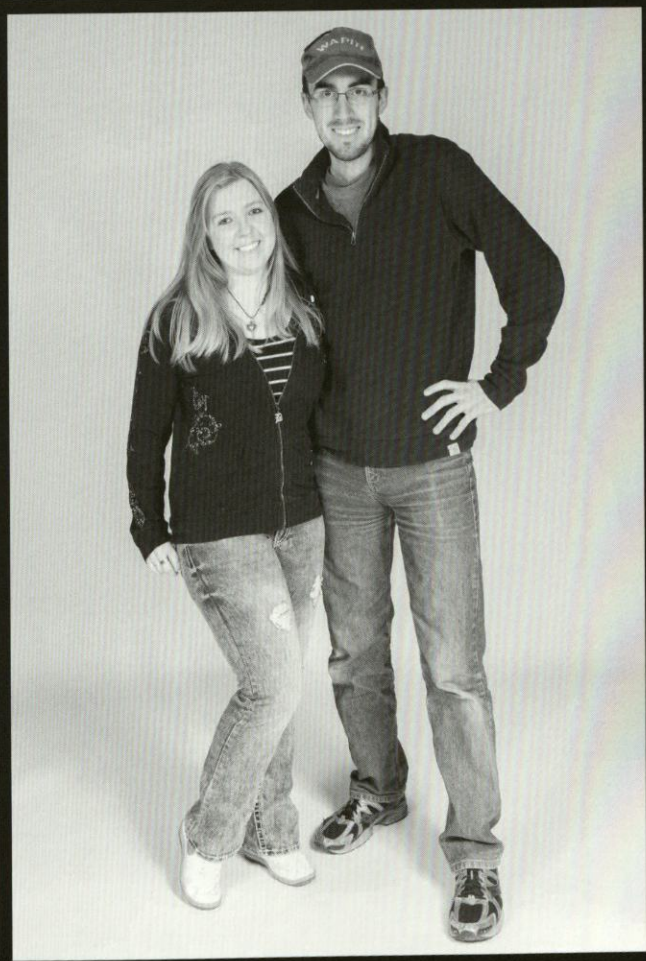
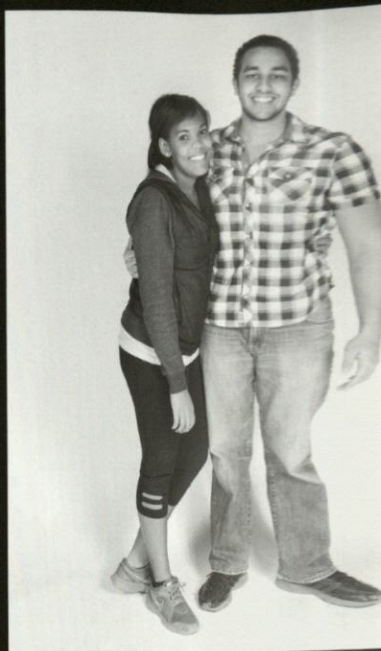




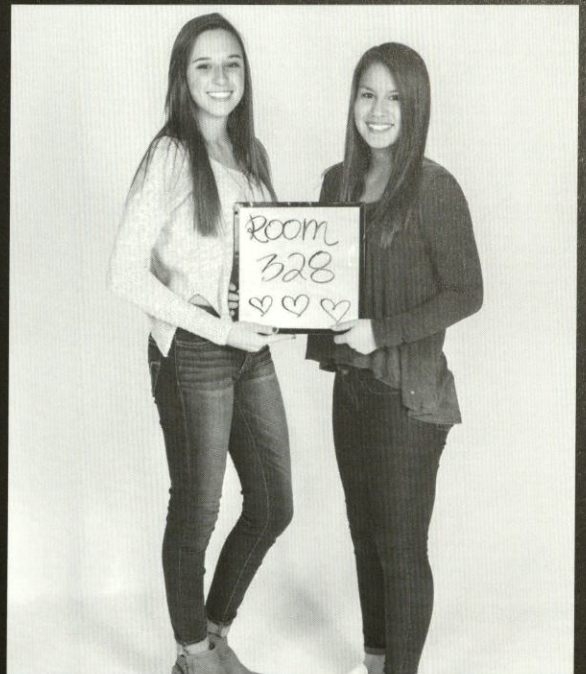
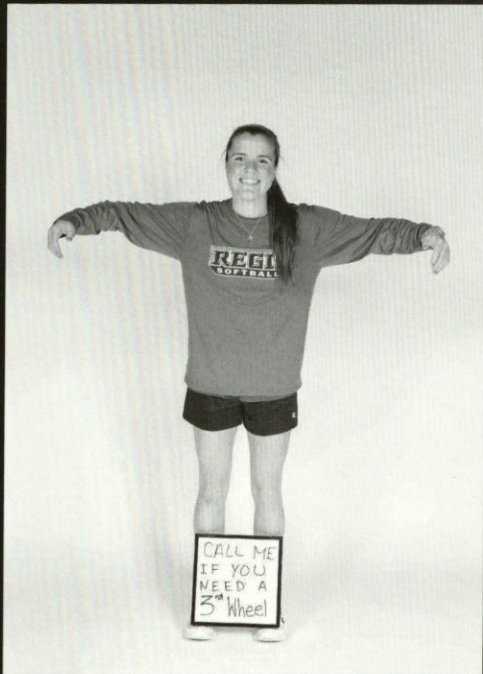
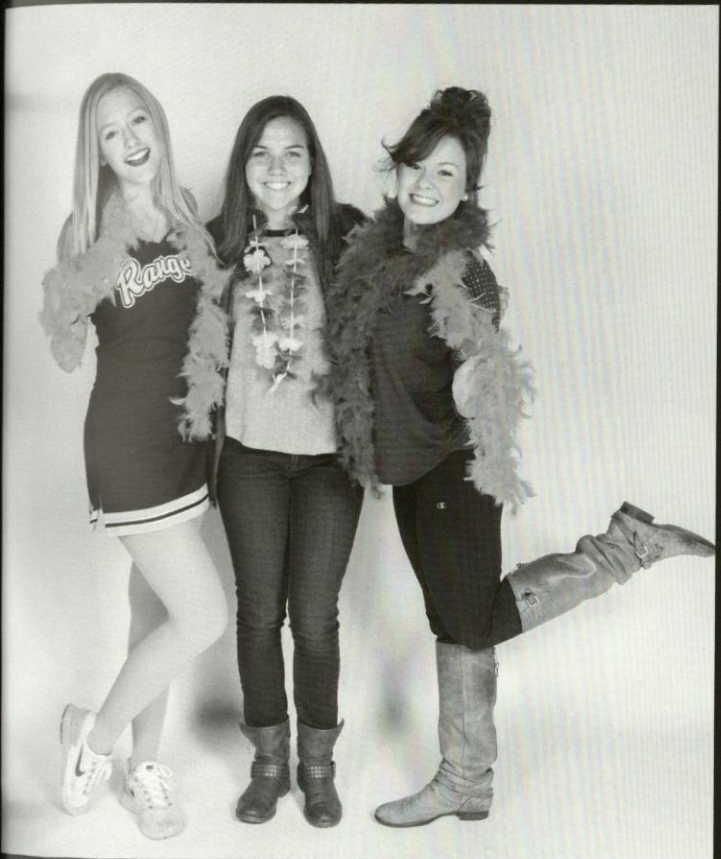
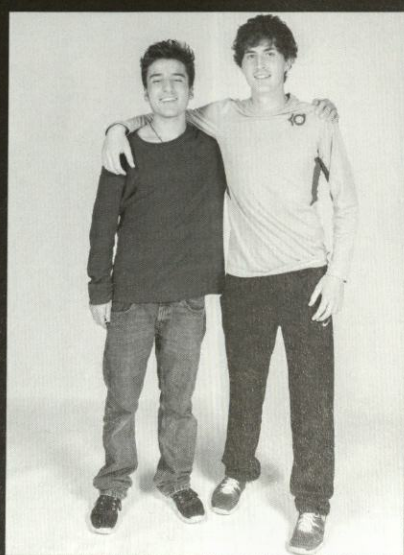




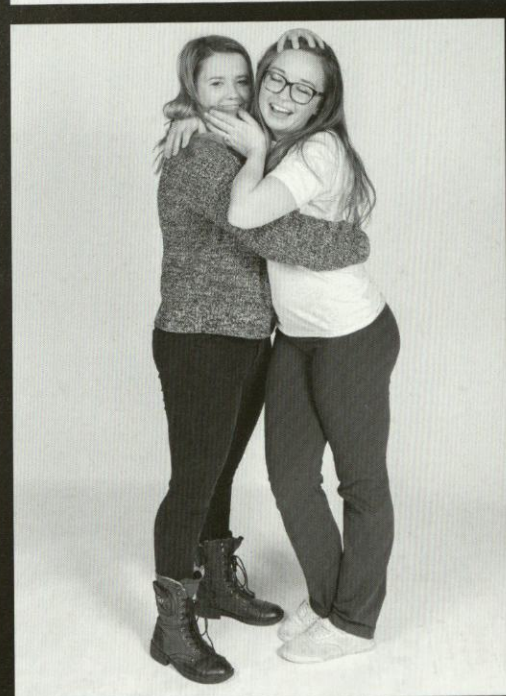
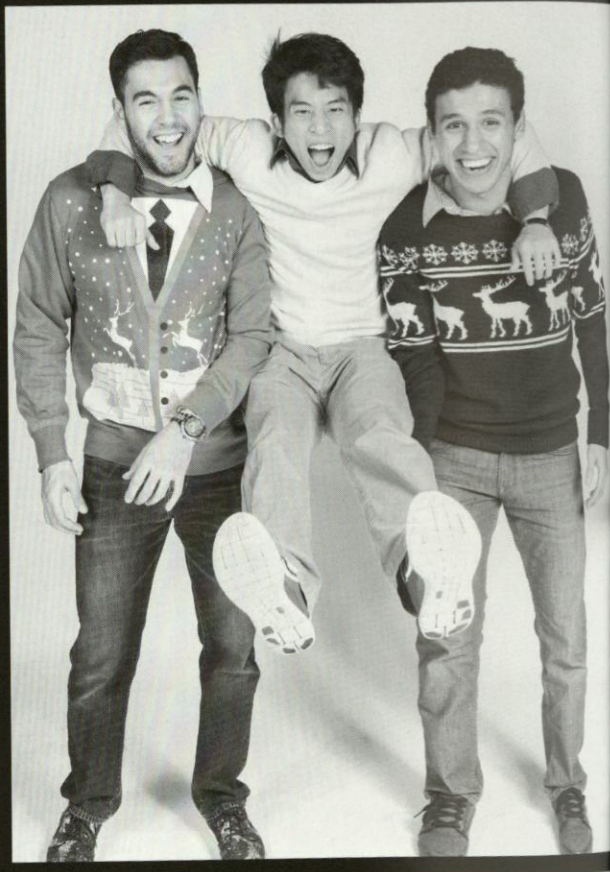
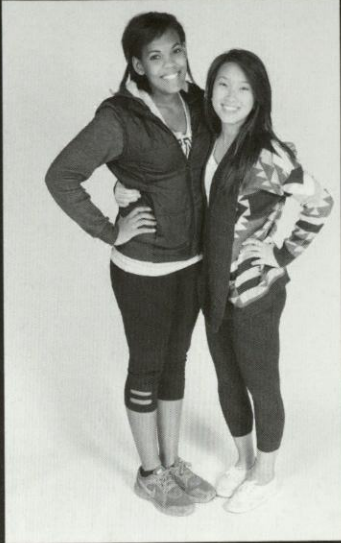




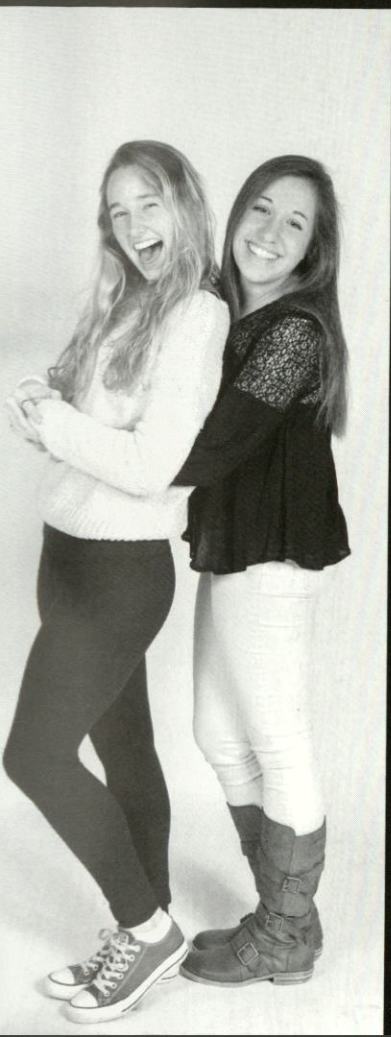
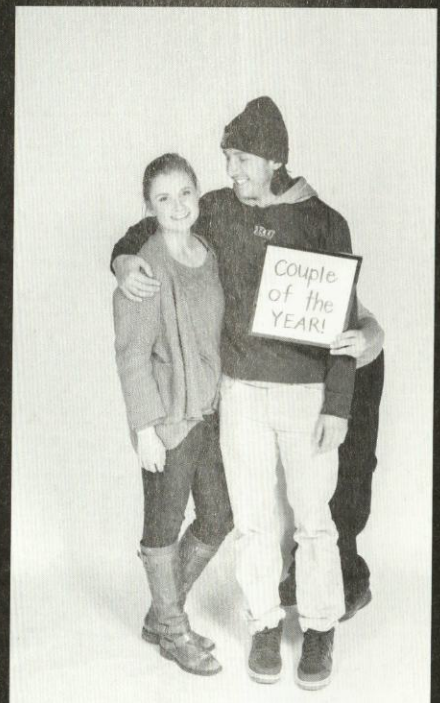








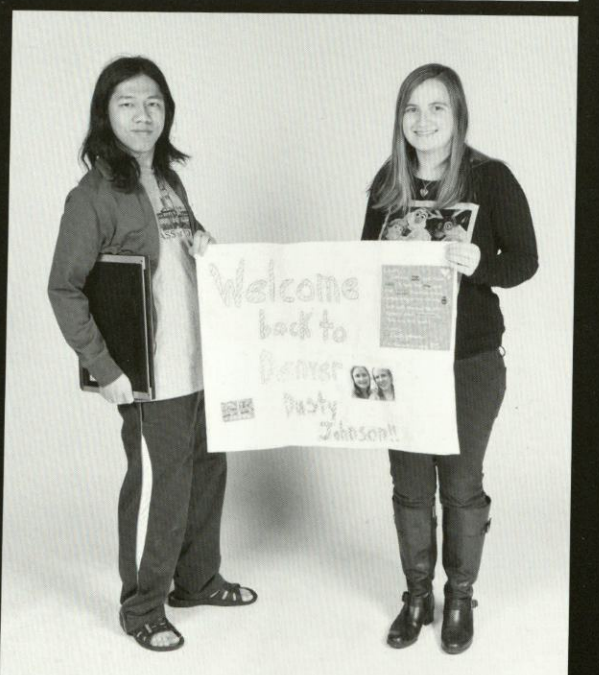
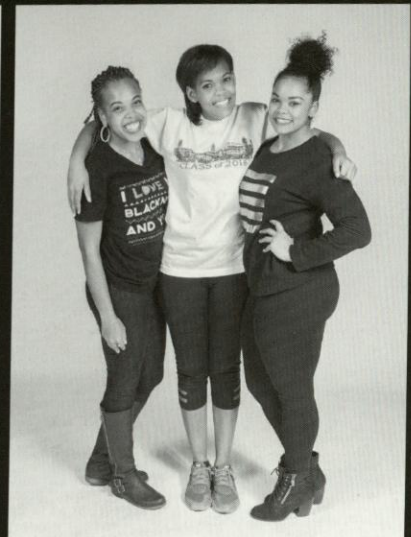
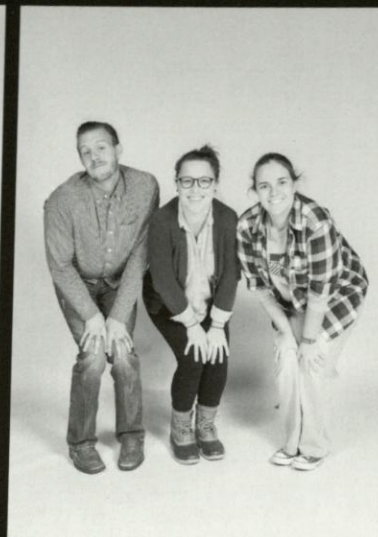




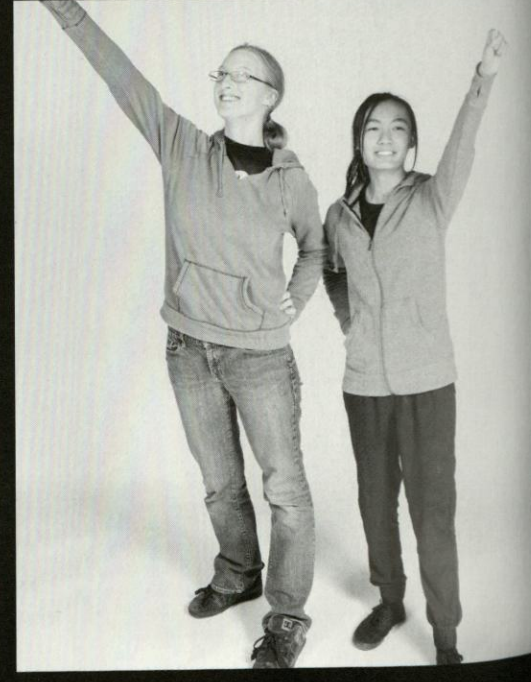
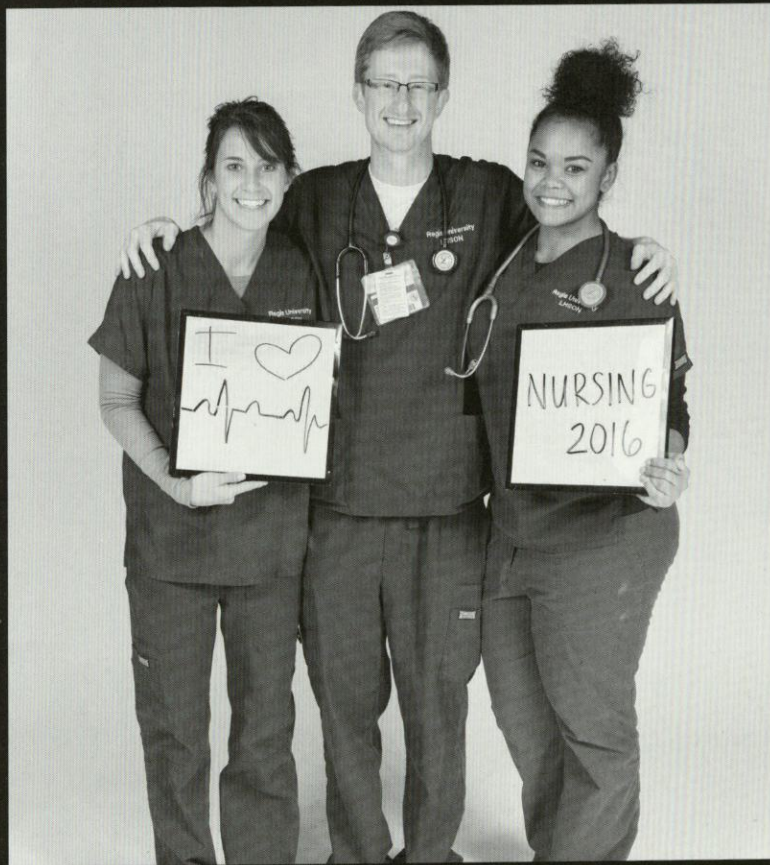
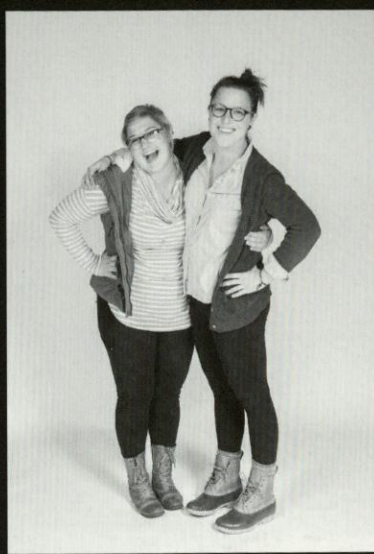




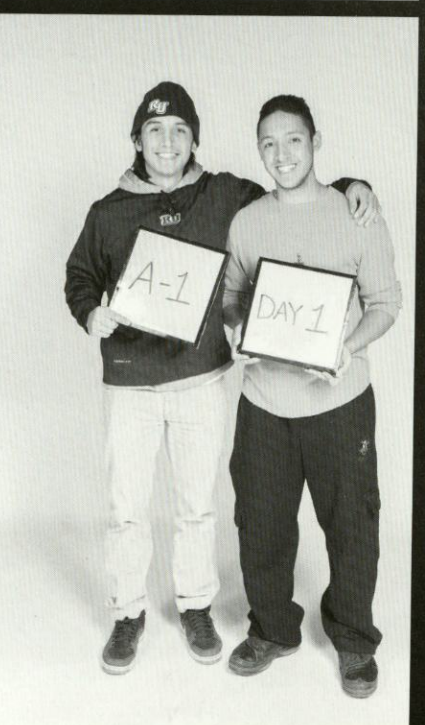
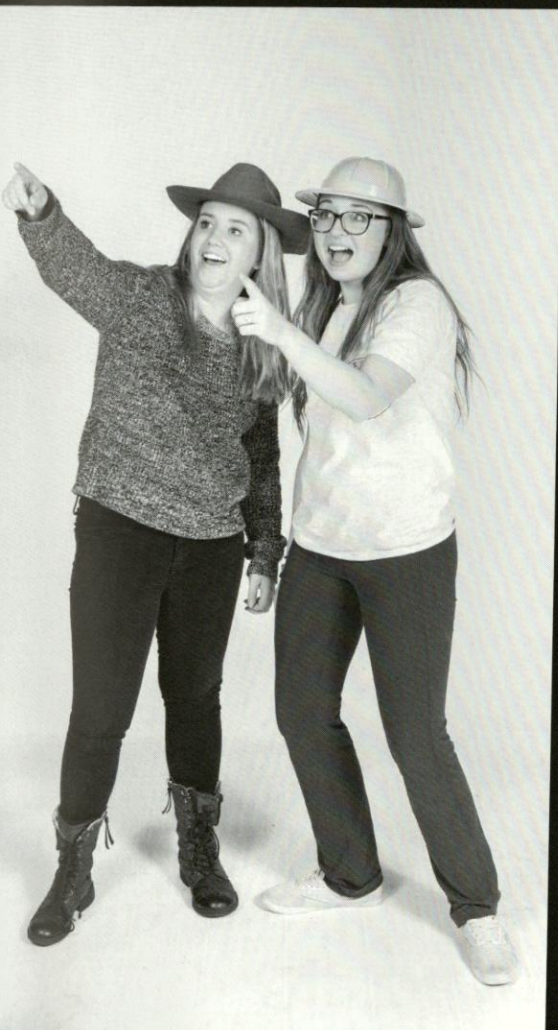
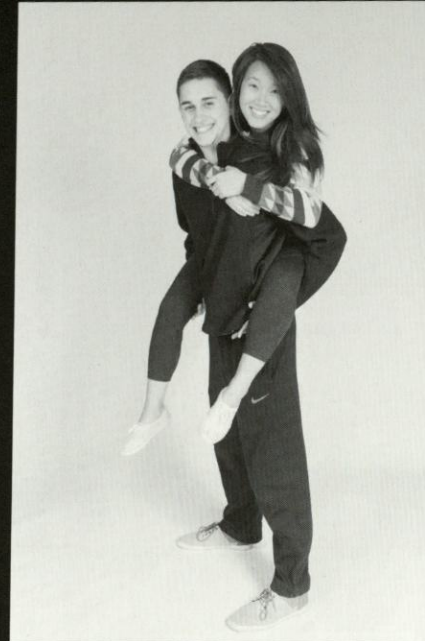




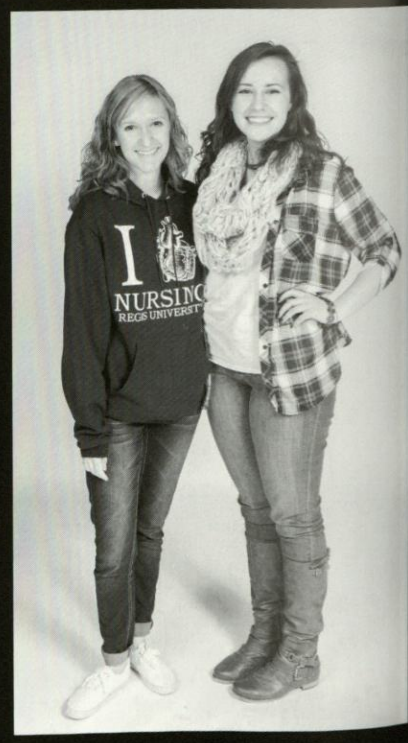




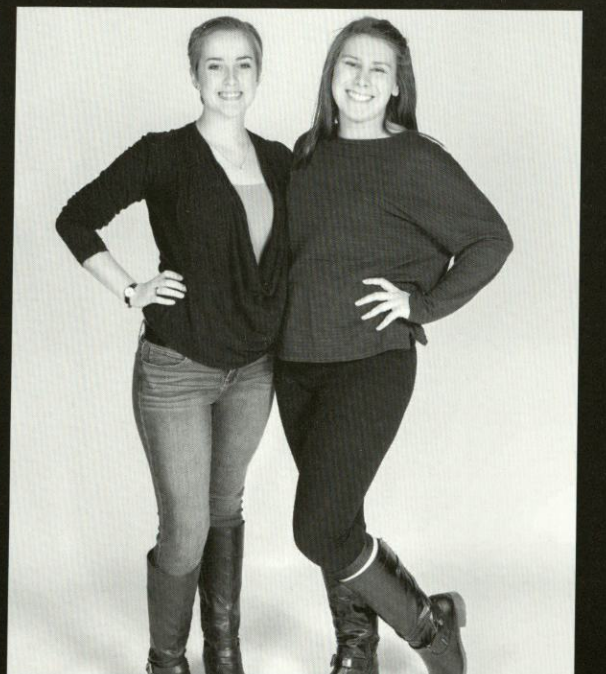
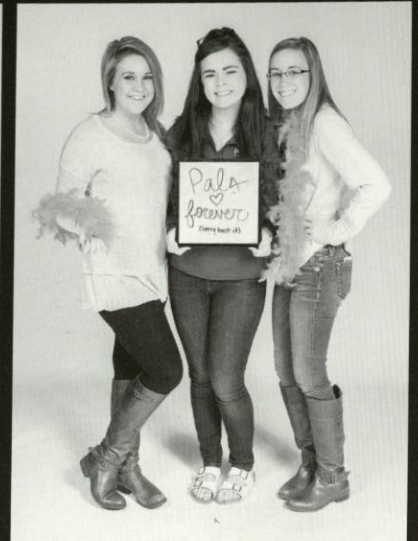
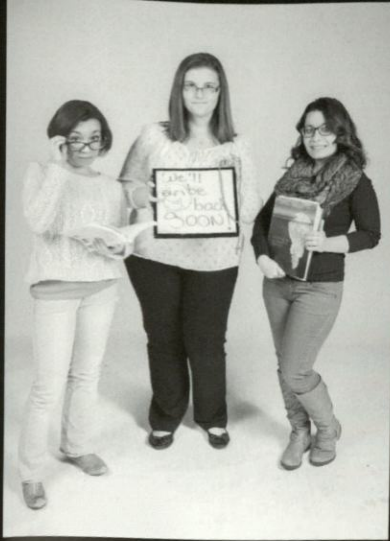




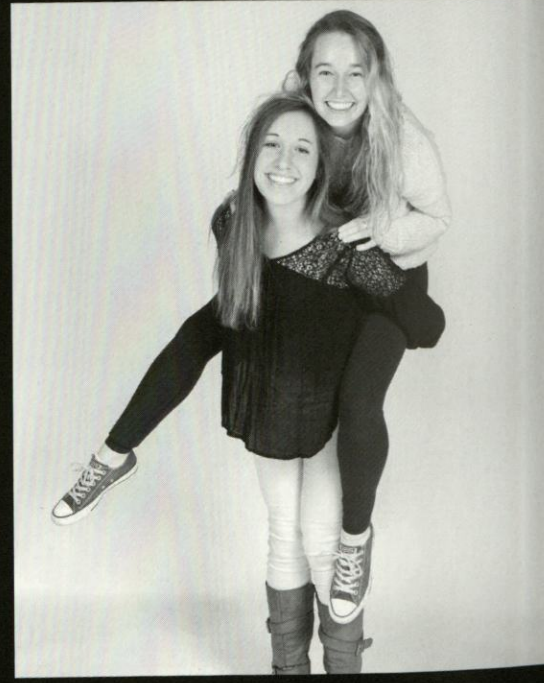
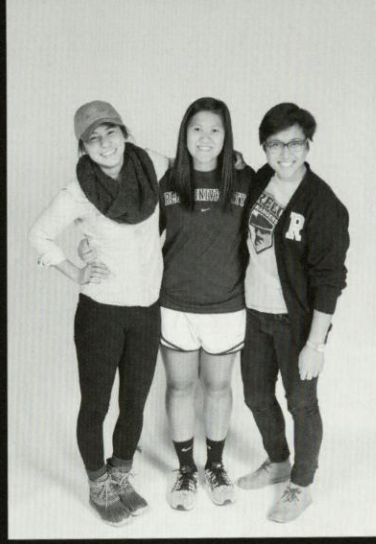




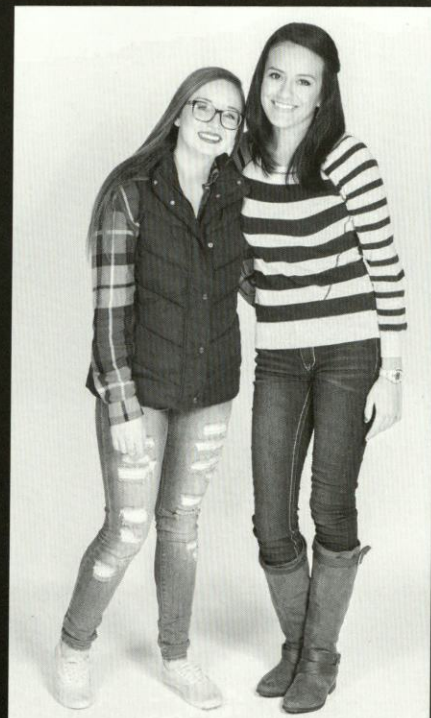
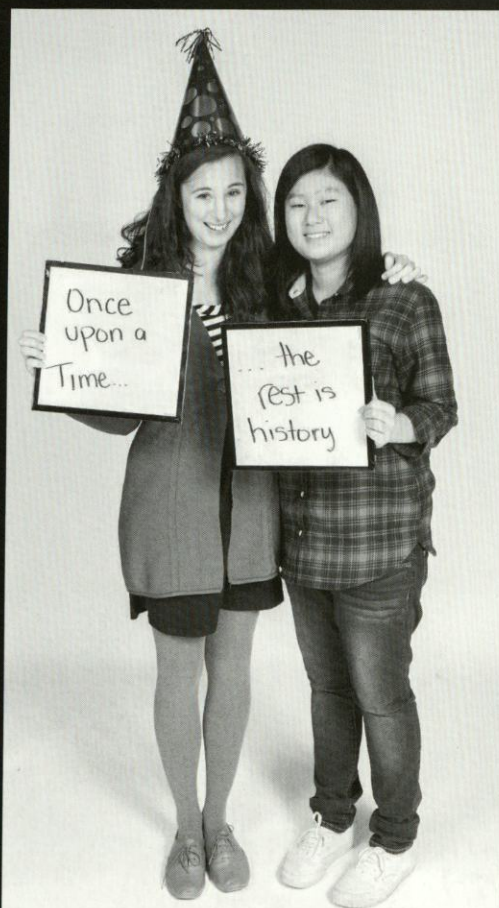
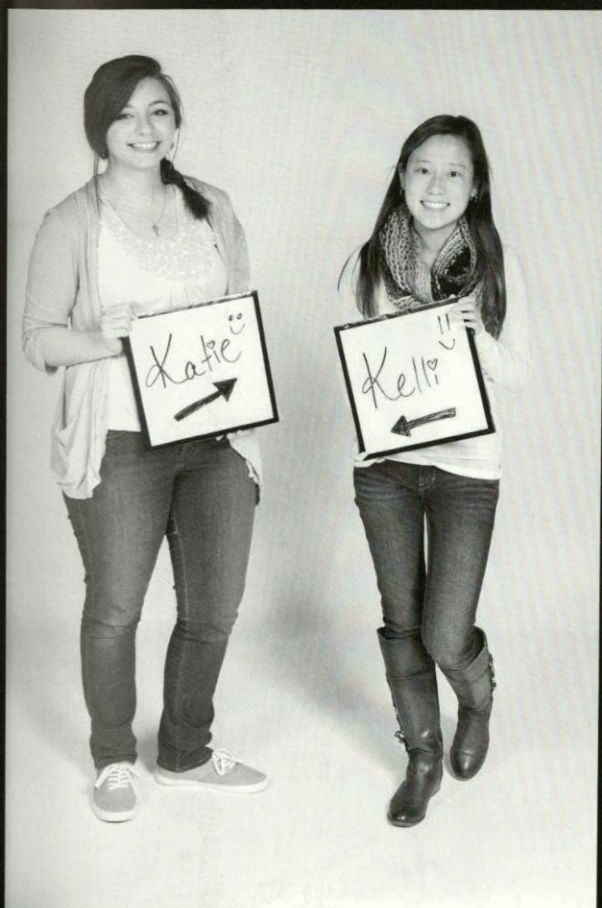
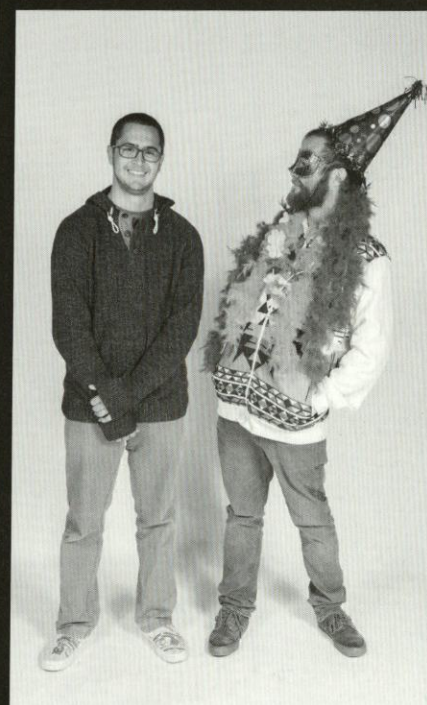




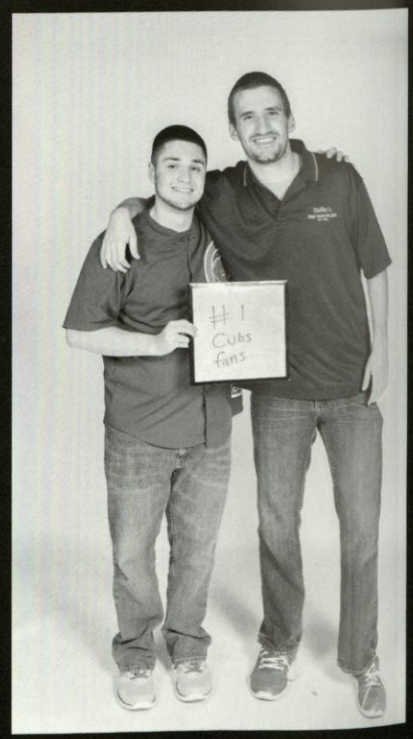
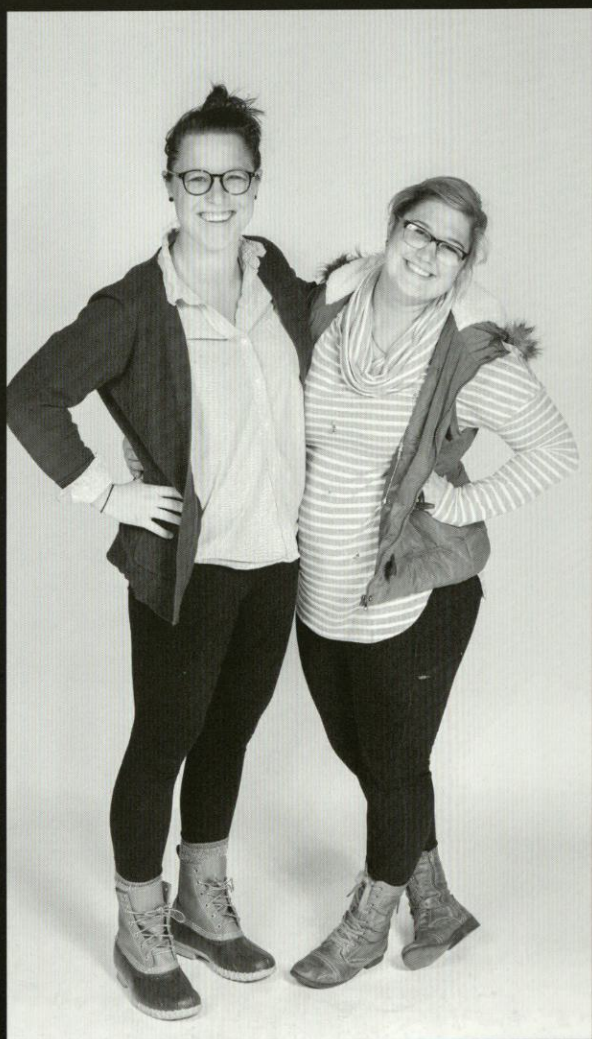
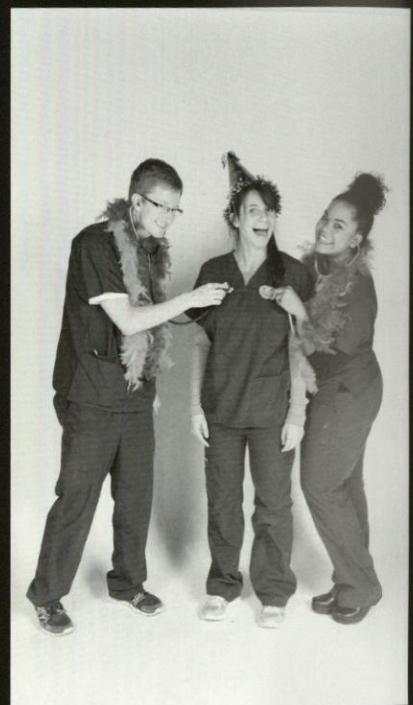
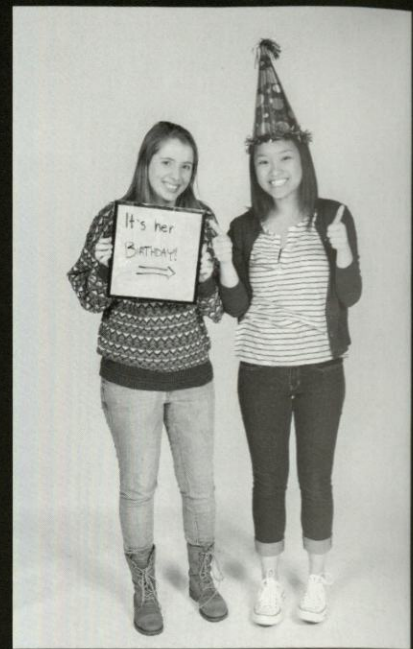




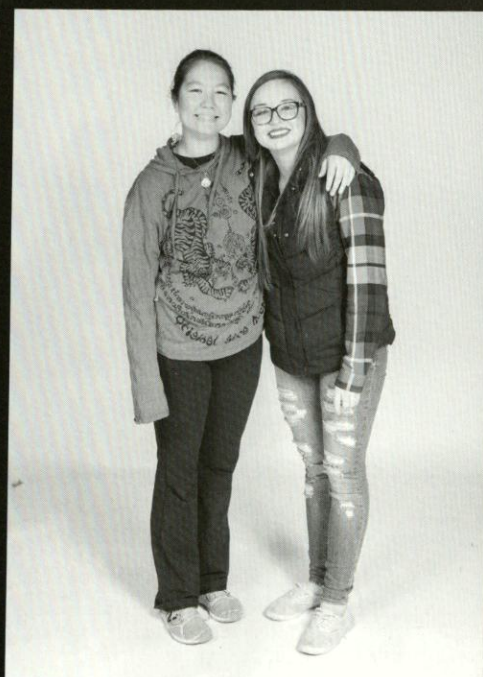
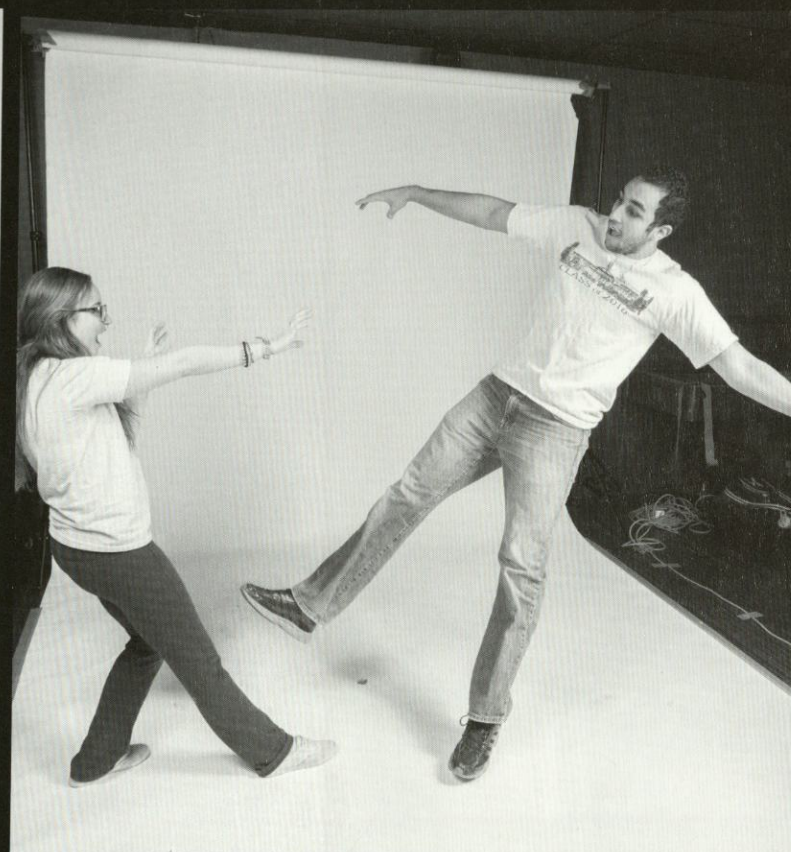
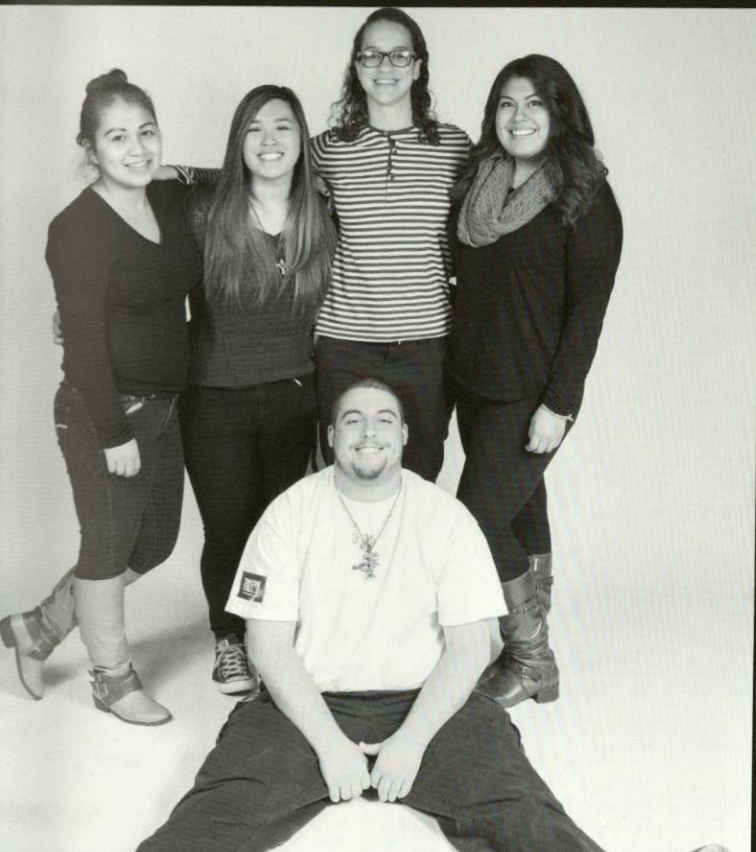
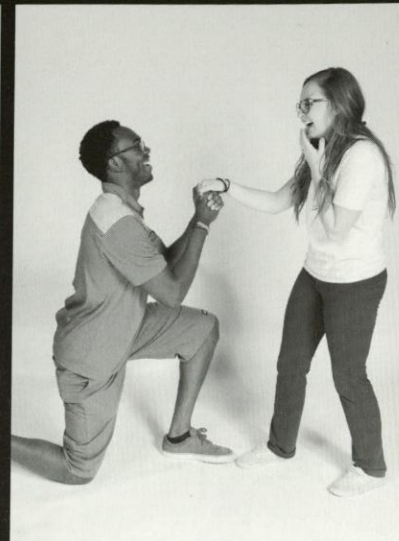




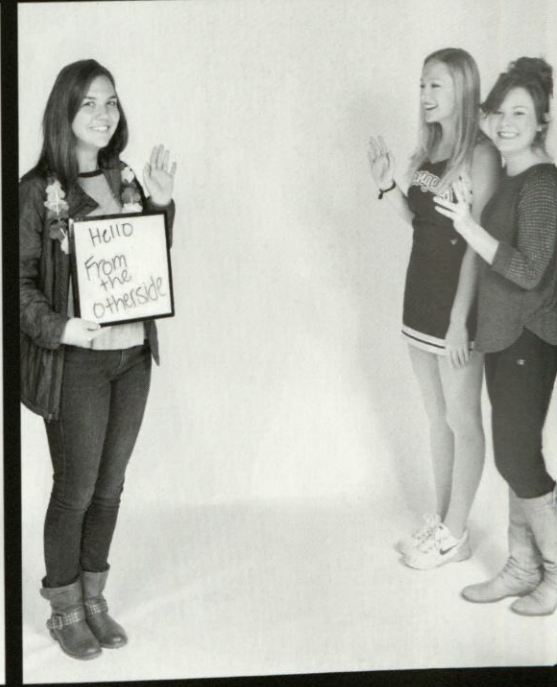
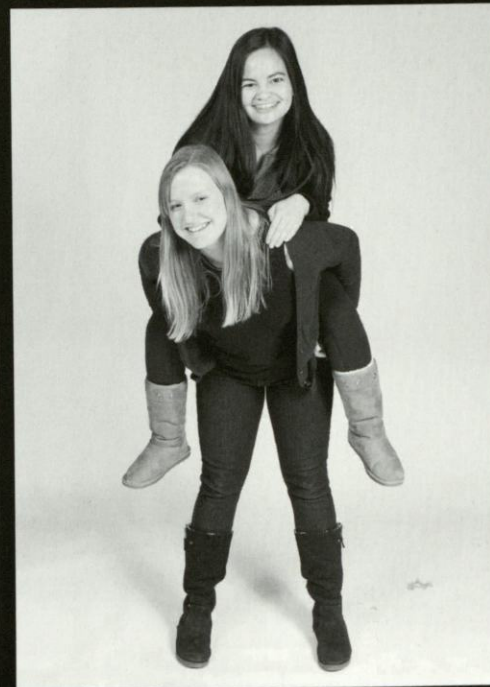
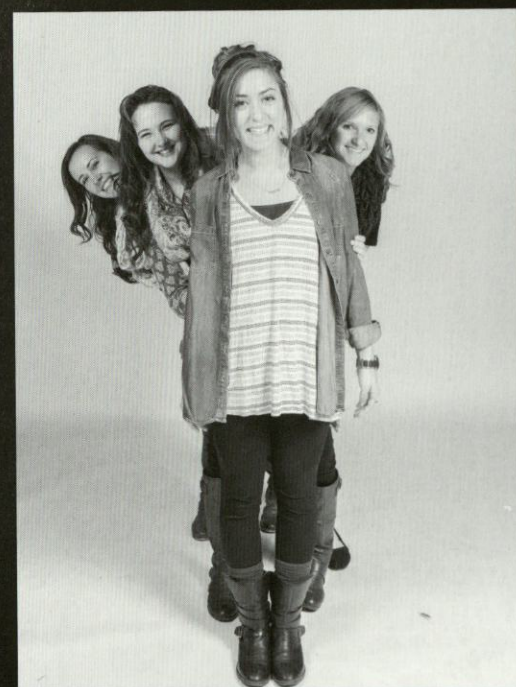
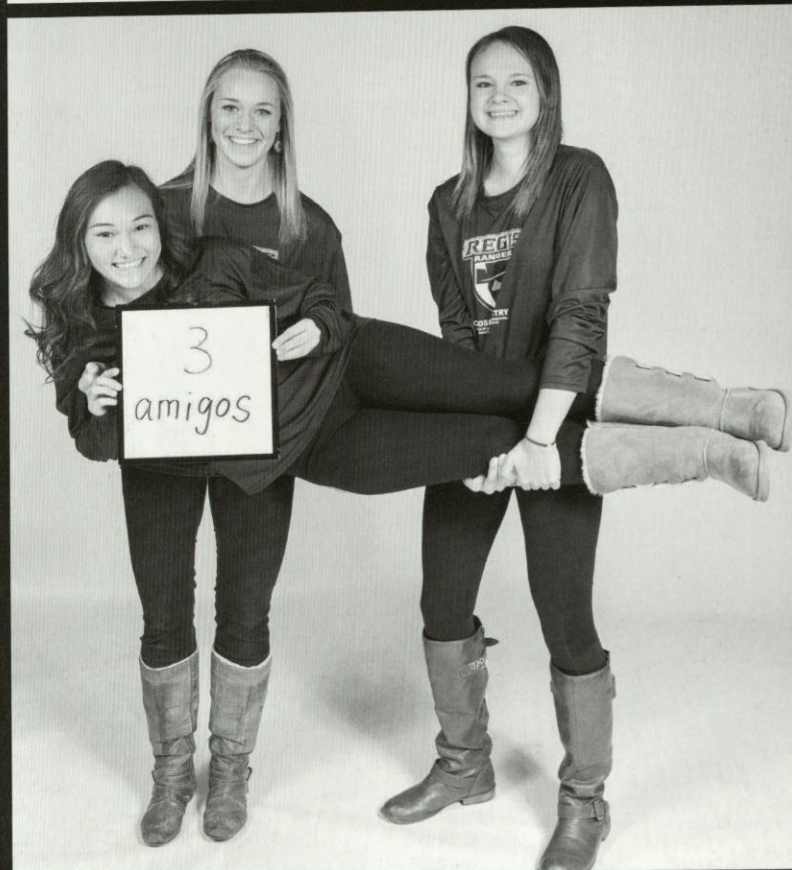
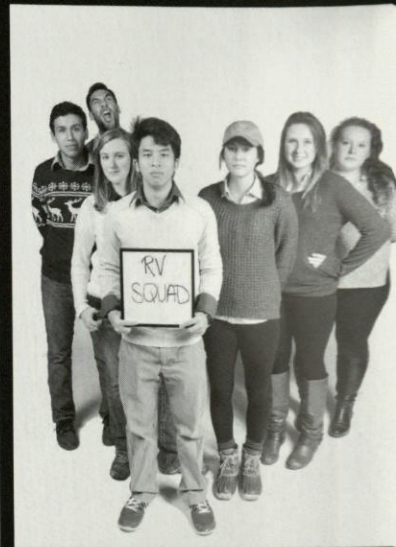




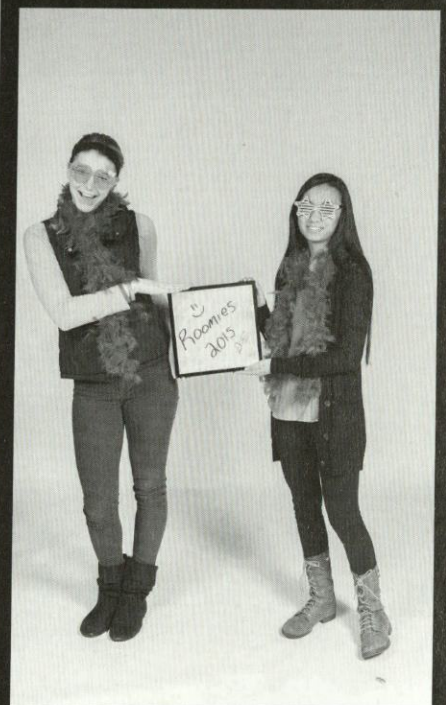




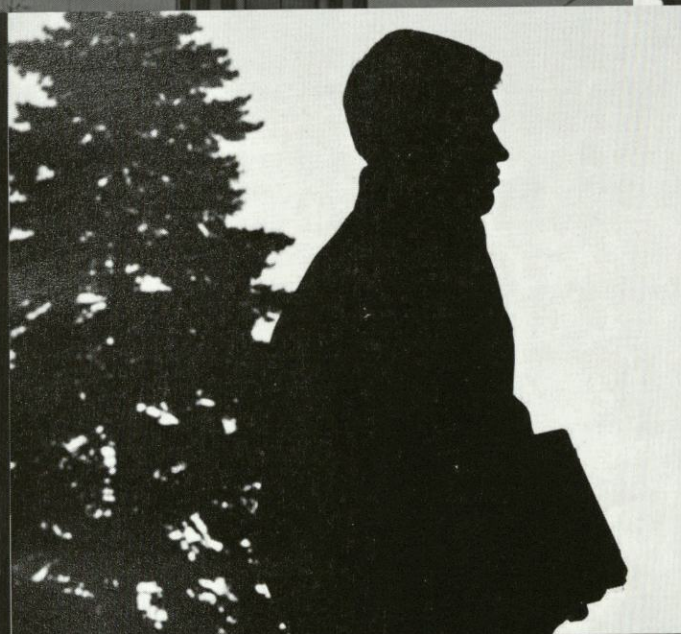
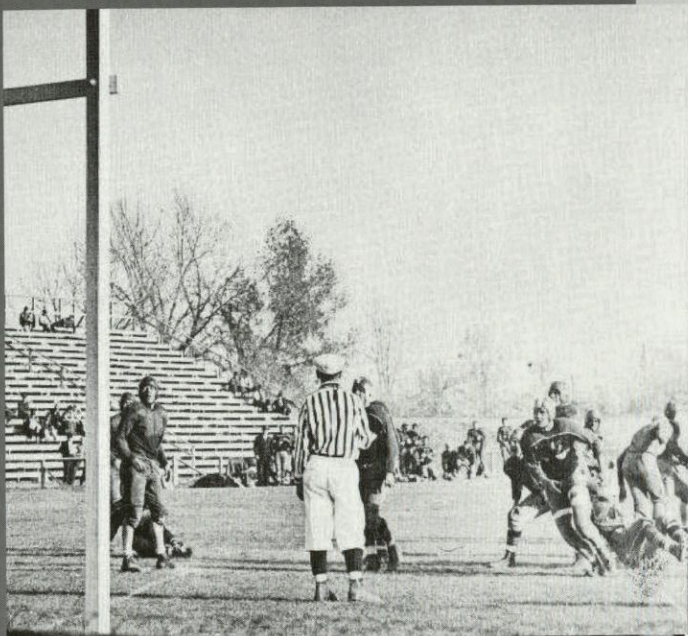












● God bless America . . . and the nurses.



● And we say, "Hats off to Loretto!"



● Zahner represents the agrarian movement.



● The belles of St. Mary's.



ONE FOR





# THE BOOKS





# AND, THAT'S A WRAP

## LETTER FROM THE EDITOR

Dear Regis,

I want you to know that it has been an honor to document our history and bring the Regis community together through this publication. I appreciate the support and assistance from the entire community, for without you, there would be no volume 100. For the past 100 years The Ranger Yearbook has thrived off of your energy. Over the past four years, being a part of this staff has been more than I could ever have imagined. As we look at these pages, we reminisce in the stories that make up Regis. I speak for the entire staff when I say; we hope that you enjoy everything this book has to offer. Thanks for one hell of a ride!

Dear Staff,

This year has had its ups and downs to say the least; however, it was a privilege to lead and work beside each one of you. We all know the amount of strongly worded emails, late nights, and tears that went into this book. Looking back at it now, the beautiful publication that we created made it worth every minute. I genuinely appreciate all the hard work you brought to the table. I am thankful for the opportunity to have gotten to know and bond with each one of you as the year progressed. Sarah, Christian, and Edna—I am glad you stuck around with me for all these years. To the newbies, Jason, Megan, Zach, Conor, Meredith, and Robin, I wish you the best of luck on your books to come and all that you choose to make out of your Regis experience. I hope I didn't scare you off. Now, as I turn the last page—I want to thank everyone for the memories and experiences I will have forever!

Dear Andrew (Our Lovely Walsworth Representative),  
I could not have made it this far without you as a mentor and friend of my yearbook nerdiness to you. Since the day I decided to be Editor-in-Chief in training to the day that I will retire from staff as Editor-in-Chief, you have and will lead and support me through all the hardships and struggles that come with creating a yearbook. Thank you for all that you have done for me and this book!

Yours Truly,  
Heather Humphrey

## COLOPHON

The one-hundredth volume of The Ranger was printed by Walsworth Yearbooks, 306 N. Kansas Avenue, Marceline, Missouri 64658. The book was serviced by Yearbook Sales Representative, Andrew Ross and Service Representative, Jolene Christy.

The one hundred and seventy-six pages were designed and submitted by Walsworth's Online Design 2016, in addition to the use of Adobe Photoshop CS6. All copy was written and edited by The Ranger staff. Throughout the book, type was set in AWPC Ebony, AWPC Clarendon, and MOON FLOWER BOLD. Appearing images were taken by The Ranger staff and/or submitted by students, staff, faculty, and student organizations. The cover is a Printed Four-Color Lithograph on White Bookcloth Laid on 160 pt. binders board and the endsheets are Printed in Black and White on Deluxe Birch (FSC) paper stock. The book measures at 9X12 inches, is Smyth sewn and is 176 pages. The Ranger was advised by Quinlan and edited by Editor-in-Chief, Heather Humphrey. The 2016 Ranger was produced using student generated content and was a completely student initiative.

